



Shaheer Ellahi Khan

MSc, M.Phil., PhD, MFPH (UK), AFHEA (UK)

Associate Professor – Health Services Academy

Program Coordinator – BS Public Health

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QUALIFICATION:

- 2020: **Doctor of Philosophy (PhD) in Anthropology**, Quaid-i-Azam University, Islamabad
Thesis: Exploring socio-cultural factors influencing adherence to the treatment of Type 2 Diabetes in rural Sargodha.
Pakistan Country Directory No. 21098
- 2011: **M. Phil in International Development Studies**, Iqra University, Islamabad
(Gold Medalist)
- 2009: **MSc. in Anthropology**, PMAS Arid Agriculture University, Rawalpindi

POST-DOCTORATE QUALIFICATIONS

- 2023: Affiliate Member of the Chartered Institute of Environmental Health, London UK.
Membership No. 379381
- 2022: Associate Fellow of the Higher Education Academy (AFHEA)UK, Higher Education Academy (HEA) UK
Fellowship Reference: PR237471
- 2022: Membership through the Distinction of Faculty of Public Health (MFPH) UK, The Royal College of Physicians, London.
MFPH No. 64294

PROFESSIONAL EXPERIENCE:

Time period	Position, Department and Institute	Nature of job
March 2023 – till date	Adjunct Associate Professor Dalla Lana School of Public Health, University of Toronto Canada	Academic
Sep 2021 – till date	Associate Professor, Program Coordinator BS Public Health – Health Services Academy. Ministry of National Health Services, Regulations and Coordination <i>Member Academic Council - HSA</i> <i>Member Graduate Research and Management Council (GRMC)</i>	Academic

Oct 2020 till Sep 2021	Assistant Professor – Anthropology Faculty of Arts and Social Sciences, University of Central Punjab Lahore	Academic
Jan 2011 till – Sep 2020	Adjunct Faculty, Member BoS. External Examiner, Member Research Committee M.Phil Anthropology Department of Anthropology, PMAS Arid Agriculture University Rawalpindi	Academic
Jun 2020-Jul 2020	Senior Assistant Professor, Department of Humanities & Social Sciences, Bahria University Islamabad	Academic
Sep 2016-May 2020	Assistant Professor, Department of Humanities & Social Sciences, Bahria University Islamabad	Academic
Aug 2014-Aug 2016	Senior Lecturer, Department of Humanities & Social Sciences, Bahria University Islamabad	Academic
Jun 2011- Oct 2013	Programme Officer (MER and Documentation), Human Resource Development Network	Civil society
Oct 2012- Aug 2014	Lecturer (VF) at the Department of Anthropology, PMAS-Arid Agriculture University Rawalpindi	Academic
Jun 2011- till date	Senior Anthropologist (consultant), Association for Social Development, Islamabad	Civil society
Aug 2010-Apr 2011	Anthropologist - Researcher (Randomized controlled trial unit), Association for Social Development, Islamabad	Civil society
Oct 2009-Sep 2010	Lecturer, Islamabad College for Boys G-6/3 (Federal Directorate of Education)	Academic
Mar - Sep 2009	Anchor and Research Associate, RADIO PAKISTAN (National Broadcasting Service), Islamabad	Media
Jan - Dec 2008	Research Associate, ARY One World, Islamabad	Media
Mar 2005- Feb 2006	Coordinating Editor, SACHET- Society for the Advancement of Community Health Education and Training, Islamabad	Civil society

PUBLICATIONS:

Selected Research Articles:

1. Iqbal's Philosophy and Norse Leadership: A Cross-Cultural Exploration. **Social Science Review Archives**, 3(2), 1843–1851.(2025). <https://doi.org/10.70670/sra.v3i2.802>.
2. Effectiveness Of Multidisciplinary Rehabilitation in Stroke Recovery: Integrating Physiotherapy, Occupational Therapy, And Cognitive Therapy – Systematic Review. **Cuestiones de Fisioterapia**, 53(3),5248-5256. (2024). <https://cuestionesdefisioterapia.com/index.php/es/article/view/3516>.

