

DR WASEEM FAYYAZ

Associate Professor of Psychology

I have strong faith that psychology can address various human issues, though not all. However, still stronger is my faith in research-based approach for such applied services. For my professional career I have rendered both teaching and non-teaching services. Experiences gleaned from this past plus my soft abilities like organization, communication, and empathy help me better work in teams and deal with management affairs. With some expertise in qualitative research I endeavor to promote the 'true research' which can uncover the layered truth. As a teacher I have tried and still dream to foster in my students openness, tolerance, independence, and civilization.

Academics

Ph. D	2015	Gender studies / Social psy / Culture studies	Quaid-e-Azam University (NIP) Islamabad
M.Phil	2008	Personality / Language communication / Educational psy	Quaid-e-Azam University (NIP) Islamabad
M.Sc.	1994	Psychology	Punjab University Lhr (Govt. Murray College Sialkot)

Areas of Interest

Social, cultural, and gender psychology, Qualitative research, Research and Statistics in psychology, Educational psychology, Psychological measurement

Job History and Services

- **Vice Principal (Admin)** Govt. Gordon Graduate College Rwp, from Feb 2023 to October 2023
- **Associate Professor of Psychology (since Aug 2022) and Head of Department (since 2019)** Psychology at Govt. Gordon Graduate College Rawalpindi Pakistan. **Assistant Professor** at the same institution since 2010. **In Charge Students Affairs/Counseling and Guidance** services at the same institution.
- **Lecturer** in Psychology at Govt. Murray College, Sialkot from January 1999 to September 2010. It included teaching Masters classes (Social Psychology, Statistics, Psychological Testing, and Educational Psychology), administering tests (in charge testing lab), and training of students in data analysis
- **Income Tax Inspector** at Directorate of Intelligence and Investigation, Lahore from August 1994 to January 1999
- **Visiting faculty** at Air University, Preston University, International Islamic University, Arid Agriculture University, Rawalpindi Women University, and Foundation University in the subjects of Research and Applied Statistics, SPSS, Experimental Psychology, research methodology, educational psychology, psychodiagnosis and psychotherapy, and Social psychology
- Member **Board of Studies** BUIEMS Quetta, University of Gujrat, and Rawalpindi Women University.
- Member **Disability Assessment Board**, Social Security Department, Rawalpindi
- **PhD Pool faculty** at University of Balochistan, Quetta for teaching **contemporary clinical therapies**

Achievements and Awards

- Topped the Punjab Public Service Commission examination for Asst. Prof., December 2, 2010
- Academic Performance Award (one gold and two silver medals) in M.Phil
- Indigenous Phd Fellowship by Higher Education Commission Pakistan 2006

- University position holder (2nd) and gold medalist at college in M.Sc.
- Prizes and certificates at school and district level for distinction in SSC exam
- Certificate for best teaching results

Professional/Training

- **Promotion linked** professional training 2025 and 2021 by Higher Education Department Punjab
- Online course **Conversational Interviewing and Qualitative Method** by MIT 2019
- Resource person for Lecture/training in **coding of data as per grounded theory** analysis at National Institute of Psychology in 2015; Speaker webinar **Using social media responsibly** at QAU, Isb June 2021.
- Participated in workshops on **Inclusive Education, Grounded theory analysis, Advanced regression analysis, structural equation modeling/AMOS** in Rawalpindi and Islamabad from 2009 to 2015.
- Participated in national and international **conferences** in Lahore and Islamabad from 2005 to 2017
- Organized / participated in international conference on **Developmental Psychopathology** held in October 2009 at Quaid-i-Azam University, Islamabad; training on **Internet security/Cyber Bullying** at Gordon College Rawalpindi in June 2021
- Passed course in **Hypnotherapy** held in May, 1999 at Lahore by California Institute of Clinical Hypnosis.

