

IQRA RASHID (She/Her)

I. Personal Information

Current Residence: Chaklala Scheme 3, Rawalpindi, Punjab-Pakistan.

Home Town: Sargodha, Punjab-Pakistan.

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Google Scholar: <https://scholar.google.com/citations?hl=en&user=COQrRuUAAAAJ>

ORCID: <https://orcid.org/0009-0000-0761-6359>

II. Qualification

Ph.D. in Education (Fall: 2022-2026 *Continue*), Fatima Jinnah Women University Rawalpindi, The Mall, Rawalpindi, Punjab, Pakistan.

- **Subject Specialisation:** Teacher Learning and Critical Pedagogy
- **Course Work Grade:** *CGPA:* 3.22/4.00 | *Percentage:* 75%
- **Research Area:** Educational Technology Field (Self-Formulated Intervention-Based Mixed-Method Research on Digital Citizenship at Higher Education Level)
- **Supervisor:** Dr. Ishrat Saddiqua Lodhi

Interests: *Educational Assessment, Educational Psychology, Educational Technology, Qual Quan Research Methods & Analysis, Digital Education, Research Project Management, Generative AI Prompt Engineering*

M.Phil in Education (Fall: 2017-2020), University of Sargodha, Punjab-Pakistan.

- **Subject Specialisation:** Educational Assessment, Testing and Evaluation
- **Final Grade:** *CGPA:* 3.39/4.00 | *Percentage:* 74.62%
- **Award:** *Scholarship Prize for University Semester Position:* 2nd Position in 2nd Semester out of 25 students
- **Thesis Title:** Impact of Student-Teacher Conflicts on Student Academic Achievement; Mediation Role of Conflict Management Practices of Teachers.
- **Supervisor:** Dr. Mushtaq Ahmad Malik

MA in Education (Fall: 2014-2016), University of Sargodha, Punjab-Pakistan.

- **Subject Specialisation:** Educational Assessment, Testing and Evaluation
- **Final Grade:** *CGPA:* 3.30/4.00 | *Percentage:* 74.73%
- **Student Internship (Teaching Practicum) (Full-Time - Degree Requirement)** at Government Elementary School Sargodha, Punjab-Pakistan from (Dec 2015–Feb 2016).
 - **Teaching Courses:** Science & Arts Subjects to Primary and Elementary Level
 - Performed Administrative Tasks
- **Thesis Title:** Relationship Between Self-Efficacy and Stress Among Students.
- **Supervisor:** Dr. Mushtaq Ahmad Malik
- **Award:**
 - *Scholarship Prize for University Semester Position:* 3rd Position in 4th semester out of 120 students (January 2017)
 - Prime Minister's Youth Laptop Award (20th May 2017)

Graduation in Computer Science and Economics (2011-2014), affiliated with University of Sargodha, Punjab-Pakistan.

III. CPD Training (Trainee)

1. **[Four-Week] Academic Writing and Research Workshop** (45 Credit Hours)

Institute: Office of Research, Innovation, and Commercialization (ORIC), Fatima Jinnah Women University, Rawalpindi, Pakistan (August 07 – September 07, 2023).

2. **[Ten-Week] United States English Teacher Training Program** (60 Credit Hours)

Institute: Regional English Language Office (RELO) Pakistan (December 2018 – February 2019).

IV. Teaching & Non-Teaching Experience

1. **Lead and Master Trainer**, October 04, 2024, to date.

Institute: Quaid-e-Azam Academy for Educational Development (QAED), Punjab, Pakistan.

Responsibilities: The project has not yet started.

2. **Lecturer Education (Contract Basis, Full-time)** (August - October 2022)

Institute: Iqra Girls College Sargodha (Affiliated with University of Sargodha), Punjab-Pakistan.

- a. **Teaching Responsibilities**

- Introduction to Education - Class - BS Urdu (3rd Semester).
- Education Subjects to Intermediate Classes, Affiliated with BISE Sargodha.

- b. **Non-Teaching Responsibilities**

- Managed Administrative Work

Reason to Leave: Left due to PhD ongoing studies.

3. **Lecturer (Visiting Faculty, Full-time)** (March - August 2021)

Institute: Institute of Education, University of Sargodha, Punjab-Pakistan.