3. Exploring Health-Seeking Behaviors Among Afghan Refugee Women in Sub-Urban Islamabad: A Qualitative Approach. *The Research of Medical Science Review*, 3(6), 72–78 (2025). <https://thermsr.com/index.php/Journal/article/view/1280>
4. Ethnographic Study of the Saraiki Identity and Its Struggle for Cultural Recognition. *Journal of Asian Development Studies*, 14(2), 210-225 (2025). <https://doi.org/10.62345/jads.2025.14.2.18>
5. Impact of Pharmacist-Led Interventions on Medication Adherence in Patients with Chronic Psychiatric Disorders. *Pakistan Journal of Health Sciences*, 6(4), 11–17 (2025). <https://doi.org/10.54393/pjhs.v6i4.2923>
6. Effectiveness of constraint-induced movement therapy vs. Proprioceptive neuromuscular facilitation in upper limb rehabilitation for hemiplegic patients; A focused literature review. *The Research of Medical Science Review*, 779-789 (2024). <https://thermsr.com/index.php/Journal/article/view/155>
7. Navigating Mental Health Challenges in Conflict Zones: A Mixed Method Literature Review. *Pakistan Journal of Humanities and Social Sciences*, 12(3), 2629–2642 (2024). <https://doi.org/10.52131/pjhss.2024.v12i3.2453>
8. The regulatory burden and market Inefficiencies: the growth of Extra-Legal Housing societies in Islamabad, *Pakistan Research Journal of Social Sciences*, Vol 3, 673-679 (2024). <https://prjss.com/index.php/prjss/article/view/155>
9. Rethinking HDL-C: An In-Depth Narrative Review of Its Role in Cardiovascular Health, *Current Problems in Cardiology*, (2023). <https://doi.org/10.1016/j.cpcardiol.2023.102152>
10. Current challenges and potential solutions to the use of digital health technologies in evidence generation: A narrative review', ID: 1203945, *Frontiers in Digital Health* September (2023)
11. Association of liver function test with severity of dengue fever in suburbs of Islamabad. *Journal of Community Hospital and Internal Medicine Perspectives*, (2023). <https://doi.org/10.55729/2000-966.1250>.
12. Psychological Effects of Covid-19 Care; A Qualitative Study of Health Care Workers in Punjab Pakistan. *PJHS*, (2023). DOI: <https://doi.org/10.54393/pjhs.v4i02.600>
13. Religious culture and agency: exploring the impact of the *Majlis* on Shi'a women community in Islamabad Pakistan. *Human Nature Journal of Social Sciences*. Vol 3(2022)
14. Assessing the use of contraceptive methods for family planning among married women of Rawalpindi (Urban). Population and Community Studies *Middle East Journal of Family Medicine* Vol. 9 Issue 10 (2022)

15. Stigmatization of seeking mental health care: youth perspectives from Pakistan. *Pakistan Journal of Social Research*. Vol. 4 No. 2 (2022)
16. “What it costs to access skilled birth attendance in Pakistan. *World Family Medicine/Middle East Journal of Family Medicine*. Vol 20 (4). April (2022)
17. Exploring the treatment types and challenges in patients with Chronic Obstructive Pulmonary Disorder:
a qualitative study *World Family Medicine/Middle East Journal of Family Medicine* (2022). DOI: 10.5472/MEWFM.2022.95202
18. Stigma of postpartum depression: The role of lady health workers in health care—A qualitative study, *Health Care for Women International Taylor and Francis*, (2021). DOI: 10.1080/07399332.2021.1973009
19. Faith Based Technology: Perspectives from Shi’a Muslim Women in Islamabad *Pakistan Journal of Social Research*, (2021)
20. The growing epidemic of social and cultural iatrogenesis in Pakistan. Published in *World Family Medicine*, Volume 19, Issue 5 (2021)
21. An exploration of illness narratives of mothers with maternal depression in semi-urban areas. *Springer Psychiatr Q* (2020). <https://doi.org/10.1007/s11126-020-09781-y>
22. The Understanding of Epilepsy and Epileptic Patients and General Public to Create A Supportive Community. *Global Sociological Review* Vol. IV, No. I (2019).DOI: 10.31703/gsr.2019(IV-I).03.
23. Feasibility of delivering integrated COPD-asthma care at primary and secondary level public healthcare facilities in Pakistan: a process evaluation. *BJGP Open*. 3(1). (2019) DOI: 10.3399/bjgpopen18X101632
24. Enhanced hypertension care through private clinics in Pakistan: a cluster randomized trial. *BJGP Open*.3 (1). (2019); DOI: 10.3399/bjgpopen18X101617
25. Effectiveness of an integrated diabetes care package at primary healthcare facilities: a cluster randomized trial in Pakistan. *BJGP Open*. 2(4).(2018). DOI: 10.3399/bjgpopen18X101618
26. Process evaluation of integrated diabetes management at primary healthcare facilities in Pakistan: a mixed-methods study. *BJGP Open*. 2(4).(2018); DOI: 10.3399/bjgpopen18X101612
27. Delivering integrated hypertension care at private health facilities in urban Pakistan: a process evaluation. *BJGP Open*. 2018; 2(4). DOI: 10.3399/bjgpopen18X101613

