

ABU TURAB KHAN TAHIRKHELI

CLINICAL PSYCHOLOGIST,
LECTURER, COUNSELOR
& RESEARCHER

CONTACT

Address

House No. 3 Ahmed Din Khan
Road Khwaja Nager Hassanabdal
District Attock.

Phone

0333-5569769

Email

abuturab092@gmail.com

SKILLS

Psychodiagnosis

Very Good

Assessment

Very Good

Counseling

Very Good

Psychotherapy

Very Good

Client Relationships

Very Good

Research

Very Good

Data Analysis

Very Good

Lecture Delivery

Very Good

"I am a passionate Clinical Psychologist and Teacher with a strong dedication towards changing lives and making this world a better place. I am committed towards promoting resilience, facilitating personal growth and empowering individuals to overcome challenges and yield positivity in their own and others' lives as well. I am inclined towards seeking new opportunities to make a positive impact on the lives of those who need it".

EDUCATION

Matriculation (Science)

2013

Pakistan Scouts Cadet College Batrasi Mansehra

Intermediate (Pre-Medical)

2015

Pakistan Scouts Cadet College Batrasi Mansehra

Bachelors (BS in Applied Psychology)

2016-2020

International Islamic University Islamabad

Masters (MS in Clinical Psychology)

2021-2023

Bahria University Islamabad E-8 Campus

EXPERIENCE

Lecturer of Psychology at National University of Modern Languages (NUML) Mirpur Campus

January 2025-Continued

- Course Instructor for Developmental Psychology, Cross Cultural Psychology and Introduction to Psychology.
- Research and Data Analysis Instructor.
- Counseling of Students.

Student Interaction

Excellent

Student Engagement

Very Good

Curriculum Design

Very Good

MS Word

Very Good

SPSS

Very Good

Process Macro

Very Good

Use of A/V Aids

Excellent

Event Management

Good

LANGUAGES

English

Very Good

Urdu

Excellent

Hindko

Excellent

AFFILIATIONS

Volunteer at Positive
Pakistan

Volunteer at Rahnumma
FPAP

Volunteer at Student
Advisor Office Islamabad

Volunteer at Pakistan Red
Crescent Society

**Visiting Lecturer at Institute of Professional
Psychology, Bahria University Islamabad H-11
Campus**

October 2024-January 2025

- Course Instructor for Neurological and Intellectual Assessment.
- Covered all Standardized and Globally used Assessment Tools.
- Regular Assessment of students to adjust lesson plan accordingly for optimal results.

**Regional Emotional Health Counselor at
Margalla Educational Institutes Rawalpindi**

August 2023-January 2025

- Counseling and Assessment of Students.
- Conducting Individual and Group Sessions for Students.
- Conducting Awareness and Trainings for Teachers and Parents.

**Intern Clinical Psychologist at Heavy Industries
Taxilla (HIT) Hospital Taxilla**

May 2023-July 2023

- Psychodiagnosis and Assessment of Patients.
- Counseling and Psychotherapy of Patients, their Family Members and Caregivers.

**Intern Clinical Psychologist at BASES (Behavior
and Special Education Services) Islamabad**

October 2022-January 2023

- Evaluation and Assessment of Children with Special Needs along with Formulation and Evaluation of Treatment Plans.
- Counseling of Parents.

**Intern Clinical Psychologist at IMC Nescom
Islamabad**

April 2022-September 2022

- Psychodiagnosis and Assessment of Patients.
- Counseling and Psychotherapy of Patients, their Family Members and Caregivers.

**Trainee Intern at PLG School of Behavior
Therapy Wah Cantt**

September 2019-December 2019

- Learning the Evaluation and Assessment of Children with Special Needs along with Formulation and Evaluation of Treatment Plans.

**Trainee Intern Psychologist at POF Hospital Wah
Cantt**

June 2019-July 2019

- Learning Psychodiagnosis and Assessment of Patients.
- Training and Teaching of Interns.

Research Work

Researcher, Data Analyst and Content Writer

June 2020-Continued

- Writing Blogs, Research Papers, Articles, Thesis, Critical Evaluations, Reports and Data Analysis.
- Taught Research and Data Analysis

Conference Participations

- Presentation of Research at 1st International Conference (ICIMI-2024) at Government College University Faisalabad on 16-10-2024.
- Poster Presentation at 3rd International Conference of Social Sciences at Rawalpindi Women University on 13-11-2024