

MUHAMMAD ABUZAR

Nationality: Pakistani | Currently based in Surakarta, Indonesia

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Educational Profile

2023-	Master's in Psychology <i>University of Muhammadiyah Surakarta, Indonesia</i>	CGPA- 3.54/4	(Expected completion: July 2025)
2016-2020	Bachelor's in psychology <i>University of Malakand (UOM), Chakdara Dir (Lower) K.P, Pakistan</i>	Grade - 855/1200	
2022-2023	One-Year Indonesian Cultural and Language Studies (BIPA) <i>Muhammadiyah University of Surakarta, Indonesia</i>		
2021-2022	Diploma in information technology D.I.T <i>Government College of Management Sciences Thana Malakand, Pakistan.</i>		

Work And Internship Experience

Founder and President of the Association of Foreign Students (AFS)

University of Muhammadiyah Surakarta

Since April, 2024

- Led initiatives to support international students' academic, social, and cultural needs, fostering an inclusive campus community.

Member of the Conscientization Movement

Since September, 2022

- Conscientization movement is a youth development sector
- I work as a Counselor and deliver lectures on “Mental Health” to youth.

Counselor International school of Cordoba Dheri Alladhand *(May, 2021- September 2022)*

- As a counsellor

Internship at Community Mental health Center University of Malakand *(Dec, 2019 To August, 2020).*

- Conducted therapeutic session, case formulation and assessment and diagnosis of different disorders
- Uses and scoring of different psychological test.

Achievements

- Fully funded scholarship recipient for Master studies at Universitas Muhammadiyah Surakarta, Indonesia.
- Participated in the funded **ASEAN Students Mobility Program 2025, Malaysia**, focusing on sustainability, leadership, and regional collaboration.
- Participated in the funded **Eurasia Global Youth Forum 2024, Russia**, focusing on youth leadership, global collaboration, and cultural exchange.
- Have a valid **IELTS** Certificate

- Certified UPG Sustainability Leader by the Swiss NGO “United People Global”.
- Participated in the funded **World Youth Festival 2024, Russia**, focusing on global youth leadership, innovation, and cultural exchange.
- Member of the Australian & New Zealand Mental Health Association.
- Ranked among the top 3 students in the Bachelor's class at University of Malakand, Pakistan.
- Proficient in five languages. 1. English 2. Urdu 3. Indonesian 5. Hindi 4. Pashto

Research Publication

- 1 **“University Students' Trust in AI: Examining Reliance and Strategies for Critical Engagement”** M. Abuzar, Mahmudulhassan, Muthoifin (2025) *International Journal of Interactive Mobile Technologies (iJIM)*, 19(07), pp. 70–82. <https://doi.org/10.3991/ijim.v19i07.52875> (Q2)
- 2 **“Integrating Social Media into Educational Strategies: Examining the Impact of Social Media Usage on High School Students Academic Performance”** M Abuzar, S Hussain (2024) *International Journal of Research* 10 (4), 826-840. <https://doi.org/10.46328/ijres.3536>
- 3 **"The Role of Online Social Network Sites and Social Integration in Mitigating Homesickness among International Students"** M. Abuzar, L. Nuryanti (2024). *Pakistan Journal of Educational Research*. <https://pjer.org/index.php/pjer/article/view/1151>
- 4 **“Fostering Multicultural Community Harmony to Enhance Peace and Sustainable Development Goals (SDG’s)”** M Abuzar, I Afiyah, A Nirwana, G Setianto (2024) *Journal of Lifestyle and SDGs Review* 5 (1), e01687-e01687. <https://doi.org/10.47172/2965-730X.SDGsReview.v5.n01.pe01687> (Q3)
- 5 **“Self-Esteem Matters: Examining its Impact on Academic Achievement in the Context of Gender and Age Diversity in Higher Education”** M. Abuzar, E. Purwandari (2024). *Indonesian Journal of Social Research (IJSR)*, 6(2), 156-171. <https://doi.org/10.30997/ijsr.v6i2.473>
- 6 **"Exploring the Role of Hijab in Fostering Personal Security and Positive Body Image: A Cross-Cultural Analysis of Indonesian and Pakistani Women's Perspectives"** M. Abuzar, H. S. Mansoor (2024). *Journal of Indonesian Islam*, 18(1), 206-224. [10.15642/JIIS.2024.18.1.206-224](https://doi.org/10.15642/JIIS.2024.18.1.206-224) (Q1)
- 7 **"Exploring the Dynamics of Student Motivation and Behavior: A Qualitative Analysis of Influencing Factors and Effective Interventions"** M. Abuzar, S. U. A. Khondoker, O. Rahman (2024). *Solo Universal Journal of Islamic Education and Multiculturalism*, 2(03), 195-206. <https://doi.org/10.61455/sujiem.v2i03.202>

Research Conferences

- Asian-African Students Conference 2024** (Speaker)
University of Diponegoro, Indonesia | July 2024
- 2nd International Conference on Business, Education, Economics, Accounting, and Management** (Speaker)
Faculty of Economics, Universitas Negeri Jakarta | June 2024
- Annual International Conference on Islamic Studies (AICIS 2024): "Redefining the Roles of Religion in Addressing Human Crisis: Encountering Peace, Justice, and Human Rights Issues"** (Speaker)
UIN Walisongo Semarang, Indonesia | January 2024

The International Conference on Psychology and Interdisciplinary Behavioral Studies (ICP-IBS)
Faculty of Psychology University of Pancasila | 2022 (Participant)

Short/Summer Courses and Certification

USU Spirit Summer Course 2024: "Promoting Physical Activity and Diet in Triple Burden Diseases in Asia: New Insight" | *University of Sumatera Utara* | August 2024

UI CREATES 2024: "Occupational Safety" Summer Course | *University of Indonesia* | June 2024

Article Review Short Course: on Academic Writing - Training Exposure and Publishing | *UIN Sunan Ampel Surabaya* | March 2024

Data Analysis Using Python | 1-month online course | *IBM* | December 2022

The Addicted Brain | 1-month online course | *Emory University* | January 2022

Psychological First Aid | 1-month online course | *Johns Hopkins University* | December 2021

Trainings, projects and Certification

Delivered a Lecture on "The Role of Academic Resilience and Self-Regulated Learning in Education" | *University of Muhammadiyah Jember, Indonesia* | May 2024

Workshop on "Treatment and Intervention of Preschool-Age Children in Cases of Developmental Language Disorder" | *Poltekkes Kemenkes Surakarta* | September 2023

Delivered a Lecture on "Skills We Need to See the Wider World" | *OPPK MAN 1 Surakarta, Indonesia* | August 2023

Delivered a Lecture on "Character and Discipline" | *Al Firdaus World Class Islamic School, Surakarta, Indonesia* | June 2023

Delivered a Lecture on "Bullying in School Environment" | *SMP School 11 Muhammadiyah Kedawung, Indonesia* | December 2022

Basic Data Handling Using SPSS Training Workshop | *University of Malakand, Pakistan* | August 2020

Mental Health Effects of COVID-19 Pandemic Webinar | *Harvard Medical School* | July 2020

Skills

- Quantitative & Qualitative Data Analysis
- Proficient in SPSS and basic R (independent analysis)
- 50 words p/m typing speed
- Academic Writing & Conference Presentation
- Survey Design & Interview Technique