

Iqra Riasat

Phone: (+92) 3341556444 (Mobile) | **Email address:** zoyariasat12@gmail.com

● ABOUT MYSELF

A passionate and research-driven gold medalist with expertise in applied anthropology, ethnographic fieldwork, and qualitative research methodologies. Specialized in studying healthcare access, gender dynamics, and psychosocial experiences, with a focus on diagnostic delays among women with diabetes in Pakistan. Skilled in data analysis, cross-cultural communication, and academic writing, with a strong background in conducting workshops and community-based research

● EDUCATION & TRAINING

18/09/2023 - 07/07/2025 - ISLAMABAD, PAKISTAN

MASTERS OF SCIENCE IN APPLIED ANTHROPOLOGY - BAHRIA UNIVERSITY E8, CAMPUS

Field(s) of study: Humanities and Social Sciences

07/10/2019 - 28/06/2023 - RAWALPINDI, PAKISTAN

BACHELORS OF SCIENCE IN ANTHROPOLOGY- ARID AGRICULTURE UNIVERSITY

Field(s) of study: Humanities and Social Sciences

01/08/2017 - 10/04/2019 - RAWALPINDI, PAKISTAN

INTERMEDIATE - F.G DEGREE COLLEGE FOR WOMEN

Field(s) of study: Arts and humanities

25/04/2017 - RAWALPINDI, PAKISTAN

MATRIC- F.G GIRLS SCHOOL

Field(s) of study: Science

● ACADEMIC RESEARCH

07/07/2025

Community Based Work

- Conducted in-depth ethnographic research on diagnostic delays among women with type-2 diabetes, using qualitative, phenomenological, and interpretivist approaches.
- Collected and analyzed data through interviews, focus groups, and hospital- based fieldwork, applying purposive sampling techniques.

02/12/2024

Ethnographic Study of Urban Slum Area

- Conducted immersive ethnographic research in an urban slum community to study living conditions, health challenges, and socio-economic dynamics.
- Analyzed cultural practices, social hierarchies, and community coping mechanisms within marginalized urban populations.

01/04/2022

Field Visit – Archaeological Site

- Conducted an academic field visit to the UNESCO World Heritage Site of Taxila, studying its cultural layers and historical significance.
- Explored Gandharan art, Buddhist stupas, and urban planning of ancient civilizations, gaining insights into

cultural syncretism and heritage preservation.

02/01/2021

Report Writing

- Formulation, conducting, and transcription of in-depth interview
- Having the skill of developing a questionnaire for any research data collection tool.
- Development of a questionnaire for the collection of data regarding COVID-19

● **WORK EXPERIENCE**

09/12/2025 - 09/12/2025 - ISLAMABAD, PAKISTAN

GUEST SPEAKER SOCIETY FOR ACCESS TO QUALITY EDUCATION (SAQE)

- Delivered an invited talk on "policy dialogue": " to an audience of academics, researchers, and students. Contributed to scholarly discussion and knowledge exchange in the field.
- Highlighting key research insights of marginalized populations and engaging with interdisciplinary participants during the Q&A session.

28/06/2025 - 28/06/2025 - GUJRANWALA, PAKISTAN

HEAD OF WORKSHOP INTERNATIONAL INSTITUTE OF SCIENCE, ARTS AND TECHNOLOGY

- Delivered a workshop on proposal development in social sciences.
- Conducted training sessions on Zotero referencing, academic writing, and data organization for MPhil, Ph.D students and early-career researchers.

05/09/2024 - CURRENT - PAKISTAN

PEER REVIEWER ADVANCES AND ISSUES IN SOCIAL SCIENCES ACADEMIC JOURNAL

- Reviewed submitted research manuscripts in the field of anthropology/social sciences.
- Assessed the quality, originality, methodology, and relevance of academic submissions.
- Provided constructive feedback to authors to improve the clarity and rigor of their work.

