

Mr. ADNAN AHMED
Academician| Clinical Researcher |Administrator

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Present Address: Abbotabad , Pakistan.

Permanat Address: Pabbi ,Nowshera, Pakistan

Professional Summary

I am Academician and Researcher. Currently working as Manager Academic at Vertex Institute Of Science And Technology Abbottabad. I have 9 years of experience in Biochemistry and Patholgy and other basic sciences subjects to BS programs students with 4 years of administrative experience in which observe and implemented all the academic activities including semester plan, Course work completion ,Feedback and planning for growth and Development of both Faculty and students .I am certified in professional development skills including AI in research ,leadership, and professional and personal growth to contribute to the team around me .

I have published 3 articles. I have 6 years of admistrative experience as HOD lab services Department.

I have experience as keynote speaker in international platforms to talk on different growth of students and junior colleagues. Being the Member of Pakista n Coaching Alliance, Skill 4 u, Global Leader talk ,and Allied Health Proffessional Counsel my self-Growth impact on the team around me .

Professional Experience

EXPERIENCE:

9 years of Academic, Research and Administrative Exp :

Vertex Institute Of Science And Technology

Manager Academic:

Feb 2026-to Date

Helping Institute of rehabilitation Sciences |HHRD

Mansehra,Pakistan

Visiting Assistant Professor Biochemsitry

Sep 2025 to Feb 2026

Helping Institute of rehabilitation Sciences |HHRD

Mansehra,Pakistan

Assistant Professor Biochemistry

July 2024- September 2025

Helping Institute of rehabilitation Sciences |HHRD

Mansehra,Pakistan

Designated as Lecturer Biochemistry & HOD Pathology Lab

Department From Feb 2019 To 2024

AL haram institute of Medical Sciences,Mansehra Pakistan

Designated As Sr Lecturer from 2019-20 evening

K.M.C Nowshera

2 years teaching experience as biology teacher

Khyber Model School & College Pabbi Nowshera.

1 year teaching experience AS Biology Teacher

EDUCATION

M. Phil Biochemistry (2015)

Hazara University Mansehra, Pakistan

Post graduate Diploma

Professional Ethics and Teaching Methodology

Riphah International University Islamabad, Pakistan

M.Sc Biochemistry

Hazara University Mansehra, Pakistan

Internships:

Hayat Abad Medical complex Peshawar laboratory

March 2013-2014

Nuclear Institute for Food & Agriculture (NIFA) Six Months experience
in as a research student.

Research Publications:

- **Detection** [HYPERLINK](https://journals.uol.edu.pk/jucmd/article/view/2739)
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"https://journals.uol.edu.pk/jucmd/article/view/2739" **Inguinal**
[HYPERLINK](https://journals.uol.edu.pk/jucmd/article/view/2739)
"https://journals.uol.edu.pk/jucmd/article/view/2739" **Hernia in Patients**
[HYPERLINK](https://journals.uol.edu.pk/jucmd/article/view/2739) "https://journals.uol.edu.pk/jucmd/article/view/2739"
[HYPERLINK](https://journals.uol.edu.pk/jucmd/article/view/2739)
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"https://journals.uol.edu.pk/jucmd/article/view/2739" **Groin**
[HYPERLINK](https://journals.uol.edu.pk/jucmd/article/view/2739)
"https://journals.uol.edu.pk/jucmd/article/view/2739" **Pain on**
[HYPERLINK](https://journals.uol.edu.pk/jucmd/article/view/2739) **Ultrasound** [HYPERLINK](https://journals.uol.edu.pk/jucmd/article/view/2739)
"https://journals.uol.edu.pk/jucmd/article/view/2739"
- <https://jrcrs.riphah.edu.pk/wpcontent/uploads/2024/06/2024120209.pdf>
- <https://journals.riphah.edu.pk/index.php/jrcrs/article/> [HYPERLINK](https://journals.riphah.edu.pk/index.php/jrcrs/article/view/1810)
"https://journals.riphah.edu.pk/index.php/jrcrs/article/view/1810" **view/1**
810 [HYPERLINK](https://journals.riphah.edu.pk/index.php/jrcrs/article/view/1810)
"https://journals.riphah.edu.pk/index.php/jrcrs/article/view/1810"
- Tendency of physical activity in kidney stone patients (under final review)
- Tendency of physical activity in Ascites patients (under final review)

Research Area: metabolic diseases, Cross sectional studies

Supervised 8 clinical Research groups

Invited Keynote Speaker in Conferences

- Habits and Addiction
- Signs and symptoms of musculoskeletal diseases ➤
Multidisciplinary approach contributed to

- Academia, Research and clinical practices
- International conference of allied health sciences
Faisalabad as speaker of tendency of physical activity in type 2 diabetes
- Talk in Global leaders talk on “knowledge and youth Professional leadership”
- Special speaker in Global Leaders Talk on Person of Influence

Academic and Research Skills:

- Certified In Impact and Aspect of Iso Standard
- Certified in research article author
- Certified in Standard MCQS for evaluation and assesment
- Having Full command on SPSS software for bio statistical analysis
- Certified of curriculum development
- Medical Content Writer
- Certified in building a Healthy workplace culture in startups
- Mastering communication in personal growth and lasting relationships
- Certified and awarded on professional development training
- Conducted 5 session as resource person
- Professional Growth And Leadership
- Sustainable Development Goals Certified
- Strategic Planning
- Multidisciplinary Health Approach

Hobbies /Passion: Book Reading, leadership skills Networking,Professional Mentors Networking,Research Issue reading,Leadership webinars/seminars attendance, Dawn newspaper

LANGUISTIC SKILL:

- English Urdu Pashto