Research Experience

- “Conditions, Context, and Outcomes of Practicing Veil (Hijab) among Pakistani Women,” Ph.D research.
- “Role of Personality Traits in the Listening Skills of English as a Foreign Language” (M.Phil Research)
- “Personality Traits and Listening Comprehension of English as a Foreign Language”
- Criminal and delinquent behavior
- IQ test constructed as leader of the team project during M.Phil
- Research studies relating to child labour, moral intelligence, and criminal psychology

Publications and Paper Presentations

1. **Fayyaz, W., & Ambreen, S.** (2023). Predicting Psychological Well-being from Religiosity: Unconventional Components of Religion are more Important? *North American Journal of Psychology*, 25(3), 417-426. [Y category **JPI = 23** International Journal]
2. **Fayyaz, W., Ambreen, S. & Kamal, A.** (2023). Hijab and Social Cultural Factors among Urban Women of Pakistan. *Pakistan Journal of Social Sciences*, 43(1). 69-79. Y category
3. **Fayyaz, W., & Ambreen, S.** (2023). Hijab and Sexual Harassment among Urban Muslim Women: Role of Continuity and Consistency of Practice. *Humanities, Arts, and Social Sciences Studies-HASSS*, 23(1), 57-65. [Y category **JPI=15** International journal]
4. **Fayyaz, W., Kamal, A., & Ambreen, S** (2020). Adaptation of Religiousness Measure for Muslim Women in Pakistan. *Pakistan Journal of Social and Clinical Psychology*, 18(1), 37-42. Y category
5. Tabassum, F., Ambreen, S., Khan, M. J., & **Fayyaz, W.** (2018). Relationship of life orientation and mental health after controlling covariates. *Pakistan Armed Forces Medical Journal*, 69(5), 992-997. Y category
6. **Fayyaz, W., & Kamal, A.** (2017). Psychosocial Factors Related to Practicing *Hijab* among Muslim Women in Pakistan. *Journal of Behavioural Sciences*, 27(2), 80-101. X category

7. Saleem, G., Hasan, S. S., & **Fayyaz, W.** (2017). Relationship of epistemological development with wisdom, age, gender and education. *Pakistan Journal of Social and Clinical Psychology*, 15(1), 26-35. Y category
8. Rose, S., Ambreen, S. & **Fayyaz, W.** (2017). Contributing factors of juvenile delinquency among youth of Balochistan. *Pakistan Journal of Criminology*, 9(3), 156-169. Y category
9. Kamal, A., & **Fayyaz, W.** (2016). Conditions of wearing *Hijab* and Other Forms of Dress: A Comparative Study. *Pakistan Journal of Women Studies*, 23(2), 94-102. Y category
10. **Fayyaz, W.**, & Kamal, A. (2014). Role of Sub-culture, Age, and Gender in Listening Skills of English as a Foreign Language. *Pakistan Journal of Psychological Research*, 29(2), 265-276. X category
11. **Fayyaz, W.**, & Kamal, A. (2014). Practicing *Hijab* (veil): A Source of Autonomy and Self-esteem for Modern Muslim Women. *Journal of Humanities and Social Sciences*, 22(1), 19-34. Y category
12. **Fayyaz, W.**, & Kamal, A. (2011). Personality Traits and the Metacognitive Listening Skills of English as a Foreign Language in Pakistan. *Journal of Behavioural Sciences*, 21(2), 59-76. X category

Paper Presentations

- **Fayyaz, W.**, & Kamal, A., (2016). Social Psychological Dynamics Related to Wearing *Hijab* (Veil) among University Students. Oral presentation at international conference on Gender in Perspective, National Institute of Psychology, Islamabad
- Oral Paper presentation at national conference on “Let’s Join Hands for Pakistan” in 2012 held at Lahore by Pakistan Psychological Association.
- **Fayyaz, W.**, & Kamal, A. (2010). Role of gender and cultural factors in the listening skills of English as a foreign language. Poster presented at National conference on Indigenous Research in Psychology. National Institute of Psychology, Islamabad.

Abilities / Skills

- Adequate soft skills
- Data analysis/SPSS
- Have worked at MS word and MS power point
- IELTS (band 7.0)
- TOEFL (score 590)
- GAT-subject (percentile 93)

Co- and Extra-curricular / Interests /Hobbies

- Standings in quiz and *bait bazi* contests
- Member editorial board, college magazine
- Sketching; Reading; Attempts at calligraphy, poetry and prose; Cycling and walking long distance

Personal Data

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