15/08/2022 - 15/09/2022 - RAWALPINDI, PAKISTAN

ADMINISTRATIVE ASSISTANT FATIMA JINNAH WOMEN UNIVERSITY

- Assisted the administration staff with day-to-day operations, documentation, and coordination of academic activities.
- Supported the organization of seminars, workshops, and student-related events.
- Managed official correspondence, record-keeping, and communication between departments.

● **LANGUAGE SKILLS**

Mother tongue(s): **URDU**

Other language(s): **ENGLISH**

● **SKILLS**

Microsoft Word | Microsoft Excel | Microsoft Powerpoint | Organizational and planning skills | Good listener and communicator | Microsoft Office | Team-work oriented

● **HONOURS AND AWARDS**

01/04/2024 Bahria University

Rector's Honor List - Merit Scholarship Fall Semester Awardee

15/09/2024 Bahria University

Rector's Honor List - Merit Scholarship Spring Semester Awardee

02/09/2026 Bahria University

Certificate of Academic Excellence - Gold Medal Awardee

● CERTIFICATIONS

16/12/2025 Bahria University

Certificate of Participation in Conference on Gender Equality

18/08/2025 Bahria University

Certificate of Academic Honor - Summa Cum Laude

30/06/2025 International Institute of Science, Arts and Technology

Certificate of Appreciation for outstanding contribution to conducting Workshop

● PUBLICATIONS

Scrap Waste Collection: Economic Resource and Local Recycling Practices in Rawalpindi City

Riasat, I. (2025). Scrap Waste Collection: Economic Resource and Local Recycling Practices in Rawalpindi City. Future Horizon International Journal of Social Sciences and Educational Research, 1, 1–16.
<https://doi.org/10.2139/ssrn.5234753>.

Disinformation and Political Polarization

Riasat, I., Hussain, M., & Rasheed, A. (2025). Disinformation and Political Polarization: A Qualitative Study on the Role of Social Media to Develop Political Biases in Pakistan. Journal of Development and Social Sciences, 6, 136–148.

Disaster and Disability

Ahmed, R., & Riasat, I. (2025). Disaster and Disability: A Qualitative Study of the 2005 Earthquake in District Bagh. Advances and Issues in Social Sciences, 1(4), 14–26.

Debunking Misnomers and Cultural Narratives

Ghazanfar, N., & Riasat, I. (2025). Debunking Misnomers and Cultural Narratives Surrounding Foreign Fast Food Chains in Pakistan. Dialogue Social Science Review, 3(8), 684–692.

Influence of Brain Based Learning

Zafar, S., Noor, S., Zafar, U., & Riasat, I. (2025). Influence of Brain Based Learning on Achievement of Students at Elementary Level. Future Horizon International Journal of Social Sciences and Educational Research, 2(2), 60–71.

Metacognitive Awareness of Pre-Service Teachers During their Teacher Education Continuum

Noor, S., Zafar, S., Syed, P., & Riasat, I. (2025). Awareness of Pre-Service Teachers During their Teacher Education Continuum: A Comparative Study. Future Horizon International Journal of Social Sciences and Educational Research, 2(2), 34–44.

An Analysis of Teaching Methods at Undergraduate Level

Syed, P., Riasat, I., & Hussain, M. (2024). An Analysis of Teaching Methods at Undergraduate Level in Public Sector Colleges of KPK, Pakistan. Traditional Journal of Law and Social Sciences, 3(2), 71–83.

Managing Diabetes at Household Level

Riasat, I., Zeeshan, M., & Chaudhry, Dr. A. (2023). Managing Diabetes at Household Level; A case study of Diabetic Patients in Rawalpindi City. Sjesr, 6, 71–84. <https://doi.org/10.36902/sjesr-vol6-iss2-2023> (71-84).

● RECOMMENDATIONS

Dr. Majid Hussain Assistant Professor

I have known her for the last two years, and she is a wonderful scholar and researcher. I strongly recommend her for the upcoming opportunities.

Email majid.buic@bahria.edu.pk | **Phone** +92 3225173246

Prof Dr. Riasat Ali Professor

Her intellectual ability, commitment to research, and academic excellence make her highly deserving of recommendation

Email riasat1@hotmail.com | **Phone** +92 3315355485