

AROOJ SANDAL

Lecturer in Islamic Studies

03194877717 | aroojc14@gmail.com | Rawalpindi, Punjab

OBJECTIVE

Aspiring educator with a BS in Islamic Studies (Fatima Jinnah Women University) and demonstrated teaching experience at the secondary level, seeking a Junior Lecturer or subject teacher position to deliver rigorous, curriculum-aligned instruction in Islamic Studies and foster critical thinking among adolescent learners.

EDUCATION

BS Islamic Studies | Fatima Jinnah Women University, Rawalpindi | Expected 2026

Final Transcript Awaited

ICS – Intermediate in Computer Science | Mehran Degree College | May 2022

Matriculation (Computer Science) | Honhaar Grammar School, Rawat | April 2020

TEACHING EXPERIENCE

Teaching Intern | Honhaar Grammar School, Rawat | Feb 2025 – Feb 2026

- Planned and delivered structured lesson plans aligned with national curriculum standards.
- Conducted regular student assessments to monitor learning outcomes and provide timely feedback.
- Maintained an organised, disciplined classroom environment conducive to academic growth.
- Integrated digital tools including iPads and online educational resources to enhance instruction.
- Coordinated educational field trips to provide students with real-world, experiential learning.
- Supported senior faculty in preparing instructional materials and academic documentation.

Volunteer Teacher | Aghosh Al-Hidmat (Girls), Islamabad

- Delivered Islamic Studies and general subject lessons to underprivileged girls in a welfare school setting.
- Adapted teaching strategies to meet the diverse learning needs of students from disadvantaged backgrounds.
- Contributed to a nurturing and values-driven academic environment aligned with the organisation's mission.
- Assisted in organising educational activities and events to promote student engagement and moral development.

CERTIFICATIONS & TRAINING

- Teaching Experience Certificate (1) — Honhaar Grammar School (issued upon internship completion)
- Teaching Experience Certificate (2) — Honhaar Grammar School (second certificate of teaching service)
- Teaching Experience Certificate — Aghosh Al-Hidmat (Girls), Islamabad
- Digital Marketing Certificate — Professional course in digital marketing principles and tools

ACADEMIC STRENGTHS & RESEARCH INTERESTS

- Quranic Tafsir and Classical Islamic Scholarship (Ibn Kathir, Al-Ghazali, Ibn al-Qayyim)
- Islamic Theology, Ethics, and Jurisprudence
- Islamic History and Civilizational Studies
- Sufi Traditions and Spiritual Practices (Dhikr, Tasawwuf)
- Religious Pluralism, Tolerance, and Interfaith Relations in Muslim-majority contexts

SKILLS

Academic & Teaching: Curriculum planning • Lesson delivery • Student assessment • Academic writing & research

Communication: Strong English (written & spoken) • Urdu (fluent) • Effective presentation skills

Technical: MS Office (Word, PowerPoint, Excel) • Digital learning tools • Online research databases

Professional: Time management • Team collaboration • Problem-solving • Attention to detail

VOLUNTEER WORK

Community Support Volunteer | *Aghosh Home, Al-Khidmat Foundation, Swan Garden — Islamabad*

- Provided welfare and support services to underprivileged community members.
- Developed interpersonal communication, empathy, and civic responsibility through sustained community engagement.

LANGUAGES

English — Proficient **Urdu** — Native