

FARIA TARIQ

🏠 BAHRIA TOWN, SAFARI VALLEY, PHASE-VIII

RAWALPINDI

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OBJECTIVE

An enthusiastic and dedicated teacher with eight years of experience in teaching, clinical psychologist and special educator ability to create positive learning environment by delivering effective teaching methods for the students while, inspiring the students to increase their knowledge and understanding. Proven ability to address academic, emotional, and developmental needs through individualized strategies. Experienced in working collaboratively with parents, teachers, and multidisciplinary teams. Committed to fostering inclusive, supportive environments that promote both learning and mental well-being.



Professional EXPERIENCE

TEACHER:

- JINNAH PUBLIC MODEL SECONDARY SCHOOL
- ST. ANDREW'S SECONDARY SCHOOL
- GOVERNMENT GIRLS SECONDARY SCHOOL FOR GIRLS BY CARE FOUNDATION
- Paramount School System
- Checked online federal board papers of classes 9 and 10 of subject English

Experience as a Clinical Psychologist

- Worked as a Clinical Psychologist at Brain and Mind diagnostic and rehabilitation centre
- Worked as a Clinical Psychologist at Murtaza Medical complex
- Worked online as a Counsellor at Umang

Experience as a Special Educator and a Therapist:

- Behaviour Therapist at ZEE Autism Health and Education Centre
- Teacher at Special Children's Educational Institute
- Academic and sensory therapist at Healthy Minds clinic

AIMS:

- DEVELOPED AND IMPLEMENTED THE LESSON PLANS

- PROVIDED INDIVIDUALIZED INSTRUCTIONS TO MEET DIVERSE LEARNING NEEDS
- DESIGNED AND GRADED EXAMS, ASSIGNMENTS AND PROJECTS
- CONDUCTED GROUP ACTIVITIES IN THE CLASS
- COLLABORATED WITH COLLEAGUES TO ENHANCE CURRICULUM AND INSTRUCTIONAL STRATEGIES



EDUCATION

MASTER OF SCIENCE | Fauji Foundation University, Rawalpindi Campus | 2017 - 2019

Clinical Psychology

BACHELOR OF SCIENCE | Bahria University, Karachi Campus | 2009 - 2013 Psychology

INTERMEDIATE | DA Degree College For Women, Karachi | 2006 - 2008

Pre-Medical

MATRICULATION | Aisha Bawany School, Karachi | 2004 - 2006

SCIENCE



COMPETENCES

- Patience ☐ Collaboration
- Tolerance ☐ Flexibility
- Creative ☐ Good communication skills
- Effective Decision making ☐ Organization and Planning



EXTRACURRICULAR ACTIVITIES

- Training Session at Eck Govt Boys higher Secondary School at Gizri Zamzama on Self Motivation
- Developed fund raising strategies at Dar-ul-Sukoon.



WORKSHOPS AND SEMINARS

- One day workshop on Dialectic behavior therapy organized by department of psychology at NUML University Islamabad.
- One day workshop on CBT for anxiety and depression by AFIMH.
- One day workshop on statistical package for social sciences (SPSS) by creative business and social research.
- Workshop of 2nd continuous professional development (CPD) for mental health professionals on neurofeedback therapy (NFT) for a range of psychiatric disorder by department of psychology IIUI, Islamabad
- One day workshop of Art therapy by AFIRM Rawalpindi.



REFERNCES

Will be furnished on demand.