- a. **Teaching Responsibilities**

Comparative Education (EDU 6317) - Class: MA Education 4th Semester (Regular and Self-Support Programs)

- Online (Remote) Communication and Collaboration due to Post Pandemic
- Used Digital Tools like University Learning Management System (LMS), Zoom Application, Google Workspace, WhatsApp, but not limited to, to engage students

- b. **Non-Teaching Responsibilities**

In-Charge Lecturer (Visiting) Faculty - Managed Few Administrative Tasks

Reason to Leave: Left on contract completion.

4. **Freelance Consultant** 2019 - to date.

Certified Search Engine Optimisation (SEO) Professional on International Freelance Market platforms, like LinkedIn, Upwork

5. Office Administrative Intern (Non-Teaching, Full-time, One-Year) (March 2019 – February 2020)

Institute: Career Development Center, University of Sargodha, Punjab-Pakistan.

a. Admission Counselor in the Facilitation Center (September 2019 – February 2020).

- Worked on the online portal of Web Development Cell (WDC) & Facilitation Center (FC) for regular admissions, Fall 2019
- Front Desk Query Management Operator assists students, parents, visitors, and alumni in resolving queries regarding Main Campus, Sub-campuses, and Affiliate Colleges with detailed, result-oriented solutions for university admissions to degree verifications

b. Administrative Assistant in Foreign Affairs Project & Examination Branch (March 2019 – August 2019).

- Provided administrative support, contributing to the smooth execution of the project

Reason to Leave: Left on contract completion.

6. College Teacher Intern (Full-Time, One-Year) (March 2017 – February 2018)

Institute: Department of Education, Govt. Postgraduate College for Women (Chandni Chowk) Sargodha, affiliated with the University of Sargodha, Punjab-Pakistan.

a. Teaching Responsibilities

- Taught the following BS (Hons) courses
 - Educational Psychology (BSED-203) – 4th Semester (Spring 2017)
 - Introduction to Human Rights in Education (SS-306) – 6th Semester (Fall 2017–18)
 - Educational Psychology (EDU-503) – 2nd Semester (Fall 2017–18)
 - Educational Technology (EDU-201) – 2nd Semester (Fall 2017–18)
- Taught Education subjects to Intermediate classes affiliated with BISE Sargodha.
- Served as a Subject Teacher and Internal Paper Setter for the BS (Hons) program.
- Formulated BS (Hons) course content based on the scheme of studies

b. Non-Teaching Responsibilities

- **Program Organizer**
 - Organized departmental workshops, seminars, and educational activities for BS (Hons) classes with team members (March 2017 – February 2018)
 - Coordinated Urdu debating programs for intermediate students at district-level competitions with team members
- **Admission Coordinator**
 - Managed the admission process with a team for Intermediate and BS (Hons) programs in the Department of Education (Fall 2017–18)

Reason to Leave: Left on contract completion.

V. Publication(s)

a. HEC-Recognised Journals

1. Behlol, M. G., Bilal, M., Khattak, J., Nisa, A. U., & **Rashid, I.** (2023). The Ontology of Successful Teaching: Capturing Voices of Primary School Teachers. *Voyage Journal of Educational Studies*, 3(3), 78-91. DOI:[10.58622/vjes.v3i3.81](https://doi.org/10.58622/vjes.v3i3.81)
2. Riaz, M. N., **Rashid, I.** & Akhtar, M. (2021). Relationship Of Personality Factors With Pro-social and Anti-social Behaviors In University Students. *International Review of Social Sciences*. 9(4), 163-170. <https://irss.academyirmbr.com/papers/1618571618.pdf>

b. HEC-Non-Recognised Journals

3. **Rashid, I.**, Rashid, A., (2023). Unveiling the Nature of University Student-Teacher Conflicts. *Journal of Educational Sciences & Research*. 10(1), 01-16. <https://jesar.su.edu.pk/article/2896>

VI. Conference Paper(s) Presentation(s)

1. **Rashid, I.** Rasheed, A., Rashid, A., (17 - 18 April 2024). Beyond the Classroom: Uncovering Nature of University Student-Teacher Conflicts. *International Conference on Innovation in Education, Pedagogy, and Assessment*. Faculty of Education, Fatima Jinnah Women University Rawalpindi - The Mall, Punjab-Pakistan.
2. **Rashid, I.** (26 - 27 April 2018). Cross-Sectional Study of Stress Level of BS Program Students. *First International Conference on Peace Education*. Institute of Education, University of Sargodha, Punjab-Pakistan.
3. **Rashid, I.** (26 - 27 April 2018). Stress Management and Academic Achievement of University Students. *First International Conference on Peace Education*. Institute of Education, University of Sargodha, Punjab-Pakistan.

