

WAJIHA KANWAL

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PROFESSIONAL SUMMARY

A Sociologist with a distinguished academic record from the University of the Punjab, Lahore and over four years of university and college teaching experience across three institutions, currently serving as Visiting Lecturer at Fatima Jinnah Women University, Rawalpindi. Brings an intersectional lens to the study of family, social structures, and inequality in a rapidly shifting social landscape, backed by a growing body of peer-reviewed publications. Committed to bringing this research grounding into the classroom and contributing actively to the academic and research culture of the department.

TEACHING & PROFESSIONAL EXPERIENCE

- Visiting Lecturer of Sociology**, Fatima Jinnah Women University, Rawalpindi (2024–Present)
Deliver undergraduate Sociology courses; design lecture content and assessments for female university students.
- Visiting Lecturer of Sociology**, University of Chakwal (1.5 Years)
Taught undergraduate Sociology courses and mentored students on coursework and foundational research skills.
- Lecturer of Sociology**, Govt. Graduate College for Women, Chakwal (1 Year)
Planned and delivered Sociology instruction to undergraduate students; received a Letter of Appreciation for contributions to the college's 2020 "Clean and Green Campaign."
- Research Assistant (Internship)**, Institute of Social & Cultural Studies (ISCS), University of the Punjab, Lahore
Supported faculty-led sociological research, including data collection, literature review, and analysis.
- Social Worker**, Umang Development Foundation (UDF), Lahore (2 Years)
Implemented community-level social work initiatives, applying sociological theory to real-world welfare interventions.

EDUCATION

Degree	Institution	Years	%/CGPA
M.Phil. Sociology	University of the Punjab (Regular)	2017–2019	3.69/4 — Silver Medalist
B.S. (Hons.) Sociology	University of the Punjab (Regular)	2013–2017	3.93/4 — Silver Medalist
Intermediate, Pre-Engineering	Rawalpindi Board	2011–2013	75%
Matriculation, Science	Rawalpindi Board	2009–2011	89%

RESEARCH INTERESTS

Intersectionality in Family and Social Structures • Social Role Transformation under Liquid Modernity
• Structural and Latent Social Inequality

PUBLICATIONS

- Kanwal, W., Raza, H., Anjum, M. S., & Awan, S. (2025). The role of caste and sect system in marriage decisions in Punjab: A case study of Chakwal. *Archives of Case Reports*, 9(9), 279–285.
- Raza, H., Kanwal, W., Kiran, A., & Anjum, M. S. (2025). Husband illiteracy as a determinant of domestic violence against married women in rural areas of District Rajanpur. *ACADEMIA International Journal for Social Sciences*, 4(1), 647–655.
- Raza, H., Tahir, M. S., Kanwal, W., & Raza, M. A. (2025). Impact of sexual harassment on female students' educational experience in higher education in D.G. Khan Division. *Wah Academia Journal of Social Sciences*, 4(1), 618–631.
- Ikhtlaq, A., Rehman, A., & Kanwal, W. (2025). Public health education in Pakistani schools: A critical discourse analysis through textbooks and extracurricular activities. *Journal of Contemporary Teacher Education*, 9, 1–16.
- Kiran, A., Ishtiaq, S., Kanwal, W., & Raza, H. (2026). A phenomenological comparative inquiry into public schools of Karachi and Lahore and why quality of education remains elusive. *ACADEMIA International Journal for Social Sciences*, 5(3b), 43–66.
- Seemab Bibi, Adeela Rehman, Bushra Manzoor, & Wajiha Kanwal. (2026). Informed Motherhood: Young Mothers' Experiences in Child Health Care in Rural Rawalpindi, Pakistan. *ASIAN Journal of International Peace & Security (AJIPS)*, 10(1), 32 - 43.

WORKSHOPS & CONFERENCES

- Moderated a panel discussion, "From Farm to Future: Strengthening Nutrition and Food Security in the Era of Climate Change," Health Services Academy, Islamabad –November 2025.
- Moderated a panel discussion, "Power, Politics, and Justice: Shaping Human Rights in Society," Department of Sociology, Fatima Jinnah Women University, Rawalpindi –May 2025.
- Completed the FJWU Workshop on Reference Management Tools, Department of Sociology, Fatima Jinnah Women University, Rawalpindi –May 2025.
- Completed a workshop on AI Practices in Academia, Research, and Entrepreneurship, Department of Sociology, Fatima Jinnah Women University, Rawalpindi – December 2024.
- Completed a workshop on Leadership and Attitudinal Training, Positive Pakistan Organization –January 2016.
- Attended the 14th Indo-Pak Youth Peace Session "Aman Chaupal," Institute of Social & Cultural Studies, University of the Punjab, Lahore –November 2015.

HONORS & AWARDS

- Silver Medalist -M.Phil. Sociology, University of the Punjab, Lahore (2017–2019).
- Silver Medalist -B.S. (Hons.) Sociology, University of the Punjab, Lahore (2013–2017).
- Punjab Educational Endowment Fund (PEEF) Merit Scholarship.
- Merit Scholarship, Institute of Social & Cultural Studies, University of the Punjab, Lahore.
- Merit Scholarship, Punjab College, Chakwal.
- Letter of Appreciation, "Clean and Green Campaign 2020," Govt. Degree College for Women, Chakwal.