



Aimen Khan

📍 **Home** : Askari 14 , Rawalpindi, Pakistan, 46600, Rawalpindi, Pakistan

✉ **Email**: miss.aimenkhan@gmail.com 📞 **Phone**: (+92) 03335886382

Work permit: Pakistani **Date of birth**: 06/07/1998 **Place of birth**: Rawalpindi, Pakistan
Nationality: Pakistani

ABOUT ME

I am a dedicated and compassionate Doctor of Physiotherapy with strong clinical experience and a passion for teaching. I also have over five years of experience as a freelance online teacher, delivering effective lessons to diverse learners. I am committed to continuous growth, clear communication, and creating a positive impact in both healthcare and education.

WORK EXPERIENCE

Fauji Foundation Hospital

City: rawalpindi | **Country**: Pakistan

[01/01/2023 – 31/10/2023] **House Officer Physiotherapist**

Fauji Foundation Hospital

City: Rawalpindi | **Country**: Pakistan

[03/08/2021 – 13/09/2021] **Inter Physiotherapist**

Freelance

[01/01/2018 – Current] **Online Biology Teacher**

EDUCATION AND TRAINING

[01/09/2017 – 01/09/2022] **Doctor of Physiotherapy**

University Of Lahore <https://uol.edu.pk/>

City: Islamabad | **Country**: Pakistan | **Final grade**: 3.56 CGPA

[01/07/2015 – 22/12/2017] **Higher Secondary (Pre- Medical)**

Punjab Group Of Colleges <https://pgc.edu/>

City: Rawalpindi | **Final grade**: A

[01/03/2012 – 05/12/2014] **Secondary School (Science)**

Federal Board Of Intermediate And Secondary Education

City: Rawalpindi | **Country**: Pakistan | **Final grade**: A1

PUBLICATIONS

[2025]

[Comparative Study on the Effects of K-Taping and Manual Mobilization on Cervical ROM Pain and Muscle Strength in Patients with Non-Specific Neck Pain](#)

VOLUNTEERING

[20/12/2022] **Free Medical Camp** Islamabad

Organized by Volunteers Power Pakistan

[11/10/2018] **Arthritis Awareness Walk** Islamabad

Organized by Young Physiotherapy Association

[03/10/2020] **Free Medical Camp** Islamabad

Organized by Young Physiotherapy Association

AWARDS AND CERTIFICATIONS

Heath and Care Professional Council (uk)

Registration number: PH143630

[01/07/2023 – 30/05/2026] **Pakistan Physiotherapy Association (PPTA) Certificate Of Membership**

[01/07/2023 – 30/05/2026] **Pakistan Physiotherapy Association (PPTA) Good Standing Certificate**

SKILLS

Language Skills

English level B2 proficiency | Mother Tongue: Pashto | Other Languages: Urdu/ Hindi

Professional Skills

sports therapy | Muskuloskeletal, neurological and cardiopulmonary assessment | Manual Therapy techniques | teaching | Electrotherapy and Therapeutic modalities | Post-Operative Rehabilitation | Cupping Therapy/ Dry Needling/ Lymphatic drainage massage

Organizational Skills

Team collaboration in multidisciplinary settings | Efficient Management and creativity | Excellent Communication and Team work skills

Computer Skills

Microsoft word, Powerpoint, Excel | Familiarity with Electronic health record systems (EHR) | Google Workspace | SPSS / IBM SPSS Statistics (for research/data analysis) | PDF editing and Document Management

LANGUAGE SKILLS

Mother tongue(s): pashto **Other language(s):** Urdu , English