

# Sana Pervaiz Malik (Clinical Psychologist)

Contact: +923025062447 | Email: [sanamalik0920@gmail.com](mailto:sanamalik0920@gmail.com)

LinkedIn: <https://www.linkedin.com/in/sana-pervaiz-malik>

## OBJECTIVE:

MS Clinical Psychology graduate with training and experience in psychological assessment, case formulation, therapeutic interventions, and supervised clinical practice. Seeking a challenging position in clinical or academic settings where I can apply my professional skills, contribute to mental health care, teaching, and research, and foster psychological well-being and professional development.

## EDUCATION:

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|----------------------------------------------------------------|-------------|
| MS Clinical Psychology   Bahria University Lahore, Pakistan    | 2024 - 2026 |
| BS Psychology   University of Central Punjab, Lahore, Pakistan | 2020 - 2024 |

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## EXPERIENCE:

### Trainee Clinical Psychologist | Punjab Institute of Mental Health, Lahore Feb 2026 – May 2026

- Conducting psychological assessments, clinical interviews, and detailed history taking under professional supervision.
- Managing clinical cases through case formulation, treatment planning, and therapeutic interventions.
- Participating in OPDs, inpatient wards, and intake assessments across diverse psychiatric and psychological presentations.
- Preparing psychological reports and maintaining clinical documentation in accordance with professional standards.

### Trainee Clinical Psychologist | Fountain House, Lahore Sep 2025 – Dec 2025

- Conducted psychological assessments, clinical interviews, and detailed case histories under professional supervision.
- Assisted in the management of clinical cases through case formulation, treatment planning, and therapeutic interventions.
- Facilitated group therapy sessions and participated in family therapy sessions to support client rehabilitation and well-being.

**Trainee Clinical Psychologist | Step Ahead Autism Center, Lahore Feb 2025 – July 2025**

- Gaining hands-on experience in child psychology, specializing in assessing, diagnosing, and providing therapeutic interventions for children with autism using ABA (Applied Behavior Analysis).
- Supporting children's developmental growth through evidence-based practices and early intervention strategies.
- Conducting psychological assessments and writing detailed reports to track progress.

**Business Development Executive | Hajar Travels, Lahore Dec 2024 - Present**

- Leveraging innovative business strategies to expand market reach and build strategic partnerships.
- Analyzing market trends and customer needs to identify new business opportunities. Negotiating partnerships and optimizing sales efforts to enhance revenue and brand presence.

**Teaching Assistant |Bahria University, Lahore Nov 2024 – May 2025**

- Spearheading academic research initiatives and guiding students through research methodologies
- Effectively managing academic schedules, proposal drafting, and higher education curriculum support
- Utilizing tools like TMS320 to streamline instructional management and foster student engagement

**Jr. Technical Recruiter | Mavericks United, Lahore Nov 2023 – June 2024**

- Successfully executed recruitment strategies, sourcing top-tier technical candidates for high impact roles
- Facilitated candidate assessments to ensure alignment with technical and cultural benchmarks
- Leveraged platforms like LinkedIn Sales Navigator and HubSpot to enhance talent acquisition processes

**Intern | Punjab Police Pakistan, Lahore Sep 2023 – Oct 2023**

- Collaborated on community engagement initiatives, fostering improved public interaction strategies
- Delivered training on effective communication and problem-solving to enhance service delivery

**Clinical Psychology Intern | Fountain House, Lahore Aug 2023 – Oct 2023**

- Conducted detailed psychological evaluations, including MMSE assessments, for diverse populations
  - Designed and facilitated group therapy sessions tailored to address specific client needs
  - Supported the rehabilitation process through in-depth clinical interviews and therapeutic interventions
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## PROFESSIONAL COURSES

- 1. Managing ADHD, Autism, Learning Disabilities, and Concussion in School (University of Colorado)**

Certificate <https://www.coursera.org/account/accomplishments/verify/BC5L8646XQHT>

- 2. Emotion AI: Facial Key-points Detection (Coursera)**

Certificate <https://www.coursera.org/account/accomplishments/verify/USTYPG89E8HU>

- 3. Sustainability (Nestle)**

Certificate <https://shorturl.at/7IfDh>