



CURRICULUM VITAE

ZAINAB ELLAHI

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OBJECTIVE

Seeking a dynamic and supportive environment where I can grow as a physical therapist, contribute to the development of evidence-based practice, and make a positive impact on patient outcomes.

PERSONAL HISTROY

Father Name: Gulfaraz Khan
Nationality: Pakistani
DOB: 12-09-2000
Marital status: Single
Permanent Address: village: PO Sukho ,Teh: Gujjar khan, Distt: Rawalpindi
Residence address: Satelellite Town 36 Pindora, Rawalpindi.

EDUCATION:

Degree	Percentage	Session	Grade	Board/University
Doctor of Physiotherapy		2020-25	3..2CGPA	Shaheed Zulfiqar Ali Bhutto Shaheed Medical University Islamabad
Intermediate	83%	2018	A1	RAWALPINDI BOARD
Matriculation	73%	2016	A	RAWALPINDI BOARD

WORK EXPERIENCE:

- ✓ **Physical Therapist**, (Abbas clinic Barakhaw/Farooq Hospital Islamabad)
- ✓ **As an emergency team member and Physiotherapist**(Islamabad Specialized Hospital,main stadium road ,Rawalpindi)
 - Evaluated and treated patients with various conditions (e.g., orthopedic, neurological, cardiovascular)
 - Developed and implemented personalized treatment plans, achieving (desirable outcomes)
 - Collaborated with interdisciplinary teams to ensure comprehensive care
 - Conducted patient education and training sessions
- Maintained accurate records and documentations.
- ✓ **Clinical Intern**, (Brain And Surgery Hospital, Rawalpindi,Abbas Clinic/Farooq Hospital Islamabad)
 - Assisted in patient assessments and treatments under supervision

- Observed and learned from experienced physical therapists
- Contributed to case discussions and treatment planning

Tuition from 8 years.

SKILLS:

- Clinical expertise in (specific areas, e.g., manual therapy, sports rehabilitation)
- Strong communication and patient education skills.
- Ability to work effectively in teams and manage multiple cases.
- Proficient in electronic medical records (EMRs) and documentation software.

EXTRACURRICULAR ACTIVITIES:

- Research projects.
- Clinical observations.
- Volunteer work.
- Professional organizations.
- Mentorship programs.
- Leadership roles.
- Continuing education courses.
- Clinical internships.
- Teaching assistantships.
- Community outreach programs.

LANGUAGE PROFICIENCY:

Considering Languages important for a medical student, I have gained a considerable understanding of the following languages

- English
- Urdu
- Potohari
- Punjabi
- Pashto

REFERENCE:

Available when required, can adapt to a quick change.