

Muqeeet Haider

Islamabad, Pakistan | muqeeethaiderbusiness@gmail.com | +92 336 7381668 | @m_haiderstudio

Skills

Hard Skills: Oil & Acrylic Painting, Figurative & Portraiture Art, Composition & Color Theory, Digital Painting (Beginner), Photo & Video Editing for Art References

Soft Skills: Creativity, Attention to Detail, Time Management, Collaboration, Communication Skills, Adaptability, Critical Thinking, Problem Solving, Self-Motivation, Emotional Intelligence, Networking, Presentation Skills.

Artist Statement

“My work is a reflection of how I experience the world quietly, from a distance, observing the lives unfolding around me. I am drawn to the subtlety of human presence, the fleeting expressions, and the unspoken emotions that linger in silence”.

Experience

Stories in Stillness (Thesis) Jan 2025

- Thesis series exploring human presence in moments of quiet contemplation.
- Focus on subtle expressions, body language, and introspective states.
- Minimal yet evocative compositions that emphasize silence and observation.
- Use of light and space to create a sense of stillness and emotional depth.
- Reflects an observational approach, capturing fleeting emotions and unspoken narratives.

Murals and interior paintings 2024
Burgies - Islamabad

Murals and interior paintings 2024
Churn Station - Islamabad

Freelance/Commissioned Works 2022 - current

Exhibitions

A New Dawn 2025
Alhamra, Lahore

The Next Wave 2025
Gallery 6, Islamabad

The Unfolding 2025
Satrang Gallery, Islamabad

Asli Contemporary Vol.1 2025
Numaishgah, Lahore

Interior selves 2025
Artscene Gallery, Karachi

shared distances 2025
Pnca, Islamabad

Art Works

What the Amulet Knows

- A contemplative portrait capturing a moment of introspection, with symbolic elements enhancing the narrative.

The Weight of Her Gaze

- A layered composition exploring perception, thought, and interaction between two figures.

My Brightest Day

- A figurative work examining presence and transition, with an emphasis on light and spatial depth.

Education

National College of Arts (NCA), Rawalpindi, Bachelor of Fine Arts

Jan 2021 – Jan 2025

Dr. A.Q.Khan, School and College

2012 – 2017