

RAFIA RIAZ

Faculty Candidate, Department of Psychology | Clinical & Educational Psychologist

PWD Islamabad, Pakistan | ramyaabbasi@gmail.com | +92 321 5190223

PROFESSIONAL PROFILE

Psychologist with over seven years of combined experience in higher-education teaching, school psychology, and applied research. Proven record of designing and delivering psychology coursework, mentoring students, and translating psychological theory into practice through mental health assessment, behavioural intervention, and program design. Published researcher with peer-reviewed contributions spanning social psychology, clinical psychology, and educational psychology. Affiliate Member of the American Psychological Association (APA), committed to evidence-based teaching and student-centred learning in an academic psychology department.

EDUCATION

M.Phil, Applied Psychology

Mar 2020 – Sep 2023

Hazara University, Mansehra, Pakistan

CGPA: 3.38 / 4.00. Thesis research in clinical and cognitive psychology; advanced training in quantitative and qualitative research methods and research ethics.

M.Sc, Psychology (Applied Psychology)

Mar 2015 – Jul 2017

Hazara University, Mansehra, Pakistan

Coursework in behavioural neuroscience, cognitive psychology, and clinical assessment techniques.

EXPERIENCE

Visiting Faculty, Psychology

Spring 2026

FAST National University, Islamabad

- Delivered undergraduate Psychology coursework with an emphasis on linking psychological theory to real-world practice.
- Managed course delivery, student assessment and evaluation, and classroom engagement for a full university cohort.
- Designed learning activities that strengthened critical thinking and applied understanding of psychological concepts.

School Psychologist & Project Coordinator

2018 – 2025

International Islamic University Islamabad (IIUI) Model Schools, Mansehra / Abbottabad Campuses

- Delivered psychological assessments, individual and group counselling, and intervention plans for students, in coordination with teachers and parents.
- Coordinated a multidisciplinary team of psychologists to plan and deliver in-school programs on student wellbeing, behavioural support, and staff training.
- Led project management for behavioural-support initiatives, overseeing planning, implementation, and reporting.
- Presented research findings at Hazara University's First International Mental Health Conference (2018).

Subject Teacher, Science & Biology (Grades 7–8)

2018 – 2025

International Islamic University Islamabad (IIUI) Model Schools, Mansehra / Abbottabad Campuses

- Taught Science and Biology to Grade 7 and Grade 8 students, planning lessons and assessments aligned with curriculum objectives.
- Combined subject teaching with psychological support duties, drawing on classroom observation to identify students' learning and behavioural needs.

PUBLICATIONS

- Public Opinion and Policy Development: A Psychological Approach to Understanding the Role of Public Sentiment in Shaping Legislation. Available at: amresearchjournal.com/index.php/Journal/article/view/143
- Rejection Sensitivity, Self-Esteem and Social Support of Burn Victims. DOI: 10.5281/zenodo.16883942
- The Psychology of AI in Education: How Media Shapes Learning Experiences. DOI: 10.5281/zenodo.19367954

CERTIFICATIONS & TRAINING

- Affiliate Member, American Psychological Association (APA)
- Professional Diploma in Clinical Psychology — Research & Training Services, Pakistan, in collaboration with TRACCERT Canada
- Counseling Diploma — Institute of Personality Development, Abbottabad (2019)
- Certification in Mental Health Professional's Training — Aiwan-e-Quaid Auditorium, Islamabad (2019)
- Educational and Mental Health Services — IPD / Dr. Sukoon, Abbottabad (2019)
- Psychological Disorders and Behavioural Problems — AUST, Haripur (2016)
- Stress Management — MAO College Lahore, with Dr. Amjad Tofail (2016)

KEY SKILLS & COMPETENCIES

- Psychology Curriculum Delivery & Student Mentoring
- Clinical & Behavioural Assessment
- Research Design, Data Analysis & Academic Writing
- Program Design & Project Management
- Individual & Group Counselling
- Leadership, Teamwork & Cross-Functional Coordination
- Report Writing & Effective Communication
- Critical Thinking & Time Management

LANGUAGES

English — Full Professional Proficiency | Urdu — Native Proficiency

REFERENCES

Available upon request.