28. Active ageing and elder's health: An Anthropological perspective of older persons. *The Anthropologist Journal India*. 2015; 20(3)
29. Socio-psychological Perceptions & Experiences of Etiology amongst Type II Diabetics; A Qualitative Study of Primary Health Care in Rural Sargodha. *Bahria Journal of Professional Psychology*. 2019; 18(1).
30. Covid-19: Studying Policy Gap in Relation to Role of Primary Health Care in Pakistan. *Global Social Sciences Review*. 2020; Vol. V, No. II. DOI: 10.31703/gssr.2020(V-II).01
31. Pandemic Preparedness and Techno Stress among Faculty of DAIs in Covid-19. *Sir Syed Journal of Education and Social Research*. 2020; 3(2). DOI: [https://doi.org/10.36902/sjesr-vol3-iss2-2020\(383-396\)](https://doi.org/10.36902/sjesr-vol3-iss2-2020(383-396)).
32. Unmaking the Anthropology of Mourning in a Psycho Analytic Perspective. *Global Regional Review*. 2020; V-I. Pgs. 100-107. DOI 10.31703/grr.2020(V-I).13.
33. Sufi dance in Pakistan; Anthropological insights on the concept and origin of Dhamal. *Science International Journal*. 2015; 27(2). pgs. 164-1643 <http://www.sci-int.com/>
34. Advocating Agricultural Development minus Indigenous Knowledge System and Cultural Norms. *Int. J. Agric. Appl. Sci*. 2014; 6(2). 169-176.
35. Tuberculosis diagnosis and treatment; qualitative study on the coping mechanisms for economic consequences. *Professional Med J* 2015; 22(1). 54-63.
36. Fertility levels in relation to education in Pakistan. *Professional Med J* 2014; 21(6). 1103-1112.
37. Exploring threats to Sufism in the age of commercialization; Qualitative perspective. *Sci.Int. (Lahore)*, 2014; 26(4). 1881-1883.
38. The begging hijras of Islamabad in the age of Urbanization. *Sci.Int.(Lahore)*, 2014; 26(5). 2553-2555.
39. Perception of Local community and Biradri on Panchayat; an exploratory Anthropological study of biradri in village saroki, district Gujranwala, Pakistan. *Advances in Anthropology*, 2014; 4. 53-58.
40. Farmers believe about indigenous farming practices and sustainable agricultural development. *Pakistan J. Agric. Res*. 2014; 27(1).
41. Dhamal, A spiritual healing at the shrine of Bari Imam. *Journal of Gender and Social Issues*. 2008; 7(2).
42. Does Salary Work as a Motivational Agent? A Study of Airport (Ground Handling) Services Sector of Pakistan. *School of Doctoral Studies Journal*. 2012 4(1).

