

Dr. Ramsha Shabbir, MBBS

Medical Educator | Clinical Instructor | Aesthetic & Clinical Medicine Faculty

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PROFESSIONAL SUMMARY

Dedicated MBBS physician with 5+ years of clinical experience across Internal Medicine, Surgery, Gynecology, Pediatrics, and Aesthetic Medicine, seeking to transition into medical education and clinical teaching. Proven track record of leading ward rounds, delivering case-based teaching, mentoring interns and junior colleagues, and training multidisciplinary teams on clinical protocols and evidence-based guidelines. Strong communicator with experience preparing case presentations, supervising trainees in procedural and diagnostic skills, and upholding regulatory and patient-safety standards. Seeking a faculty, clinical instructor, or training role in a medical college, nursing/paramedical institute, or clinical training program.

CORE COMPETENCIES

- Clinical Teaching & Case-Based Learning
- Curriculum-Aligned Ward Rounds & Bedside Teaching
- Mentoring & Supervision of Interns/House Officers
- Case Presentation Development & Delivery
- Clinical Skills Training (History-Taking, Examination, Procedures)
- Evidence-Based Guideline Implementation & Protocol Training
- Patient Safety, Infection Control & Regulatory Compliance (PMDC)
- Multidisciplinary Team Coordination & Staff Training
- Basic Life Support (BLS) Instruction

TEACHING & TRAINING EXPERIENCE

Medical Officer & Aesthetic Physician

Jun 2022 - Mar 2026

NEWLIFE Hospital, Fateh Jhang

- Led daily ward rounds functioning as informal bedside teaching sessions, reviewing investigations and treatment protocols with junior staff and reinforcing evidence-based clinical reasoning.
- Trained and mentored clinical staff on aesthetic procedures, patient consultation techniques, and treatment planning, supporting consistent delivery of care across the team.
- Delivered ongoing training to nursing and support staff on PMDC regulations, infection control protocols, and patient safety standards, ensuring full compliance across all clinical areas.
- Coordinated within multidisciplinary teams (surgeons, nurses, pharmacists), facilitating knowledge-sharing sessions to optimize patient outcomes and reduce readmission rates.
- Supervised and guided junior colleagues in history-taking, clinical examination, and diagnostic decision-making for a daily caseload of 20+ patients.

Medical Intern

Jul 2020 - Jan 2021

Tariq Medical Center, Rawalpindi

- Prepared and delivered comprehensive case presentations, actively contributing to clinical teaching rounds and enhancing peer diagnostic reasoning skills.
- Rotated through Internal Medicine, Surgery, Gynecology, Pediatrics, and Emergency departments, building a broad clinical and pedagogical foundation across specialties.
- Assisted senior physicians in demonstrating diagnosis and management approaches for acute and chronic conditions, including diabetes, hypertension, and respiratory illnesses.
- Supported procedural skills training through supervised practice in wound dressings, IV cannulation, and sample collection.
- Maintained accurate clinical documentation, reinforcing best practice in record-keeping for training purposes.

House Officer

DHQ Hospital, Rawalpindi

May 2019 - Jun 2020

Gynecology & Obstetrics

- Received specialist-supervised training in antenatal/postnatal care, normal and complicated deliveries, cesarean sections, and gynecological examination technique.

General Surgery

- Assisted in appendectomies, hernia repairs, and laparoscopic procedures under supervision; conducted pre- and post-operative assessments for 15+ surgical patients daily, learning and later demonstrating structured clinical assessment methods.

General Medicine

- Assessed and managed patients with cardiac, respiratory, and metabolic conditions, developing skills in ECG and diagnostic-imaging interpretation later applied to peer teaching.

Pediatrics

- Delivered primary care to neonates, infants, and adolescents, including immunization administration and growth-milestone monitoring.

CERTIFICATIONS & SPECIAL TRAINING

- Medical Aesthetic Course - PALD Academy, accredited by AACME & CPD (UK) - Oct 2023
- Basic Life Support (BLS) Program - Benazir Bhutto Hospital, Rawalpindi - Feb 2020
- American Accreditation Association (AAA) Certified
- Advanced Association of Continuing Medical Education (AACME) Certified
- Continuing Professional Development (CPD, UK) Certified

EDUCATION

MBBS - Shaheed Zulfiqar Ali Bhutto Medical University, Islamabad (2013 - 2018)

MEDICAL LICENSURE

Pakistan Medical & Dental Council (PMDC) - Registration #102082-P

LANGUAGES

English - Native/Bilingual | Urdu - Native/Bilingual