

AYESHA ABDUS SALAM

CONTACT

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EDUCATION

BACHELORS

BS International Relations (2021- 2025)
Fatima Jinnah Women University, Rawalpindi

Courses Include: International Diplomacy, Foreign Policy, International Law, Sustainable Development, National security and International Security, Arms control, International Political Economy, and Theories of International Relations

INTERMEDIATE

FSc Pre-Medical (2019-2021)
Army Public School & College System, Jhelum

Completed FSc Pre-Medical, focusing on core science subjects including Biology, Chemistry, and Physics, providing a strong foundation in the natural sciences.

CERTIFICATION AND COURSES

Aspire Leaders Program

Completed a multi-phase global leadership development program for university students and recent graduates, including the course "Exercising Leadership: Fundamental Principles."

Amnesty International Human Rights Academy

Completed several courses on human rights offered by Amnesty International's online learning platform.

Workshop on Quantitative Research Techniques

Participated in the 8th Annual Workshop on The Philosophy and Techniques for Quantitative Research. Organized by Department of Economics, FJWU in collaboration with the Center for Global Health Pakistan and SDGs Research and Resource Center, FJWU.

3-Day Workshop on "Empowered Conversations: Advocacy, Art, and Action" – Participant

Organized by SABRR at Fatima Jinnah Women University (FJWU), Rawalpindi.

Movers Workshop on Sustainable Development Goals (SDGs)

Successfully completed the workshop and became part of the Movers Programme, a youth-led initiative to promote awareness and action on the SDGs.

Participated in the event organized by Al-Khidmat Foundation on December 3, 2024, at the Pak-China Friendship Centre, Islamabad.

WORK EXPERIENCE	Ministry of Defence Research intern (July -August 2024) Completed a 6-week research internship at the Ministry of Defence, contributing to policy analysis, data compilation, and research support on national security and strategic affairs.
	• Volunteer work on a project regarding home alone safety awareness. • Volunteered on SDG's project in Jhelum • Capstone Project: SPEAK UP FJWU
PUBLICATIONS	Opinion Article, Security Lense, May 18, 2025 Title: Reimagining US-China Ties through Education and the Arts Link: https://securitylense.com/2025/05/us-china-ties/
SKILLS	SPSS Canva MS word Power point Proficient in AI tools Sketching
LANGUAGE	English Urdu Punjabi (native)