

FAIZA WAHEED

+92 344-1983578 | Faizawaheed995@gmail.com | [linkedin.com/in/faiza-waheed-bb1122298](https://www.linkedin.com/in/faiza-waheed-bb1122298)

Experienced Lecturer and Clinical Psychologist with a strong background in teaching psychology at undergraduate and graduate levels, and hands-on clinical practice. Proven ability to create engaging, interactive learning environments that enhance student's understanding of psychological theories and their real-world applications. Skilled in delivering comprehensive lectures, supervising research, and mentoring students in academic and professional growth. Clinical expertise includes psychological assessment, counseling, and evidence-based therapeutic interventions. Recognized for excellent communication, interpersonal skills, and a commitment to empowering individuals through knowledge, critical thinking, and practical application of psychological principles.

EDUCATION

Master of Philosophy in Psychology | Hazara University Mansehra
2019 – 2021

Bachelor of Studies in Psychology | Hazara University Mansehra
2014 - 2018

EXPERIENCE

Lecturer Psychology | Abbottabad University of Science and Technology | Abbottabad, Pakistan
Feb 2024 – Present

- Delivered lectures on core psychology subjects to undergraduate students.
- Designed and presented course materials, ensuring alignment with academic standards.
- Facilitated class discussions and interactive activities to promote critical thinking.
- Evaluated student performance through assignments, quizzes, and presentations.

Psychologist | HAQ Clinic | Rawalpindi, Pakistan
June 2022 – Jan 2024

- Assisted the psychiatrist in evaluating patients and managing mental health cases.
- Conducted basic psychological assessments and provided supportive counseling sessions.
- Guided patients and families about treatment plans, medication compliance, and coping strategies.
- Maintained patient records and ensured smooth coordination within the clinic.

Secondary School Teacher | Quality Education Public High School and College | Mansehra, Pakistan
March 2020 – May 2022

- Delivered engaging lessons aligned with curriculum standards for Grades V–X.
- Focused on enhancing students' analytical, writing, and problem-solving skills.
- Prepared tests, assignments, and progress reports to track academic performance.
- Encouraged student participation and maintained a positive, disciplined classroom environment.

Secondary School Teacher | Mashal Public School and College | Mansehra, Pakistan
March 2019 – Feb 2020

- Taught core subjects to students of Grades V–X, ensuring strong conceptual understanding.
 - Designed lesson plans, assessments, and interactive activities to improve learning outcomes.
 - Provided mentorship, discipline, and guidance to foster academic and personal growth of students.
 - Collaborated with staff and parents to support holistic student development.
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SKILLS

- Strong organizational and time management skills
- Exceptional communication and interpersonal skills
- Ability to work independently and as part of a team
- Detail-oriented and able to handle multiple tasks simultaneously

CERTIFICATIONS

- Stress Management by Dr AMJAD TUFAIL.
- Conference on Mastering your Communication Skills.
- One day symposium on Psychological Disorder and Behavioral Problems.
- 1st National Conference Psychology for Sustainable Community; Challenges and Trends.