

CURRICULUM VITAE

Ms. ZAINAB BIBI

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PROFESSIONAL EXPERIENCE

Sep 18 th - Oct 13 th (2023)	Internship at Army Special Education Academy, Rawalpindi
Oct 16 th - Nov 13 th (2023)	Internship at Fauji Foundation Hospital, Rawalpindi
Three Months	Internship at Happy Life Psychological Services, Islamabad
September 2024-June 2026	Teaching in International Islamic University Islamabad (IIUI) as visiting lecturer.
Sep 2025-April 2026	Teaching in Bahria University Islamabad-E8 Campus as a visiting lecturer.

EDUCATION

2022-2024	Masters of Science in Clinical Psychology, Foundation University Islamabad (CGPA 3.53/4.00)
2019-2021	MSc in Applied Psychology, National University of Modern Languages Islamabad (CGPA 3.70/4.00)
2016-2018	Bachelor of Arts, (psychology major subject), University of Science and Technology Bannu Kpk, (1 st division) (393/550)
2013-2015	F.Sc (Pre-medical), Govt Girls Degree College, Lakki Marwat Kpk, (A1 Grade) (925/1100)
2011-2013	Matric, Knowledge Public School Lakki Marwat (Kpk), (A1 Grade) (909/1050)

PROFESSIONAL COURSES

- Attended two days training workshop on uplifting mental health of women organized by NIP Quaid-e-Azam university, Islamabad.
 - Attended two days training workshop on uplifting mental health of socioeconomical disadvantaged populations organized by National Institute of Psychology.
 - Attended online skill-based training on Building Peace and Addressing Polarization sponsored by HEC.
 - Attended training workshop on Mental Health Psychosocial Support (MHPSS) organized by Happy Life Psychological Services, Islamabad.
 - Attended webinar on the “Role of Collaborative efforts to deal with addiction” organized by HCF (Hometown Community Foundation).
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RESEARCH PROJECTS

- Research on “The Role of Resilience in the Fear and Preventive Strategies of COVID-19 among University Students”
- Thesis on “Self-Compassion as a Predictor of Psychological Wellbeing among Parents of Children with Special Needs: Underlying role of Emotion Regulation and Parental Stress”

AWARDS

- Awarded a certificate of merit by Foundation University Islamabad for good academic performance in MS Clinical Psychology.

SKILLS

Psychological Testing

Team work

Time Management

Flexible

Tolerance

Curriculum Planning
