

MUHAMMAD JUNAID



Opposite to PTDC Hotel Hamid
Garh Road Khargroung District
Skardu Gilgit Baltistan, Pakistan

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Sex: Male

Date of Birth: 30 Oct 1996

Nationality: Pakistani

OBJECTIVE



My goal is to pursue a "Masters (Research)" in the scope of Sport Sciences studies in a challenging environment where I can utilize my education and acquired skills. I want to enhance my methods and researches for the contribution in Sport Sciences and betterment of the society, my research in Sport Sciences has the potential to make a meaningful impact on society by improving the quality, and sustainability of our sport and physical education.

RESEARCH INTEREST



- Sports Medicine, Sports psychology
- Track and Field
- Anatomy and physiology
- Biomechanics in sports
- Theories of games
- Science of movement
- Physiology of physical education and recreation
- Indoor, outdoor games, Gymnastics, Throws, Race and long jump
- Futsal and Athletics

Publication And Book



- **Author and First Writer of the very first Sports History Book of Gilgit Baltistan “Sports History of Gilgit Baltistan”**

EDUCATION



Degree Master of Arts (English Linguistics and Literature)
Session 2019-2021
CGPA 2.79/4
University University of Baltistan, Skardu



Degree Master of Arts (Physical Education and Sports Science)
Session 2022-2024
University Islamia University Bahawalpur, Pakistan



Degree Bachelor of Arts
Session 2017-2018
Grade A
University Karakoram International University Gilgit Baltistan

CERTIFICATIONS



- FIFA , AFC and PFF (Pakistan Football Federation) certified and trained Futsal Referee



- Certified and trained Goalkeeper Coach by PFF (Pakistan Football Federation)



- Attended the course of Nutrition and Anti-doping course 2024 organized by Pakistan Sports Board with the collaboration of Pakistan Students Olympic Association on January 2024



- Perform the duties of Futsal Referee in Liga Smurfia league Islamabad addition organized by Pakistan Football Federation



- Participated in World Rugby Course with Get into Rugby Pakistan and earned a certificate



- INDEPENDENCE DAY Award winner from Asian Union of Sports and Pakistan Traditional sports and games for my contribution to sports and efforts for sports in Skardu Gilgit Baltistan



- Successfully demonstrated proficient comprehension in the level 1 course of CERTIFIED FITNESS TRAINER at Fitness Academy affiliated with (IFCA FITNESS)

WORK & Teaching EXPERIENCE



Sports coordinator at The Educators Skardu Campus

- I worked as a Sports coordinator at The Educators Skardu Campus



Head Football Coach of Ibex Youth Football Community

- During this period I gained hands on practical experience in various aspects of Sports which are useful for my personal strength and skills as my professional career in Sports and Physical research



Head Goalkeeper Coach at Ashufta football Academy

- I am the head goalkeeper coach at Ashufta Football Academy, where I instruct kids in football fundamentals and instill sportsmanship while involving them in real-life situations.



- Sport Coordinator at International Islamic university, Schools F/10 & G/10 Campuses Islamabad



- Sports Coach & Instructor at OPF Girls College F-11/2, Islamabad