43. Impact of consumption aspirations and brand knowledge on customer decision making. Evidence form fast food industry of Pakistan. *Management Science Letters*. 2012. DOI: 10.5267/j.msl.2012.08.001
44. Impact of Colors on Advertisement and Packaging on Buying Behavior. *Management Science Letters*. 2012. DOI: 10.5267/j.msl.2012.06.011
45. Impact of Remittances, Policy suggestions to attack poverty; Comparison of Bangladesh and Pakistan. *American research thoughts*. 2014; 1(2).
46. Exploring factors of Terrorism, Sufi's Perspectives and Policy Recommendations, A case study of the shrine of Hazrat Syed Sakhi Mehmood Badshah. *Science International*. 2015; 1. 571-573.
47. Exploring socio-cultural factors of recidivism in juvenile delinquents; an anthropological perspective. *Science International*. 2015; *Special Issue*. 817-819
48. Biradrism and Rural conflict as a determinant of political behavior; A case study of rural Punjab. *Science International*. 2015; 1. *Special Issue*. 703-705
49. Reviewing Qawwali, origin evolution and its dimensions. *Science International* 2015; 27(2) *special issue PAA*
50. Relationship Between Emotional Intelligence And Coping Strategies Among University Teachers Of Khyber Pakhtunkhwa. *Pakistan Journal of Science*. 2015.
51. Impact of servant leadership on workplace spirituality: moderating role of involvement culture. *Pakistan journal of Science*. 2015.
52. Perception, approaches and practices of local farming and development: an anthropological approach. *Pakistan journal of agriculture research* 2015; 28(1).
53. Documenting the experiential narratives of institutionalized persecution amongst Ahmadi students: An in-depth qualitative study. *The Explorer: Journal of Social Sciences*. 2015; 1(3). 69-73.
54. Exploring the perception of locals on the functioning and service delivery of police stations. *Science International* 2015; 27(2) *special issue PAA*
55. Complex police culture; a qualitative case study of Thana Lohi Bher. *Science International*. 2015; 27(2) *special issue PAA*
56. Poverty as a major indicator of recidivism in juvenile delinquents; a qualitative study. *Science International*. 2015; 27(2) *special issue PAA*
57. Exploring the effects of imprisonment on juvenile delinquents in relation to recidivism; A qualitative case study. *Science International*. 2015; 27(2) *special issue PAA*

58. Servant Leadership and Islam: Review of the Secular model of Servant Leadership in the light of Islamic teachings. *Science International*. 2015; 27(2) special issue PAA
59. Exploring Rabwah; Identity marker for Ahmadiyya community; an anthropological qualitative study. *Science International*. 2015; 27(2) special issue PAA
60. Tracing the Begamati Zuban from Nineteenth century Indo-Muslim culture; an overview of the framework of Gail Minault. *The Explorer*. 1(5). 125-127.
61. Cultural perceptions of Diabetes; Qualitative study of district Sargodha. *Sci.int.(Lahore)*. 2015; 27(4). 3723-3724
62. The effects of media violence on children's expressed aggressiveness: A case study of a secondary school in Islamabad. *Sci.int.(Lahore)*. 2015; 27(4). 3807-3809
63. Negotiating Voices on Cultural Relativism within Anthropology, A Theoretical Debate. *Sci.int.(Lahore)*. 2015; 27(4). 3725-3728
64. Religion is the opium of masses: Reviewing Marxist Claim through Islamic Holy Scripture Quran. *Sci.int.(Lahore)*. 2015; 27(4). 3803-3805.
65. Older persons' index: new developments in ageing research on violence against older persons. *Sci.int.(Lahore)*. 2015; 27(4). 3705-3709
66. Chronic illness and economic stability among older persons': a sociological comparative perspective. *Sci.int.(Lahore)*. 2015; 27(4). 3719-3722
67. Fiscal role and social participation of older persons': empirical evidence from Rawalpindi. *Sci.int.(Lahore)*. 2015; 27(4). 3715-3717
68. Studying effects of spatial disparities on economic performance among older persons of Rawalpindi. *Sci.int.(Lahore)*. 2015; 27(4). 3711-3714
69. Exploring the changing trends in greetings; a comparative analysis of urban and rural voices in Talagang, Punjab, Pakistan. *The Explorer*. 2015 1(12).
70. Urban sustainability and the creation of slums: case study of the The dharavi slums in Mumbai, India. *Science International*. 2016; Special Issue