VII. Unpublished Academic Research Project(s)

1. **Rashid, I.** *An Intervention-Based Mixed-Method Research on Promoting Digital Citizenship Practices (Safe, Savvy and Social) among Higher Education (Generation Z) Students: A Concept Paper* (15-02-2025).
2. **Rashid, I.** *Digital Citizenship in Higher Education: A Bibliometric Analysis of Scopus Data (2015-2024)* (15-10-2024).
3. **Rashid, I.** *Critical Literary Reflection On "Hichki (Hiccup)": A Critical Review on Critical Theory and Pedagogy as an Educational Approach in School Setting* (28-01-2023). Critical Pedagogy (Edu-705).
4. **Rashid, I.** *A Qualitative Research on Teachers: Qualities and Challenges* (04-03-2023). Teacher Learning in School Setting (Edu-706).
5. **Rashid, I.** *Developing School Improvement Plan* (04-03-2023). Teacher Learning in School Setting (Edu-706).
6. **Rashid, I.** *Application and Analysis of Parametric and Non-Parametric Statistical Tests for Data Analysis* (07-03-2023). Quantitative Research Methods (701).
7. **Rashid, I.** *Views and Perception on University Education and Job Market Skills Demands: A Qualitative Project* (31-05-2023). Qualitative Inquiry (Edu-704).
8. **Rashid, I.** *Discourse Analysis: Ek Mohabbat So Afsanay* (20-06-2023). Qualitative Inquiry (Edu-704).
9. **Rashid, I.** *Formulation of Critical Thinking Scale* (25-06-2023). Tool Development (Edu-702).

10. **Rashid, I.** *Dead Poets Society: A Reflection Paper on Progressive and Democratic Education in the Teaching and Learning Context* (07-07-2023). Theoretical Perspectives and Critical Discourse on Education (Edu-703).
 11. **Rashid, I.** *Formulation of Nature and Causes of Student-Teacher Conflict Scale* (25-06-2019). Institute of Education, University of Sargodha, Punjab-Pakistan.
 12. **Rashid, I.** *Formulation of Conflict Management Practice for Teachers Scale* (25-06-2019). Institute of Education, University of Sargodha, Punjab-Pakistan.
 13. **Rashid, I.** *Validating The Interpretations And Uses Of Test Scores* (01-06-2018). Test Theories and Designs (EduMP-707).
 14. **Rashid, I.** *Test Construction, Administration and Analysis Using Excel, Word and Iiteman Software* (01-06-2018). Test Construction and Standardisation (EduMP-708).
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VIII. Other Achievements

1. Interview-qualified - **Lecturer Education (BPS-17)** - *Punjab Public Service Commission (PPSC) Examination (2022)*
 - Secured 167th position under 154 open merit seats
 2. Qualified - **Educator (BPS-09) Examination (2015)** Conducted by National Testing Service (NTS)
 - *Did not join the Govt elementary school system due to ongoing master's studies*
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IX. Certifications

a. Conference(s) Participation

1. [Two-Day] **8th Conference on Research & Practices in Education** (Revamping Education For a Changing World) by *Allama Iqbal Open University, Islamabad-Pakistan* (8-9 April 2025).
2. [One-Day] **Future Leaders Conference** by *Y. Not U. Training and Development Organization, Islamabad-Pakistan* (23rd November 2019).

