

PERSONAL DETAILS:

Name: Maryam Bibi
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ACADEMIC QUALIFICATION

Post Graduate Diploma in Clinical Psychology from Foundation University (2015-2016)
Masters in Psychology from Quaid-i-Azam University, Islamabad (2012-2014)
Bachelor of Science with Majors in Psychology from Punjab University (2010-2012)

WORK EXPERIENCE

1. **Organization:** Sehatyab
Designation: Consultant Clinical Psychologist
Duration: July 2024 to Present

Responsibilities:

Virtual Psychotherapy and Counselling sessions for psychological disorders.

2. **Organization:** Cosmos
Designation: Psychologist and CSS mentor
Duration: October 2023 to July 2024

Responsibilities:

Psychological guidance, evaluation and training to qualifiers and aspirants of Combined Competitive Examination on Federal and Provincial level.

3. **Organization:** National Officers Academy
Designation: Psychologist
Duration: April 2021 to October 2023

Responsibilities:

Psychological guidance, evaluation and training to qualifiers and aspirants of Combined Competitive Examination on Federal and Provincial level.

4. **Organization:** Islamabad Rehab and Caring Centre
Designation: Clinical Psychologist
Duration: March 2019 to March 2021

Responsibilities:

Counselling, Psychotherapy and family sessions of clients with Psychological and Substance Use Disorders.

5. **Organization:** Sehatyab
Designation: Consultant Clinical Psychologist
Duration: July 2017 to December 2018

Responsibilities:

Individual, group, couple psychotherapy, and family therapy for children, adolescents, and adults on an inpatient and outpatient basis. Additionally, online sessions for clients based in Pakistan and living outside Pakistan.

6. Organization: Pakistan Institute of Medical Sciences (PIMS)
Designation: Trainee Clinical Psychologist
Duration: March 2016 – March 2017

Responsibilities:

Counselling, Psychotherapy and family sessions of clients with Psychological disorders.

TRAININGS

- Participated and completed 100-Hour Professional Hypnosis International Training approved by NGH,USA.
- Participated and completed two days Training on The Therapy for Psycho-sexual disorders at Department of Professional Psychology, BUIC.
- Participated in Conference on Alzheimer's Disease at Rawalpindi Medical College as part of APRC awareness and training programme.
- Completed two days Training on Play Therapy at Department of Professional Psychology, BUIC.
- Completed two days Training on Cognitive Behavioral Therapy at Foundation University.

INTERNSHIPS

- Served as internee psychologist in Armed Forces Institute of Mental Health, Rawalpindi (Jan 2016-May 2016).
- Served as internee psychologist in Army Special education centre (March 2016-April 2016)
- Conducted interviews, applied psychological batteries, diagnosed cases and compiled a Clinical Case Report of 20 cases in June,2016 and achieved A+ grade from Supervisor.
- Served as internee in NIRM, Islamabad.
- Served as internee in Wada Clinic ,Nijat Clinic and conducted interviews with drug addicts in 2014.
- Served as internee in Child Protection and Welfare Bureau Morgah and conducted interviews with children and staff in 2014.

PUBLISHED POSTERS AND ABSTRACTS

- Participated in poster presentation in International Conference on Educational Psychology at National Centre for Physics, Islamabad and presented a poster on Emotional Intelligence.
- Participated in presentation and published abstract in International Conference on Clinical Psychology at UMT, Lahore.

PUBLISHED RESEARCH PAPERS

Bibi, M. (2016). *Depression and Emotional Abuse in married and unmarried couples*. Published PDCP Research Report. Foundation University Rawalpindi Campus, Pakistan.

Bibi, M. (2014). *Emotional intelligence and Self-assertiveness among university students*. Published M.Sc Research Report. National Institute of Psychology, Quaid-e-azam University, Islamabad, Pakistan.

COMMUNITY SERVICE

- Conducted free counselling sessions for women, children and students in medical camps arranged by Acts of Kindness in far flung areas of Pakistan
- Provided free counselling services in medical camps arranged by Shifa Foundation in northern areas of Pakistan
- Conducted free community support sessions and group sessions for awareness of Mental Health in Rawalpindi
- Conducted a workshop on Psychology for University students in Islamabad

LANGUAGE SKILLS

- English (Able to Read, Write and Speak)
 - Urdu (Able to Read, Write and Speak)
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