BOOKS

- Building Children, Building Societies; A Parenting Manual, Health Services Academy, Ministry of NHR&C in collaboration with The Treehouse – Psychiatry Clinic. 2024
- Lifestyle Change; An Anthropological Perspective, Ferozsons Pakistan. 2021
- Gender Pakistan and UN Peacekeeping, Say Publishers (PVT) Ltd. Karachi. 2020

- Links Between Competitiveness and Technical Education in SAARC Region, published by SAARC HRD in August 2015
- Book Noon, Urdu (literature) and Punjabi (poetry). Published by Sajjad Text in 2010 & 2013

PROFESSIONAL ROLES AND MEMBERSHIPS

- **Federal Member/Consultant** – Pakistan’s National Behaviour Change Communication (BCC) Strategic Plan (2024-30)
- **Technical Focal Person** – Risk Communication & Community Engagement (RCCE) for Joint External Evaluation (JEE) of the International Health Regulations Pakistan (2023)
- **Technical Focal Person** – Risk Communication & Community Engagement (RCCE), for National Action Plan for Health Security NIPHS (2024-2028)
- **Editorial Board Member:** Publisher Public Library of Science (PLOS) – PLOS ONE Cambridge
- **Fellow** – Royal Anthropological Institute of Great Britain and Ireland
- **Federal Member** – National Committee on Behavior Change Communication for UHC and PHC, Pakistan
- **Member** - ORIC Steering Committee Foundation University Islamabad
- **Member** – Institutional Scholarship Award Committee National Defence University (NDU) Islamabad

INTERNATIONAL TRAINING(S)/CERTIFICATION(S):

- Post Graduate research skills training program, **University of Oxford**, UK- July 2025
- Positive Psychology by Ewert House, Chartered Department for Continuing Education professional and open access courses, **University of Oxford**, UK- Sept 2024
- Social Prescribing by **World Health Organization** – May 2022
- Social Net: Empowering communities in Outbreak by **WHO** – February 2022
- Infodemic Management (101) by **WHO (Health Emergencies Programme)** January 2022
- E-Course by **Higher Education Commission** on Sexual Harassment
- E-Course by **Higher Education Commission** on Disabilities
- Health and peace: Concepts and tools for frontline workers A course by **WHO/EMRO** – August 2021
- WHO standard operating procedures (SOPs) for Emergencies 2021 by **World Health Organization (WHO)**
- Foundations of Health Equity Research module/certificate 2021 by **Johns Hopkins University**
- COVID-19 Contact Tracing 2021 by **Johns Hopkins University**
- Frontiers in Medicine by UASR Summer Courses 2021, **Xi'an Jiaotong University, China**
- CS50 Educators Workshop July 2021. Division of Continuing Education, **Harvard University**
- Standard Precautions: Environmental cleaning & disinfection (2021) organized under the Health Emergencies Programme by the **World Health Organization (WHO)**

- Leadership and programme management in Infection Prevention and Control (2021) organized under the Health Emergencies Programme by the **World Health Organization**
- IKCEST Training Programme – UASR Summer Courses 2021 themed on Innovation and
- Technology Management in Tourism and Hospitality organized by **Xi'an Jiaotong University, China**
- IKCEST Training Programme - UASR Summer Courses 2021 themed on Innovation and Design by **Xi'an Jiaotong University, China**
- IKCEST Training Programme – UASR Summer Courses 2021 themed on Museums and Legal Protection by **Xi'an Jiaotong University, China**
- Mixed Method Writing Workshop by **University of Leeds (UK)** in 2016.
- Scientific Research Writing by **University of Leeds (UK)** in collaboration with IUATLD in Amsterdam, Netherlands (2015)

CONFERENCES AND WORKSHOPS:

- Mobilizing Methods in Medical Anthropology by Royal Anthropological Institute of Great Britain and Ireland. January 2021
- Anthropological insights on Diabetes-Cardiovascular Disease Care; a case study of Punjab, Pakistan. PANAHI International Conference on Non-Communicable Diseases 10 -11 July 2021
- Presented Religious Culture and Technology: Analogous Features of Shia Women's Life. International Conference on Science, Reason & Religion (ICSRR-2019) 26 – 27 October 2019
- Presented Maternal depression; a documentation of the perceptions and experiences of mothers in the semi-urban areas of district Rawalpindi, Pakistan. 10th Annual Public Health Conference 2- 3 December 2019 at Health Services Academy.
- Presented delivering an integrated diabetes care at public health facilities. 9th Annual Public Health Conference 4- 5th December 2018 at Health Services Academy.
- Mixed Method Writing Workshop by University of Leeds (UK) in 2016
- Scientific Research Writing by University of Leeds (UK) in collaboration with IUATLD in Amsterdam, Netherlands (2015).
- Presented Formative research to inform the feasibility and modalities in delivering early child development care at private clinics in semi urban Punjab, Pakistan. 6th Annual Public health conference Islamabad, 11-12th December at Health Services Academy Islamabad.
- Presented Study on contextual and social influences on the delivery and utilization of safe birthing services in Punjab. Presented in 5th Annual Public health conference Islamabad, 11-12th December 2014 at Health Services Academy Islamabad.
- Presented Migration and its impacts on demolishing lingual heritage. *Presented in International Conference on 'Migration, Education and Development in South Asia' 27-28 March 2014*
- Presented and Reviewed Gender Equality and Mainstreaming, a tool kit for ToT in Pakistan. *Published by ILO & HRDN*
- Special session delivered for Human Rights Commission Pakistan on Extremism and its different forms at Christian study center 2014.
- Participated in the experts Panel at FACE OFF International Conference (Artists Camp) by Hunerkada, Serena hotel Islamabad, September 2012.

- Participated in session on "Effective Measures to Eradicate Noise Pollution" by Human Appeal International, September 2012.
- Participated in multiple thematic forums
- Participated in multiple other seminars and sessions on a various subject such as policy making, culture, ethnicity and race, gender, human rights, health, education, language, religion, spirituality, and various other social issues.
- Presenter of the Youth Agenda in the Youth Summit by SACHET.
- "Youth Leadership Conference (YLC) International" from 1st-6th July 2004 at Sheraton, Karachi, by school of leadership.

ACADEMICS:

Courses Designed:

- Health Promotion
- Qualitative Research in Public Health
- Sociology of Health and Disease
- Research Methods in Social Sciences
- Medical Anthropology
- Physical Anthropology
- Economic Anthropology
- Cultural Anthropology
- Political process and Governance
- Development and Anthropology
- Anthropology of Religion
- Human rights and Religion
- Law, Human Rights and Development
- Rural development
- Governance, Democracy and Development
- Poverty Alleviation; contending perspectives
- Theories of Development
- Religion, Culture and Development
- Health and Development
- Colonialism and Development
- Language, Literature and Development
- Tourism and Development

Student Support:

- Taught post graduate and undergraduate courses related to Public Health, Development Studies and Anthropology
- Research Supervision: **HEC recognized PhD and postgraduate Supervisor.**

Ref HEC/HRD/ASA/2021/90026

Management:

- Head of Programme (BS Public Health)
- Head of Development Studies Cluster for a tenure of 2 years (Bahria University, Islamabad)
- Member of Head of Department's research group for a tenure of 2 years (Bahria University, Islamabad)
- Department Coordinator for Internship and Career Support for a tenure of 2 years (Bahria University, Islamabad)

CIVIL SOCIETY:**Human Resource Development Network (HRDN):**

Major projects:

- Head of Project- Resuming Education for flood affected (special focus on girls) in 5 districts,
- UNICEF project
- National level Programme Officer- Welcome to School Initiative for militancy affected areas (special focus on girl enrollment) in FATA (*Muhmand Agency*), a UNICEF project.

