

Aimen Sultana

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[LinkedIn profile](#)

Education

International Islamic University Islamabad
BS International Relations

Skills

- Strategic Planning
- Team Building
- Problem Solving
- Analytical Thinking
- Excellent listener
- Friendly, courteous, and service oriented

Work Experience

Teacher

The Heights School

Dec 2024 -Present

- In The Heights School, I had the chance to gain useful experience in teaching science lessons that are engaging to the curriculum at many grades 2,3 and 4. Classroom management skills and hands-on experiments fostered my critical thinking skills. While working together with colleagues, I contributed to interdisciplinary projects and modified the teaching approach to meet the many different needs of students, thus enhancing my general knowledge and communication skills.

Social Media Manager and Content Writer

Techsol Labs

June 2024 -Oct 2024

- At Techsol Labs, I was assigned with practical work on the company's social media accounts across various platforms. I developed content and execution strategies to enhance engagement. The position enriched my skills in digital marketing, content creation and storytelling similarly it groomed me to work under deadlines with online business teams.

Social Media Manager

Seena Immigration

June 2024 -Oct 2024

Social Media Manager

Seena Business Advisory

June 2024 -Oct 2024

Intern

Inter Services Public Relations (ISPR), GHQ, Rawalpindi.

July 2023-Aug 2023

- Being an intern at ISPR has given me professional opportunities to build analytical and research skills through projects on strategic communication. I have performed data analyses covering defense and media-related subjects. Through this internship role, I developed a better understanding of the principles of national security and public perception. I had also acquired professional and confidential experience working with sensitive information.

Certifications

- Received a certificate from ICMC College Rawalpindi by the completion of solar project and presentation.
- Received the certificate of completion for completing the leadership and communication coursework virtually conducted by the Women2Women Pakistan in collaboration with Women2Women America
- Received a certificate of appreciation for participating in the webinar “Climate Crisis Unveiled: Exploring Impacts and Solutions” organized by Youth Council of Pakistan.
- Certificate of membership of Skills4U, an education-based training organization.
- Course completion certificate on Humanitarian approaches to nuclear disarmament by UNODA
- Course completion certificate on Human Rights by Amnesty International.
- Certificate of participation in protecting and empowering youth for a disaster free future webinar by Volunteers4cause.

Publications

- Israel Palestine Conflict: A Revival of Realism
- Bali and Terrorism: A Dangerous Combination

Languages

- English
- Urdu
- Punjabi

Hobbies

- Drawing
- Social Media User
- Article Writing
- Book Reading

Membership and Associations

Skills4U, an education-based training organization

Amnesty International