

Umar Khan

Date of birth: 16/03/1991 | **Nationality:** Pakistani | **Phone number:** (+92) 3369270986 (Mobile) | **Email address:**

umair.gdp@gmail.com | **Website:** <https://orcid.org/0009-0001-5386-481X> |

Address: FAST University, 3 A.K. Brohi Road, H-11/4, Islamabad, 44000, Islamabad, Pakistan (Work)

ABOUT ME

Esteemed researcher and Trainer with expertise in Project Management, Leadership, Sustainability, and Artificial Intelligence. Skilled in hybrid methodologies, sustainability, and mentoring, with a focus on innovation and driving impactful organizational outcomes.

RESEARCH INTERESTS

Areas

Leadership.
Employee Well Being
Sustainability and Artificial Intelligence.
Strategic Management and Organizational Behavior.
Project management methodologies.

EDUCATION AND TRAINING

24/07/2022 – 01/03/2024 Islamabad, Pakistan
M.S PROJECT MANAGEMENT Riphah International University

Website <https://riphah.edu.pk/> | **Field of study** Management Sciences | **Final grade** 3.75 CGPA | **Level in EQF** EQF level 7 |

Type of credits ECTS | **Number of credits** 144 |

Thesis Optimizing Project Management Strategies: A Comparative Study of Traditional and Agile Approaches in Enhancing Project Performance

16/12/2008 – 04/11/2013 Peshawar, Pakistan
BACHELORS IN CIVIL ENGINEERING CECOS University

Website <https://cecos.edu.pk/> | **Field of study** Engineering, manufacturing and construction | **Level in EQF** EQF level 6 | **Type of credits** ECTS |

Number of credits 240 | **Thesis** Making of high-strength concrete through adding admixture.

RESEARCH EXPERIENCE

12/02/2025 – CURRENT
Research Assistant, Fast National University, Islamabad

Conduct literature reviews, data collection and perform analysis on models related to Sustainability, Green Organizational Behavior, Strategic management, and Artificial intelligence.
Conduct writing and plan to Co-author papers for submission to peer-reviewed journals, aiming to present findings at academic and industry conferences.
Collaborate with partners to develop Public, Private, and HEC grant proposals, disseminate findings, and support research paper publications.

Publication (Under-Review)

Khan, U. A., & Shafi, M. Q. (2025). Hybrid project management and its effects on project performance. International Journal of Organization Theory & Behavior.
Accepted with minor revisions; all requested changes have been made and the manuscript has been resubmitted for publication.

Manuscripts in Preparation

As First Author;
Artificial Intelligence and Mental Well-Being: Examining the Psychological Impact of AI-Driven Organizational Change.” Manuscript in preparation (target journal: Q1).
As Co-Author;
Green Transformational Leadership, Green Self-Efficacy, Green Commitment, and Religiosity: Their Combined Effects on Employee Workplace Green Behavior.” Manuscript in preparation (target journal: Q2, Q3).

Master’s Research – Riphah International University

Focus: Hybrid Project Management (HPM) and Team Work Quality.

Methodology: Quantitative research, SPSS statistical analysis.

Literature Review: Traditional and Agile Project Management, Teamwork dynamics, Project Performance metrics.

CERTIFICATIONS

How to write a research paper

How to Write a Research Paper (Coursera course authorized by the Higher Education Commission of Pakistan) – Completed June 24, 2025.

06/06/2025 – 16/07/2025

Research Methodology Webinars (10 contact hours total), Center for Learning & Teaching (CLT), Forman Christian College, 2025

Completed a series of 10 research methodology webinars spanning quantitative and qualitative methods, SPSS analysis, Mendeley reference management, research ethics, advanced literature review techniques, and more.
Received a certificate of participation for each session.

SKILLS

IBM Statistical package for Sciences (SPSS) | Smart-PLS | SPSS, AMOS | Microsoft Office | ARTIFICIAL INTELLIGENCE | Mendeley; literature and citation management

WORK EXPERIENCE

FAST NATIONAL UNIVERSITY OF COMPUTER AND EMERGING SCIENCES, SCHOOL OF MANAGEMENT, ISLAMABAD CAMPUS – ISLAMABAD, PAKISTAN

RESEARCH ASSISTANT IN UNIVERSITY – 12/02/2025 – CURRENT

FATIMA JINNAH WOMEN UNIVERSITY (F.J.W.U) CHAKRI CAMPUS – RAWALPINDI, PAKISTAN

VISITING LECTURER – 23/09/2024 – 24/01/2025

Teaching Entrepreneurship to undergraduate students in Bio-Informatics and Bio-Technology programs.

1. Mentoring students at the F.J.W.U Business Incubation Center, providing guidance on developing innovative business ideas and start-up models.
2. Assisting students in identifying potential investors, and facilitating investment opportunities from university funds to support student-led ventures.
3. Collaborating with faculty to integrate entrepreneurship concepts into scientific research, fostering interdisciplinary innovation.

