

Muhammad Farghab

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Career Objectives:

I am a talented, ambitious and hardworking individual, with skills and experience in social sciences. Furthermore, I am adept at handling multiple tasks on a daily basis competently and at working well under pressure. A key strength is communication; building strong relationships with people in order to deliver best results.

Qualification:

BS Sports Science and Physical Education (Sarhad University Comwave Institute Islamabad)

(In progress)

JDPE (Junior Diploma of Physical Education) (Sarhad University Comwave Institute Islamabad).

(Sept-2020– Sept-2021)

Intermediate: F.A (FBISE)

(2017-2019)

Matriculation: (FBISE)

(2015-2017)

Work Experience:

- **Professional Cricket Scorer** (2017- Present)
- **Sports Coach At PSEA** (Pakistan Sports Education Academy) (January 2022 – April 2022)
- **Physical Training Instructor At IMCB I-8/3 Islamabad** (August 2023 – Present)

Workshops Attended:

- Traditional Sports Seminar at Pakistan Sports Complex Islamabad on **23rd April, 2018**
- Women Empowerment Through Self Defense on **1st November, 2020**

Expertise:

Microsoft Office (MS word, MS PowerPoint, MS Excel)

Courses:

- 1st Star Catch Under 14 Boxing Tournament at IMCB F-8/4 on **31st Jan, 2013**
- Basic Computer Course
- Spoken English
- Horse Riding
- Swimming
- Taekwondo
- Coaching / Officiating Course by Pakistan Sports Board **2023**
- The Refresher Coaching Course at PSB Coaching Center Lahore on **17th - 19th May, 2023**
- SKY Instructor's Course **2024**

Hobbies:

- Sports
- Traveling
- Exploring new ideas

Languages:

- English
- Urdu
- Punjabi