Major responsibilities included:

- Developing technical proposals
- Developing manual and tools
- Project management
- Reporting, monitoring and evaluation
- Documentation
- Publication(s)
- Event management
- Conduct training and thematic forums
- Delivering sessions
- Motivational speaker

Association for Social Development (ASD):

Provide technical inputs to multiple disease control interventions. These interventions include; communicable (e.g., MDR- TB, malaria) and non-communicable disease (e.g. diabetes, hypertension, lung health) control through public and private health care systems. Main responsibilities include:

- designing and analyzing the context for delivering non-communicable care through public and private health care systems,
- developing education and awareness materials for non-communicable disease control,

- developing operational strategies, in light of context analysis, for delivering non-communicable and lung health care
- monitoring implementation and research projects (e.g. emergency obstetric care delivery trial)
- designing and conducting explanatory qualitative studies (e.g. on smoking cessation and emergency obstetric care interventions).

SACHET:

Responsible for creation and design of the newsletter to sensitize and inform the general population about the socially sanctioned taboos such as HIV/AIDS under super vision of the Project coordinator and Patron in Chief.

Major assignments included:

- Report for the Second National FAD “Fight Against Dowry,” Workshop for Change Makers Editor of DOSTI- Dare to Sensitize, Train and Inform, April- September 2005.
- Organizer at Sachet Management Committee for Earthquake Relief, October- December 2005
- Organizer of World Aids Day 2005 and 2006
- Organizer for the Youth Summit 2006 in Margalla Motel, Islamabad

MEDIA:

Radio Pakistan (National Broadcasting Service), Islamabad

- Arranging the experts for the live program SAR SABZ PAKISTAN in collaboration with Ministry of Food, Agriculture and Livestock
- Preparing the daily live show inclusive of live calls and dealing with other segments of the program.

ARY One World, Islamabad

- Preparing evidence- based programs to debate over and provide solutions to the national and international issues
- Creating daily summary of the global issues related to national politics and developmental policies
- Performed research over the chronic dilemmas of human nature, muscling to disturb the equation of balance of power
- Assisted Dr. Ammar Turabi with concept-driven research for the “prime time talk show,”; coordinating with the panel and scheduling of the honorary guests invited on the show to discuss and debate the current scenario and pull up solutions and strategies
- Created and assisted in the development of the research-based concept for the talk show named “THINK TANK ”

Television /Public Appearances:

- *ABN news*: Guest speaker on various topics related to contemporary issues, Iqbal’s philosophy etc.
- *Hum News*: Guest speaker on socio-cultural and historical issues
- *ATV*: Guest speaker on Covid-19 Telethon, “*watankimittigawahrehna*”
- *PTV World*: Guest speaker in almost twenty shows on various topics around

literature, language, religion *and* philosophy etc.

- *PTV Home*: a) Host, script writer and researcher for the programme titled as *Jehan e Ishq*
- Guest speaker on *Pakistan Speaks* (2 episodes)
- *Bahria University TV*: 4 shows on literature, language, and poetry
- *Sahar TV*: guest speaker on more than 25 shows on religion, youth, leadership, literature, morality etc.

OTHER MAJOR PROJECTS:

Selected Projects:

