

Areej Talat

Islamabad, Pakistan | +92 300 5103621 | areejtalat001@gmail.com
| LinkedIn <https://www.linkedin.com/in/areej-talat-18bbaa241/>

Biotech postgraduate with professional experience in content creation and stakeholder engagement. Skilled in communication, coordination, and people management, with a strong interest in applying these abilities within Human Resources.

EDUCATION

Capital University of Science and Technology, Islamabad

Masters degree, Biosciences
CGPA: 3.7/4

Capital University of Science and Technology, Islamabad

2020-2024

Bachelor's degree, Biotechnology

CGPA: 3.86/4

Bronze Medalist

PUBLICATIONS

Assessing the therapeutic potential of *Zinnia elegans* in mitigating atherosclerosis in mice model. VOL. 3 NO. 1 (2025): ZOO BOTANICA

Pakistan's Renewable Energy Revolution: A Beacon of Hope Against Climate Change

Daily the Spokesman

Oct 2024

PROFESSIONAL EXPERIENCE

BAHRIA INTERNATIONAL HOSPITAL

Islamabad, Pakistan

Internship
2023

Aug, 2023–Sep,

- Conducted COVID-19 testing using PCR and analyzed blood samples, completing 80-100 tests per day
- Assisted in routine hematology and biochemistry analyses using Sysmex and Architect Ci8200.

TOPS FOOD AND BEVERAGES

Islamabad, Pakistan

Internship

July, 2023–Sep, 2023

- Implemented quality control tests and HACCP protocols to ensure regulatory compliance.
- Executed microbiological tests on juice samples to guarantee product quality.

THE CITY SCHOOL (Bahria Chapter)
Islamabad, Pakistan
Special Education teacher (Autism)

- Provided individualized support and education to autistic children.
- Designed and implemented customized lesson plans.
- Improved student engagement by 45% by incorporating sensory modules and adaptive teaching methods.

PAKISTAN RED CRESCENT SOCIETY
Islamabad, Pakistan
2024
Associate Member

Oct, 2023 –Jan,

RIFAH TRUST
Islamabad, Pakistan
April, 2021
Volunteer

March, 2021–

- Planned and delivered interactive lessons to underprivileged school children
- Empowered local women by providing training in sewing, computer skills.

SKILLS

- | | | |
|-----------------------|----------------------------|--------------------|
| • Recruitment support | • Hashtag & Trend Research | • Microsoft Office |
| • Hr documentation | • Content creation | • Professional |
| • Data Management | | Communication |

EXTRACURRICULAR ACTIVITIES

GENIX SOCIETY - CUST
Islamabad, Pakistan
Knowledge Dissemination club

Aug, 2022–July, 2024

- Spearheaded seminar organizations on Ovarian and Breast cancer.
- Organized awareness campaigns on Environmental pollution
- Organized Events

ACHIEVEMENTS

- **Dean's Honor Roll** (2020-2024)
- **Chancellor's Honor Roll** (2022)
- **Merit Scholarship** (2020-2024)