

# AROOJ AKRAM

## Educational Psychologist

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### PROFILE

Educational Psychologist with hands-on experience across school counseling, clinical assessment, behavior therapy, and university-level teaching. Seeking a challenging position in a reputed organization to apply and expand psychological assessment, counseling, and research skills.

### EDUCATION

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| <b>PhD Psychology</b><br>International Islamic University, Islamabad (IIUI)                                                                                                                                  | 2024 – Present (Coursework Completed) |
| <b>MS Psychology</b><br>International Islamic University, Islamabad (IIUI) <ul style="list-style-type: none"><li>Coursework: Counseling, Research Methods, Psychological Testing, Child Psychology</li></ul> | 2021 – 2024                           |
| <b>BS Psychology</b><br>International Islamic University, Islamabad (IIUI)                                                                                                                                   | 2016 – 2020                           |

### WORK EXPERIENCE

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| <b>Visiting Lecturer</b><br>International Islamic University, Islamabad — Rawalpindi Women University (IIUI, RWU) <ul style="list-style-type: none"><li>Delivered undergraduate/graduate-level psychology coursework and facilitated classroom instruction</li><li>Supported student learning through lectures, assessments, and academic guidance</li></ul> | 2025 – Present    |
| <b>Research Supervisor</b><br>Rawalpindi Women University (RWU) <ul style="list-style-type: none"><li>Supervised student research projects, providing guidance on research design, methodology, and analysis</li><li>Mentored students through thesis/project development and academic writing</li></ul>                                                     | 2025 – Present    |
| <b>Intern — Research Assistant</b><br>Eduvision Summer Internship Program <ul style="list-style-type: none"><li>Supported research-related tasks under the internship program</li></ul>                                                                                                                                                                      | 08/2023 – 09/2023 |
| <b>Student Advisor / School Counselor</b><br>Leading Public Secondary School <ul style="list-style-type: none"><li>Conducted student screening</li><li>Facilitated individual and group counseling sessions</li></ul>                                                                                                                                        | 12/2022 – 01/2023 |
| <b>Behavior Therapist</b><br>Wellbeing Rehabilitation Center <ul style="list-style-type: none"><li>Conducted initial client assessments</li><li>Developed and implemented Individualized Education Plans (IEPs) focused on Activities of Daily Living (ADLs)</li></ul>                                                                                       | 06/2022 – 10/2022 |
| <b>Psychologist</b><br>Happy Life Psychological Services <ul style="list-style-type: none"><li>Conducted client history taking</li><li>Administered psychological testing and counseling sessions</li></ul>                                                                                                                                                  | 06/2021 – 09/2021 |
| <b>Intern Psychologist</b><br>PAEC General Hospital <ul style="list-style-type: none"><li>Conducted history taking and psychological testing under clinical supervision</li></ul>                                                                                                                                                                            | 08/2019 – 09/2019 |

### ARTICLE PUBLICATIONS

### **1. Disenfranchised Grief and Coping Mechanisms Following Companion Animal Loss**

Research Journal for Social Affairs, Vol. 4, No. 3(s5), 2026

*Author Position: 1st Author*

### **2. Impact of Perceived Instructor (University Teachers) Credibility on Academic Dishonesty and Classroom Incivility Among University Students**

Dialogue Social Science Review (DSSR), Vol. 3, No. 1, 2025

*Author Position: 2nd Author*

### **3. Comparative Study of Emotional Intelligence, Stress, and Mental Health Between Psychology and Medical Students**

DOI: 10.59075/kz3zbx53, March 2026

*Author Position: 2nd Author*

### **4. Emotional Experiences Following Pet Loss: A Qualitative Study**

Journal for Social Science Archives (JSSA), Vol. 4, No. 1, 2026. DOI: 10.59075/jssa.v4i1.645

*Author Position: 1st Author*

## **SKILLS**

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MS Word • MS Excel • PowerPoint • Data Entry • SPSS • Zotero

## **CERTIFICATES & TRAINING**

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- Career Counseling Training Workshop
- Workshop on Data Analysis through SPSS
- Workshop on Autism
- Workshop at Day Care, IIUI
- DSM Course, PYPA

## **LANGUAGES**

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English — Professional Working Proficiency

Urdu — Native / Bilingual Proficiency