- **Co-Investigator** – Antimicrobial Resistance (AMR) project funded by Canadian Institute of Health Research (CIHR). Phase I
- **Co-Investigator** – Preventing antimicrobial resistance by promoting rationalized use of antibiotics, for managing acute respiratory infections and diarrhea, at public health care facilities in Punjab, Pakistan. Starting of Co-Development Phase with ICARS (Denmark)
- **External Evaluator** – Integrated diabetes care at rural health centers in ten districts of Punjab. Implemented by Association for Social Development Pakistan (Donor: World Diabetes Foundation)
- **Member Evaluation Team** - Engage TB survivors to support TB patients and make care responsive to their needs in Punjab, Pakistan. (Donor: Stop TB Partnership CFCS Round 9)
- **Member Evaluation Team** - Engage DR-TB Survivors to support DR-TB patients and make care responsive to their needs in Punjab, Pakistan. (Stop TB Partnership CFCS Round 10)
- **Member Evaluation Team** - Decentralized care delivery and linkages for enhanced diagnosis and treatment of Hepatitis C in six selected districts of Punjab, Pakistan. (Donor: EndHep 2030)
- **Lead Anthropologist**- design, conduct, analyze and write-up of Process Evaluation study along with a randomized controlled trial on Diabetes Type-2 and Hypertension (funded by DFID).
- **Team Lead/Focal Person:** design, conduct and analyze the end-line study of Religious and Educational institutes (of Swat, Kohat, Peshawar) – PEAD/UNICEF
- **Lead Consultant:** design, conduct, analyze and draft study on “Reforming police station(s)” in collaboration with Planning Commission of Pakistan and Bahria University Islamabad.
- **Lead Consultant:** design, conduct and analyze the Qualitative pilot evaluation for delivering child development care in Pakistan by Association for Social Development funded by Grand Challenge Canada.
- **Lead Consultant:** design, conduct, analyze and write-up the pilot evaluation of Enhanced Diabetes- CVD management through primary health care in Pakistan by Association for Social Development in collaboration with University of Leeds.
- **Lead Qualitative/Co-investigator:** design, conduct, analyze and write-up of the Qualitative study of a randomized controlled trial on Maternal and Neonatal Child Health (Making birthing safe for Pakistani women) by Association for Social Development funded by Research and Advocacy Fund (RAF).
- **Lead Consultant:** design, conduct, and analyze the Qualitative study of the TB Reach project, a joint venture of Association for Social Development and KNCV.
- **Lead Consultant:** design, conducted, analyze and write-up of the Tracer study of Youth Economic Empowerment Project (YEPP) by PLAN International Pakistan funded by Ministry of Finland.

- **Principal Evaluator:** design, conduct, analyze and write-up of the Mid-term evaluation report of Youth Economic Empowerment Project (YEEP) by PLAN International Pakistan funded by Ministry of Finland.

TRAININGS DELIVERED/ ORGANIZED:

- Project Cycle Management- May,2011
- Technical core- Competencies-Jul,2011
- Facilitation skills-Jul,2011
- Proposal writing-Sep,2011
- ISO features& Audit-Oct,2011
- Monitoring & Evaluation- Oct,2011
- Effective proposal writing-Oct,2011
- Community and Social Mobilization-Jan,2012
- Gender sensitization in work place-Jan,2012
- Effective presentation techniques-Jan,2012
- Negotiation to Win-Feb,2012
- Taxation-Feb,2012
- SPSS-Mar,2012
- Budgeting for proposal-Apr,2012

AWARDS AND ACHIEVEMENTS:

- Distinguished Teacher Award 2019 – BUIC
- Best Faculty Researcher Award 2018 - BUIC
- Gold Medalist in M.Phil (IDS) 2014, Iqra University Islamabad
- Best Performance Award 2011 by Iqra University Islamabad
- Allama Iqbal Shield for Debates, 2007
- Silver Medal for serving South Asian Sports Federation (SASF) and South Asian Federation (SAF) games, 2003
- Debater at Islamabad College for Boys and PMAS University of ARID Agriculture, Rawalpindi

MEMBERSHIPS AND ADDITIONAL ROLES:

- Member Board of Studies- Department of Anthropology PMAS – AAUR
- Member Board of Studies- Department of Health Economics PIDE
- International Referee- International Journal of Agriculture and Applied Sciences
- Script writer, Researcher, Host of *Jehan e Ishq* PTV Home
- International Guest Lecturer National College Baluwatar Kathmandu Nepal
- Council of Social Sciences, Pakistan (COSS)
- Youth Advocacy Network (YAN)
- FADAN- Fight against Dowry (SACHET)

LANGUAGES:

- Proficient in Urdu, English, Persian, Arabic and well versed with local languages (*Punjabi, Saraiki, Hindku, Potohari*)

REFERENCES:

1. Prof. Dr. John Walley, Clinical Professor of International Public Health, Nuffield Center of International Health and Development, University of Leeds. j.Walley@leeds.ac.uk
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