b. Workshop(s) Participation

3. [Three-Day] **Application Training and Job Hunting Skills** by *WDSC, APAS Arid Agriculture University Collaboration with GIBBZ, Punjab-Pakistan* (23 - 25 January 2023).
4. [Four-Day] Training **Entrepreneurship Skill Development Program (ESDP)** by *Career Development Centre (CDC), University of Sargodha, Punjab-Pakistan* (24th - 27th July 2019).
5. [Three-Day] Workshop on **Mastering in Research Tools: Development and Validation** by *Office of Research, Innovation and Commercialization (ORIC), Fatima Jinnah Women University, Rawalpindi - The Mall, Punjab-Pakistan* (07- 09 November 2023).
6. [Two-Day] Workshop on **Data Management and Visualization with STATA Software** by *Counseling Center and Career Development Center (CDC), University of Sargodha, Punjab-Pakistan* (14 and 15 July 2021).
7. [Two-Day] Workshop **Campus to Corporate** by *Y. Not U. Training and Development Organization, Islamabad-Pakistan* (23 and 24 July 2019).
8. [One-Day] Workshop on **N-Vivo Software for Qualitative Research Analysis** by *Institute of Education, University of Sargodha, Punjab-Pakistan* (17th March 2019).

9. [One-Day] Workshop on **Academic Writing Skills** by *Institute of Education, University of Sargodha, Punjab-Pakistan* (22nd March 2018).

c. Webinar(s) Participation

1. [One-Day] Webinar **Literature Review with IEEE Xplore Digital Library** by Higher Education Commission (HEC) Pakistan (21 August 2024).
2. [One-Day] Webinar **Incorporating IEEE Xplore Resources into your Teaching: A Dedicated Session for Lecturers** by Higher Education Commission (HEC) Pakistan (19 August 2024).

d. e-Course(s) - Self-Paced Learning

American English Live: Teacher Development Series by the United States Department
[<https://aee-teacher.badgr.com/my-badges/organization>]

1. **AE Live Series 9** (23 September - 02 December 2019). 9.1: Random or Intentional? Putting Learners in Groups that Work (23 September 2019). 9.2 - Dynamic Ways to Increase Student-to-Student Interaction (07 October 2019). 9.3 - Strategic Corrective Feedback in the EFL Classroom (21 October 2019). 9.4 - Amplifying Voice and Choice in the EFL Classroom (04 November 2019). 9.5 - Superpowering your Lecture: Activities to Engage Learners and Gather (18 November 2019). 9.6 - Discussion Strategies for Meaningful, Effective Conversation Practice (02 December 2019).
2. **AE Live Series 8** (06 May - 15 July 2020). (8.1). Promoting Reading Fluency with the ACTIVE Framework (06 May 2020). (8.2). Making Reading Fun: Engaging Pre-Reading Activities for ELLs (20 May 2020). (8.3) Bringing Grammar to Life with Experiential Learning (03 June 2020). (8.4). No Prep Grammar Activities (17 June 2020). (8.5). Adaptable Speaking Activities for Pairs and Groups (01 July 2020). (8.6) Classmates as Language Learning Allies: Encouraging Student-to-Student Interaction (15 July 2020).
3. **AE Live Series 7** (15 January - 25 March 2020). (7.1). Foundations of TESOL Methodology (15 January 2020). (7.2). Integrated Skills - Combining Listening, Speaking, Reading, Writing and Grammar (29 January 2020). (7.3). Using Brain-based Strategies and Critical Thinking to Maximize Vocabulary Acquisition (12 February 2020). (7.4). Needs Assessment for Course and Curriculum Design (26 February 2020). (7.5). Teachers Working Together: A Successful Community of Practice (11 March 2020). (7.6). Connecting to Learn: Growing Professionally through Teacher-to-Teacher Engagement (25 March 2020).
4. **AE Live Series 6** (04 September 2019 - 13 November 2019). (6.1). Digital Literacies - Practical Approaches for the ELT Classroom (04 September 2019). (6.2). Technology-Enhanced Task Engagement in English Language Instruction (18 September 2019). (6.3). Task-Based Language Teaching for Designing Grammar-Focused Communicative Activities (02 October 2019). (6.4). Developing Grammar Proficiency Through Communicative Activities (16 October 2019). (6.5). Formative Assessment Strategies for the Student-Centered Classroom (30 October 2019). (6.6). Student-Centered Speaking Activities to Increase Fluency & Accuracy (13 November 2019).