PAKISTAN INSTITUTE OF TRADE & DEVELOPMENT (PITAD) AND TRADING CORPORATION OF PAKISTAN (TCP) – ISLAMABAD, PAKISTAN

TRAINER – 16/10/2024 – CURRENT

Developed and presented basic to advanced-level training content to Civil Services Officers and Public Service Officers at PITAD and TCP, Ministry of Commerce.

Delivered workshops on;

1. Supply Chain Management, Procurement Processes, PPRA Rules, Inventory Management, Negotiation tactics, office management, HR management, Vendor Management, Customer service & relations, and quality management.
2. Adapted training methodologies to diverse audiences, ensuring clarity, engagement, and practical learning outcomes.
3. Conducted awareness sessions on preventing and addressing workplace harassment, with a focus on women's rights and creating safe workspace.

ENGINEER UMAIR CONSTRUCTION COMPANY – DERA ISMAIL KHAN, PAKISTAN

MANAGING DIRECTOR – 01/12/2020 – 30/12/2023

Responsibilities:

1. Oversaw supply chain management operations, including procurement, bidding processes, vendor negotiations, and tender-winning strategies, ensuring timely and cost-effective project execution.
2. Implemented positive leadership styles, enhancing team performance and fostering a collaborative organizational culture.
3. Developed strategic management plans, incorporating detailed procurement schedules and resource allocation to improve project efficiency and financial outcomes.
4. Integrated sustainability practices into project planning, promoting corporate social responsibility and Eco-friendly construction methods.

GOVERNMENT CONTRACTOR ALLAUDDIN KHAN & SONS CONSTRUCTION – MULTIPLE (D I KHAN, SWAT, MARDAN, AND ISLAMABAD), PAKISTAN

SITE ENGINEER – 01/01/2017 – 01/12/2020

Responsibilities:

1. Optimized resource allocation and logistics, demonstrating supply chain management skills.

2. Oversaw bidding processes, procurement activities, vendor selection, and contract finalization to ensure cost-effective and timely project execution.
3. Prepared comprehensive progress reports, developing data analysis and presentation skills.
4. Implemented sustainable construction practices, aligning with corporate social responsibility goals.
5. Facilitated communication between stakeholders, honing skills in organizational communication.

ALFANAR CONSTRUCTION COMPANY – RIYADH, SAUDI ARABIA

ASSISTANT QA/QC – 15/12/2015 – 06/12/2016

Responsibilities:

1. Designed quality assurance programs, demonstrating a systematic approach to performance improvement.
2. Worked on projects at PP13 Dhurma, Riyadh, and Khobar, collaborating with ARAMCO and Worley Parsons on oil and gas power plant construction, ensuring compliance with international quality standards.
3. Implemented innovative inspection methodologies and oversaw supply chain assurance, ensuring the timely procurement and quality compliance of materials and resources.
4. Collaborated in an international setting, gaining insights into cross-cultural management practices.
5. Coordinated with diverse teams, enhancing leadership skills in a multinational corporate environment.

GOVERNMENT CONTRACTOR ALLAUDDIN KHAN & SONS CONSTRUCTION COMPANY – DERA ISMAIL KHAN, KULACHI, PAKISTAN

SITE ENGINEER – 10/07/2013 – 15/12/2015

Responsibilities:

1. Managed procurement processes, including vendor selection, material sourcing, and contract negotiations, ensuring timely delivery of resources within budget.
2. Oversaw supply chain operations, optimizing logistics and resource allocation to meet project timelines and minimize costs.
3. Conducted regular stakeholder meetings to address procurement challenges, enhance communication, and ensure alignment with project goals.
4. Utilized business analytics for decision-making in procurement planning, inventory management, and risk mitigation.

LANGUAGE SKILLS

Mother tongue(s): **PASHTO**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	C1	C1	C1
URDU	C2	C2	C2	C2	C2
PANJABI; PUNJABI	B2	A2	B2	B2	A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

RECOMMENDATIONS

Mr. Usman Zafar Chaudhry Research Supervisor

Mr. Usman Zafar Chaudhry, Assistant Professor and Co-Principal Investigator at FAST National University, has supervised my research and can attest to my research excellence.

Email usman.chaudhry@nu.edu.pk | Phone (+92) 3225390096

Dr. Ashiq Ali Thesis Supervisor

Dr. Ashiq Ali – Assistant Professor & Assistant Dean ORIC, Riphah International University. Supervised thesis proposal and initial defense.

Email ashiq.ali@riphah.edu.pk | Phone (+92) 3139715246

Dr, Naeem Ahmed Tahir Thesis Supervisor

Dr. Naeem Ahmed Tahir, Assistant Professor at Riphah School of Leadership, can attest to my academic excellence, research capabilities, and dedication to advancing project management and leadership studies.

Email Naeem.ahmed@riphah.edu.pk