
PROFESSIONAL EXPERIENCE

JINNAH CENTRE FOR CHARACTER & LEADERSHIP - PAKISTAN AIR FORCE Risalpur
Leadership Trainer & Instructional Designer (May 2024 – Present)

- Designed and standardized training programs for NLP, Coaching Skills, and Excellence in Leadership courses, manuals, curricula and assessment rubrics for multiple PAF streams (Flying, Engineering, Air Defense etc.)
- Lead trainer for workshops, courses and lectures to PAF officers, instructors, cadets and educators, including NLP, Coaching, Teacher Training and CLD modules across operational and academic environments.
- Led communication design initiatives; newsletters, training aids and outreach campaigns to support institutional learning and community engagement.
- Collaborated to improve the design and usability of JCCL's website and Learning Management System (LMS)

AMAL ACADEMY Lahore
Cluster Manager - Islamabad & Peshawar Zone (Oct 2022 – April 2024)

- Led Amal Academy's Islamabad Office, supervising the program teams and establishing relations with government university and corporate partners in Islamabad and Peshawar.
- Coached program teams of youth soft skill training program, monitoring and observing performance, evaluating learnings and providing continuous feedback for growth and improvement across all zones.
- Strategized and executed marketing campaigns to build relationships with key educational partners to achieve targets of Fellowship applications, exceeding targets of 500 applications for Isb zone.

Program Manager - Career Prep Fellowship (July 2021- Sept 2022)

- Facilitated three Virtual and an In person Career-Prep Fellowships, comprising 24 training sessions, targeted towards building professional skills, including communication, leadership, problem solving and team building.
- Successfully trained and mentored 300+ young graduates in one on one session, achieving 85% job offers post fellowship
- Co-facilitated nine in-house training modules for the new team members focused on developing student teacher relation , engagement strategies, blended learning and differentiated learning

TEACH FOR PAKISTAN Islamabad
Teaching Fellow - Islamabad Model School for Girls - I 14/3 (July 2019 - June 2021)

- Taught 250+ secondary grade students using numerous pedagogical techniques and evaluation tools including lectures, group discussions, exit tickets and demonstrations to foster learning and track students' performance.
- Co founded an after school program, LessonUp Learning Lab, in liaison with community members for informal learning opportunity to improve literacy, numeracy, science, digital and skills
- Designed and conducted SCLUP (School Computer Literacy Upgrade Program) training for teachers to utilize digital tools for Lesson planning, classroom activities, track and evaluate student learning
- Curated digital learning program incorporating academics, physical and mental wellbeing content for students during COVID-19 lockdown
- Designed and implemented school improvement plan with Principal to catalyze recovery from COVID 19 impact and losses via teacher student wellbeing activities, Digital Literacy Curriculum for students for Internet safe search and effective use of Youtube, Zoom and WhatsApp

READ FOUNDATION Islamabad
Outreach and Fundraising Associate (Dec 2018 – May 2019)

- Managed donor/sponsor database, supported geographically dispersed teams for the quality reporting system and standardization of the processes.
- Organized meeting virtual/in person with individual donors, visited 15+ educational institute to create awareness and leading fundraising activities

EDUCATION

National University of Sciences and Technology (NUST) (Islamabad)
BS Applied Biosciences (Science Communication) - CGPA 3.55/4.0 (2015-2019)
Rector's Gold Medalist | Merit Scholarship Holder

TRAININGS EXPERIENCE

Centre of Aeronautical Engineering (CAE) - NUST (Risalpur, Jan 2026 - Present)

- Led workshops on Assertive Communications, Social Media Echo Chambers, Leading by Example for **850+** Pakistan Air Force Cadets

Fazaia School & Colleges Teacher Training (April 2025 - May 2025)

- Trained **80+** teachers to teach contemporary youth in the digital age with a focus on Adaptive Leadership, Classroom Management Tools, Teacher's Presence and Body Language

Edlytica X Amal Academy Teacher Training (March 2023 - May 2023)

- Designing instructional and blended learning strategies and training of **25 teachers** to teach in the digital space with a focus on adaptive leadership, self-care, classroom tools & management and teacher's presence.

Circle Women (October 2022)

- Facilitated training on Personal Branding (Communication, Presentation and Management Skills) and Effective Networking for Young Female Entrepreneurs to improve market readiness of **20+** She Loves Tech Graduates

Lesson Up Learning Lab (January 2022)

- Led workshops on Mental wellbeing, Child Protection, Self-Defense, Menstrual Health, Self Care with mothers and young girls in the community

Science Fuse (April 2021)

- Facilitated teacher training on STEM Pedagogy and Science Communication for the secondary school teachers

CERTIFICATIONS

Adaptive Leadership (June 2026)

Skill developing workshop to navigate uncertainty, leading through change and mobilizing individuals and teams to address challenges in dynamic work environment

Excellence in Leadership (Dec 2024 - Jan 2025)

40 hours advanced leadership development training focused on cultivating high-performance leadership with 10 core attributes to inspire teams alongside character and leadership development

Lay Counsellor (May - June 2024)

Certified Lay Counsellor, with foundational counselling skills providing supportive guidance to individuals facing personal and emotional challenges in personal or professional space

Grit and Resilience in Education (Dec 2023)

8-hour coursework at Acumen Academy, followed by collaborative team discussions to formulate organizational strategies for fostering grit and resilience within the team

NLP Practitioner and Coach (July 2022)

ABNLP certified - NLP Practitioner and Coach, specialized in techniques of mental reprogramming and language patterns to empower individuals with challenges related to negative thought patterns, emotions, and limiting beliefs

DIGITAL EXPERTISE

Microsoft Office Programs (Word, Excel, PowerPoint, Outlook, Teams)

Google Workspace (Sheets, Docs, Slides, Meet, Calendar)

Digital Design (Canva, Prezi, Vynod)

CRM System (Salesforce, Trello)