5. **AE Live Series 5** (May 2019 - 10 July 2019). (5.1). Practical Applications for Critical Thinking in English Language Teaching and Learning (01 May 2019). 5.2: Animating Your Instruction: Using Comics & Graphic Novels in the EFL Classroom (15 May 2019). 5.3: Creating Comics to Think Critically (29 May 2019). 5.4: Motivating Your Students with Rules, Routines, and Rewards (12 June 2019). 5.5: Making Grammar and Vocabulary Learning Stick by Weaving a Critical (25 June 2019). 5.6: Enhancing Learner Motivation in the EFL Classroom (10 July 2019).
6. **AE Live Series 4** (09 January 2019 - 20 March 2019). (4.1). Increase Student Motivation with Universal Design in Mind (09 January 2019). 4.2: Assess and Motivate: Student Portfolios and Self-Assessments in the EFL Classroom (23 January 2019). 4.3: Implementing Content-based Instruction in Your Classroom 4.4: Using Graphic Organizers to Promote Students' Academic Language Production (06 February 2019). 4.5: Effective Grammar Teaching: Balancing Input and Output (20 March 2019). (20 February 2019). 4.6: Communicative Grammar with Games for the Young Learner (06 March 2019).
7. [4-Week - Online] Massive Open Online Course (MOOC) **CBI-Content Based Instruction / American English E-Teacher Program** by the *United States Department* (February 18th, 2019 - March 20th, 2019).

Coursera. [<https://www.coursera.org/user/bc85d1737509ca76f4947d3687af8372>]

1. **Data Literacy Specialization** by *Johns Hopkins University* (26 June 2025). Course 1: Data – What It Is, What We Can Do With It. Course 2: Measurement – Turning Concepts into Data. Course 3: Quantifying Relationships with Regression Models. Course 4: What are the Chances? Probability and Uncertainty in Statistics. Course 5: Data Literacy Capstone – Evaluating Research.
2. **Research For Impact** by *University of Cape Town* (25 June 2025).
3. **Digital Health Specialisation** by *Imperial College London* (21 June 2025). Course 1: Introduction to Digital Health. Course 2: Design and Implementation of Digital Health Interventions. Course 3: Evaluation of Digital Health Interventions.
4. **Analysis and Interpretation of Data** by *Queen Mary University of London* (20 June 2025).
5. **Leadership and Critical Thinking Specialization** by *Tecnológico de Monterrey* (20 June 2025). Course 1: Leadership and organizational behavior. Course 2: Critical thinking: reasoned decision making. Course 3: Leadership focused on Human Flourishing.
6. **Data Literacy: Exploring and Visualizing Data** by *SAS* (20 June 2025). Course 1: Data Literacy Essentials SAS. Course 2: Data Literacy in Practice SAS. Course 3: Getting Started with SAS Visual Analytics SAS. Course 4: Data Analysis and Reporting in SAS Visual Analytics SAS.
7. **Survey Data Collection and Analytics Specialization** by *University of Maryland, College Park* and *University of Michigan* (20 June 2025). Course 1: Framework for Data Collection and Analysis. Course 2: Data Collection: Online, Telephone and Face-to-face. Course 3. Questionnaire Design for Social Surveys. Course 5: Dealing With Missing Data. Course 6: Combining and Analyzing Complex Data.
8. **Grant Writing for Health Researchers** by *University of Colorado System* (18 June 2025). Course 1: Grant Proposal Plans, Sections, and Resubmission. Course 2:

