

AMNA ASGHAR

amnaasghar171@gmail.com | 0316-5264025 | Rawalpindi, Pakistan

Summary

Passionate and dedicated Doctor of Physical Therapy (DPT) candidate with a strong foundation in patient care, therapeutic exercise, and rehabilitation techniques. Demonstrated ability to assess and treat a variety of musculoskeletal and neuromuscular conditions through hands-on academic training. Adept at developing individualized treatment plans to improve patient mobility, alleviate pain, and enhance overall physical function. Proven ability to work collaboratively within multidisciplinary teams to deliver high-quality patient care. Seeking to leverage skills and knowledge in a dynamic DPT internship to further enhance clinical expertise and contribute to patient health and well-being.

Education

Doctor of Physical Therapy

Riphah International University Islamabad | (5 Year completed)

Skills

- Patient assessment
- Therapeutic exercise prescription
- Manual therapy techniques
- Strong communication and interpersonal skills
- Team collaboration and multidisciplinary care

Certifications

- **Understanding Research Methods**
University of London · Coursera | **March 2024**
- **Trauma Emergencies and Car**
University of Colorado System · Coursera | March 2024
- **Diabetes – the Essential Facts**
University of Copenhagen · Coursera | June 2023
- **Vital Signs: Understanding What the Body Is Telling Us**
University of Pennsylvania · Coursera | May 2023
- **Hacking Exercise for Health. The surprising new science of fitness.**
McMaster University · Coursera | June 2022

- **Managing Your Health: The Role of Physical Therapy and Exercise**

University of Toronto · Coursera | April 2022

- **Anatomy: Cardiovascular, Respiratory and Urinary Systems**

University of Michigan · Course | January 2022

Experience

Student Physical Therapist at:

Railway General Hospital

- Conducted comprehensive patient assessments and developed individualized treatment plans.
- Implemented therapeutic exercises and manual therapy techniques to enhance patient recovery.
- Collaborated with a multidisciplinary team to ensure holistic patient care.

Riphah International Hospital

- Assisted in the treatment of patients with various musculoskeletal and neuromuscular conditions.
- Educated patients and families on home exercise programs and injury prevention.

Child Development Center (Rehabilitation center in Rawalpindi)

- Assisted in the treatment of patients with various neuromuscular conditions.
- Implemented therapeutic exercises and manual therapy techniques to enhance patient recovery.

Reference

Available upon request.