

DR. SHEZA KHAN

DOCTOR OF PHYSICAL THERAPIST

0300-7901664 shezaehtasham123@gmail.com

EXECUTIVE SUMMARY

Experienced Physical Therapist, Academic Leader, and Healthcare Administrator with clinical experience at Khawaja Arshad Hospital and academic leadership at Superior University, Sargodha. Currently serving as **In-Charge, Allied Health Sciences (AHS)**, overseeing the academic, administrative, and operational management of multiple healthcare programs, including DPT, MIT, MLS, HND, Optometry, Cardiac Perfusion, Operation Theater Technology, Anesthesia Technology, and Aesthetic & Cosmetology. Also serving as a **Clinical Instructor, Student Success Advisor (SSA), Student Voice League Advisor, and Problem-Solving Coordinator**. Successfully established the MoU between Khawaja Arshad Hospital and Superior University. Dedicated to excellence in healthcare education, institutional development, and clinical practice.

KEY SKILLS

Academic Administration, Educational Leadership, Communication Skills, Decision Making & Event Management

SIGNIFICANT CAREER HIGHLIGHTS

☐ **5+ years of clinical practice** as a dedicated Physiotherapist at Khawaja Arshad Hospital (2021–Present), delivering high-quality patient-centered rehabilitation.

In-Charge, Allied Health Sciences (AHS), leading the management and development of multiple healthcare programs through academic leadership, faculty supervision, operational planning, quality assurance, and student-centered initiatives

Program Leader for the Doctor of Physical Therapy Department at Superior University, Sargodha, overseeing academic planning, faculty coordination, and program quality enhancement.

☐ **Lecturer & Clinical Instructor** at both Superior University and Khawaja Arshad Hospital, training and mentoring future physiotherapists through effective teaching and hands-on clinical supervision.

☐ **Student Voice League Advisor** for Superior University, ensuring student engagement, leadership development, and institutional feedback systems.

☐ **Problem-Solving Coordinator for Allied Health Sciences**, resolving academic, administrative, and student concerns across multiple departments.

☐ **Successfully established and signed the MoU** between Khawaja Arshad Hospital and Superior University, strengthening academic–clinical collaboration for training and internships.

☐ Recognized for **strong leadership**, effective communication, and commitment to advancing physiotherapy education and clinical excellence.

☐ **Completed Clinical Internship** in major departments including OPD, orthopedics, neurology, and ICU as a Intern Physiotherapist at Benazir Bhutto Hospital, Rawalpindi and Sadiq Hospital, Sargodha.

☐ Organized and conducted awareness programs and therapy sessions for children with special educational needs. Organizer & Volunteer Physiotherapist **Special Education School, Sargodha**.

☐ Served as a Guest Speaker on ‘Total Knee Replacement Rehabilitation’ and delivered a specialized session on ‘Chiropractic Adjustment Techniques for the Lumbar Spine,’ contributing to advanced clinical learning for students and clinicians.

ACHIEVEMENTS

- Musculoskeletal & Spinal Rehabilitation
- Neurodevelopmental Therapy Techniques
- Manual Therapy and Pain Management
- Curriculum Planning and Program Coordination
- Student Counseling and Professional Development
- Strong Communication and Team Leadership Certificates
- All Karachi Debate Contest winner certificate at school level. For the Session 2010 To 2011
- Winner in Sports competition in college level Certificate For the session 2013 To 2014.
- Academic excellence certificate for top 5 Students For the session 2008 To 2009
- Certificates of Orientation course successfully completed that conduct by Punjab emergency services February, 2018
- Achieve Certificates in 1st international conference "FUTURE- MED2018"

PRIOR EMPLOYMENT

Physiotherapist, 2021 – *Present* Khawaja Arshad Hospital

Lecturer & Program Leader – Doctor of Physical Therapy, 2023 – *Present* Superior University, Sargodha

EDUCATION & PROFESSIONAL DEVELOPMENT

Master of Science in Pediatric Physical Therapy - 2024

Ripha International University, Lahore

Doctor of Physical Therapy- 2022

University Of Lahore

FSc Pre Medical- 2015

St. Patrick's College. Karachi.

SSC

The Sun City Grammar School, Karachi.

LANGUAGES

- English
- Urdu