

Ansha Ishtiaq

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EDUCATION

Fatima Jinnah Women University

M.Phil in Sociology

CGPA/Grade: 3.32

November 2021 – November 2023

Fatima Jinnah Women University

Bachelors in Gender Studies

CGPA/Grade: 2.80

September 2015 – July 2019

EXPERIENCE

Rawal Law Firm (2018)

Intern

Rawalpindi, Pakistan

June 2018-August 2018

- Studied cases and drew up reports.
- Assisted junior associates with filing and organizing.
- Replied to emails and drew up reports.

1st International Virtual Summit on Medical Sociology and Public Health

Rapporteur

FJWU, Rawalpindi

December 2021

- Wrote session reports.
- Active note taking of sessions.

Student Medical Camp

Data Entry Operator

FJWU, Rawalpindi

December 2021- April 2022

- Organized all data forms.
- Entered data on an online portal.

Islamabad College of Management & Commerce

Coordinator

Rawalpindi, Pakistan

October 2023-January 2025

- Managed administrative tasks.
- Record keeping and documentation.
- Scheduling time table.
- Provided facilitation to faculty and students.

PROJECTS

Gendering amongst Primary School Students and their Curriculum, FJWU (2016).

Reproductive Health, Personal Hygiene and Menstruation, British Council (2016-2017).

Impact of Social Media on University Students, Mini Thesis, FJWU (2017).

Boys Can Be, Rozan (2019).

A Gender Comparison of Self-Compassion and Body Image among Late Adolescents, Thesis, FJWU (2019).

The Role of Self-compassion in Job Seeking Prospects and Challenges among University Graduates (2023).

SKILLS & PERSONAL

Expertise: Communication Skills, Organization and Management Skills, Report Writing, Research Skills.

IT: Microsoft Office (Word, Excel, PowerPoint), SPSS, ATLAS.ti

Languages: Urdu (Native) and English (Fluent)