- Biostatistics Study Design and Analysis for Grant Writing. Course 3: Scientific Writing for Research Grant Proposals.
9. **Introduction to Communication Science** by University of Amsterdam (19 June 2025).
 10. **How to Write and Publish a Scientific Paper (Project-Centered Course)** by École Polytechnique (13 June 2025).
 11. **Introduction to Systematic Review and Meta-Analysis** by Johns Hopkins University (12 June 2025).
 12. **Research Courses** by *University of California, Davis* (June 2025). Course 1: Research Proposal: Initiating Research. Course 3: Quantitative Research.
 13. **Quantitative Research Methods: Tools for Data Analysis** by *Coursera Instructor Network* (05 June 2025).
 14. **Mixed Methods Research: Bridging Qualitative & Quantitative** by *Coursera Instructor Network* (04 June 2025).
 15. By *The State University of New York* (03 June 2025). Course 2: Advanced Information Literacy.
 16. **Methods and Statistics in Social Sciences** by *University of Amsterdam*. Course 2: Qualitative Research Methods (03 June 2025).
 17. **Digital Footprint** by *The University of Edinburgh* (02 June 2025).
 18. **Qualitative Research Methods in Psychology Specialization** by *American Psychological Association* (01 June 2025). Course 1. What is Qualitative Research? Course 2. Interviewing Methods. Course 3. Observational Methods and Qualitative Data Analysis.
 19. **Using Public Policy for Social Change** by University of Michigan (30 May 2025).
 20. **ChatGPT for Project Management - Leveraging AI for Success Specialization** by *Vanderbilt University* (29 May 2025). Course 1: ChatGPT for Project Management: Execution, Tracking, Success.
 21. **Responsible Conduct of Research** by *Utrecht University* (28 May 2025).
 22. **Managing Emotions in Times of Uncertainty & Stress** by *Yale University* (26 May 2025).
 23. **Developing AI Policy** by *Fred Hutchinson Cancer Center* (26 May 2025).
 24. **Qualitative Comparative Analysis (QCA)** by *Erasmus University Rotterdam* (23 May 2025).
 25. By *IBM* 1. Delivering Quality Work with Agility (19 May 2025). Collaborate Effectively for Professional Success (23 May 2025).
 26. **Research Design: Inquiry and Discovery** by *University of North Texas* (18 May 2025).
 27. **Understanding Research Methods** by *University of London* (12 January 2025).
 28. **Advanced English: Writing** by *University of California- Irvine*. Course 3. Advanced Writing (30 November 2020). Course 4. Introduction to Research for Essay Writing (10 June 2025). Course 5. Project: Writing a Research Paper (13 June 2025).
 29. **Learning How To Learn For Youth** by *Arizona State University* (30 November 2020).
 30. **Finding Purpose and Meaning In Life: Living For What Matters Most** by *University of Michigan* (30 November 2020).

DigiSkills Pakistan.

- 1. Creative Writing Training and Freelancing Training** (August 2019 – October 2019).

Elsevier.

Certificate of Excellence in **Research Design** with *Elsevier Researcher Academy* (06th January 2025)

- How to identify research gaps (17th December 2024)
- How to integrate sex, gender, and intersectional analysis into research (04th January 2025)
- How to enhance your chances of serendipitous research discovery (06th January 2025)
- Gen AI use in the research workflow (06th January 2025)

Google Soft Skills Program.

Certificate of Completion by **Google Soft Skills Program** and offered through *Pakistan Freelancers Association (PAFLA)* (08th December 2024).

Google Cloud Skills Boost.

Completion Badge on **Beginner: Introduction to Generative AI Learning Path** offered through Google Cloud:

- a. Introduction to Generative AI, Large Language Model, Responsible AI (31 July 2024).
- b. Responsible AI: Applying AI Principles with Google Cloud (28 September 2024)

Oxford University Press.

Certificate of Attendance on **ELTOC Chapter 9 Block 2** by *Oxford Professional Development Event* (25th October 2024)

X. Technological Skills

a. Advanced Research and Scientific Analysis

- IteMan Software (Item Development & Test Analysis)
- SPSS | STATA | EMOS (Quantitative Data Analysis Software)
- N-Vivo (Qualitative Data Analysis Software)
- EndNote | Mendeley | Zotero (Reference Management)
- VOSViewer (Bibliography Analysis)
- Metareviewer (Systematic Literature Review & Meta Analysis)
- Advanced Google Scholar | Semantic Scholar | Research Rabbit
- ResearchGate | Academia
- Web of Sciences | Scopus | JSTOR
- APA | MLA | Chicago (Academic Writing)

b. Other Applications & Software

- Google Workspace, i.e., Meet, Classroom, Forms, Gemini, Google NoteBookLM
 - Microsoft 365 Suite, i.e., Teams, Kahoot, Copilot
 - GenerativeAI Prompt Engineering, i.e., OpenAI GPTs, Deepseek
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XI. Languages

Native Language: Urdu

Other Language(s): English

XII. Reference(s)

1. Academic: Master's & MPhil Research Supervisor

Dr. Mushtaq Ahmad Malik (email: mushtaq.ahmad@uos.edu.pk)

Institute of Education, University of Sargodha, Punjab - Pakistan.
