

Muhammad Nadeem Anwar

Vehari, Punjab • +923327161505 • nadeemanwar32@yahoo.com

Personal Information: D. O. B– 4/4/1991 • Single

Temporary Address: OPF Boys College H/8,4 Islamabad

Permanent Address: Danewal Town, Vehari



Accomplished Physical Instructor with solid background in delivering physical education and organizing sports events at college and school level. Proficient in identifying students' health conditions and developing appropriate activities to improve students' wellbeing.

- Operations Management
- Health & Safety
- Event Organisation
- Administrative Support
- Leadership & Training
- Relationship Building

Experience

Physical Training Instructor, Continued from 20 September 2021

OPF Boys College H-8/4 Islamabad (A project of Overseas Pakistanis Foundation)

Physical Instructor, 13 August 2018 to 14 November 2019

Bahria College (Project of Pak Navy), Naval Complex, Lahore

- Planned day-to-day sports activities for designated classes, ensuring wellbeing of all students.
- Coached students participating in sports events and maintain learning environment by promoting healthy competition among the students.
- Implemented health and safety standards to avoid injuries, providing first aid to students in case of injury/bruises.

Director Physical Education, 16 January 2017 to 31 July 2018

Dr. AQ Khan School & College (A Project of Bahria Town), Islamabad

- Developed and delivered sports programmes based on students' needs to ensure wellbeing of the students.
- Collaborated with the teaching staff to identify health issues in students and plan sports activities.
- Supervised sports events and day-to-day activities and delivered training.
- Set sports day with detailed event planning to promote healthy activities among the students.
-

Previous Experience

Physical Education Lecturer, 5 January 2015 to 8 December 2016

Askari Education College, Burewala

Continued...

Physical Training Instructor, 4 June 2014 to 2 March 2016

Educators School (A Project of Becaconhouse), Vehari

Prior experience with Punjab Youth Sports Festival for three months.

Education and Credentials

M.A in Physical Education, GCU Faisalabad, 2015

Major: Rules of Games, Track, and Field

Coursework: Anatomy, Sports Medicine, Bio Mechanics in Sports Sciences, Measurement and Evaluation in Sports Sciences, Sports Psychology, Methodology Of Research, Track And Field, Rules And Games, Leadership.

Bachelor (Arts), Govt. Degree College Vehari, BZU Multan, 2012

Coursework: English Language, Health and Physical Education, Islamic Studies/Ethics, Education, Pak Studies, Arabic.

Intermediate (Commerce), Govt. College of commerce, Vehari, 2010

Coursework: Financial Accounting, Business I.T, Business Math and Stat., Introduction to Business, Principles of Commerce, Banking

Matriculation (Science) Govt. Model High School, Vehari 2007

Coursework: Physics, Chemistry, Mathematics, Electrical Wiring.

Certifications: Certificate of First Aid | Certificate of Fire Fighting

Computer related skills: Microsoft Office Tools (MS Word, Excel, and Power Point) | Internet Surfing and Browsing.

Co-curricular Activities

Participation in the “1st Euro Pak International Conference on Sports Sciences & Physical Education” (Sports and Sports Science; Reshaping Life, Islamabad, October 8/2017

Member, Hockey team of Govt. College of commerce, Vehari, **Inter School** Hockey Championship Winner

Player, Danawal Hockey Club Vehari, (Joined the event of Nishan-e-Haider, Bahawalpur)

Participation, In youth Festival 2012, 2013, and 2014 as Hockey Player

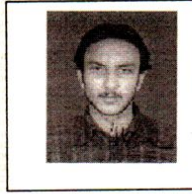
South Punjab TEVTA Board Championship Winner.

Academy Member, PHF. **Participation** in BZU Hockey Team, Pakistan Scout Boy

Interests

Reading Books and Newspaper, Surfing Web Portals, Listening Music, Tourism, Playing Hockey.

No. SS. 329700



Roll No. 110933

Reg. No. 2004VR50110194

BOARD OF INTERMEDIATE AND SECONDARY EDUCATION, MULTAN.

Secondary School Certificate,

ANNUAL EXAMINATION, 2007, SCIENCE GROUP

Certified that MUHAMMAD NADEEM ANWAR
Son/Daughter of MUHAMMAD ANWAR
School/District VEHARI
Date of Birth 04-04-1991 (FOURTH APRIL Nineteen NINETY ONE) has passed BY PARTS the Secondary School Certificate Examination as a PRIVATE candidate.

DETAIL OF MARKS

Sr. No.	SUBJECTS	MARKS	
		Maximum	Obtained
1.	Urdu	150	63
2.	English	150	51
3.	Islamiyat	75	33
4.	Pakistan Studies	75	33
5.	Mathematics	150	65
6.	Physics	150	67
7.	Chemistry	150	68
8.	Electrical Wiring	150	114
TOTAL MARKS (In figures)		1050	494

FOUR HUNDRED AND NINETY FOUR

(In Words)

Internal Grade

X

External Grade

D

Multan, Dated, the 1st AUGUST, 2007.

SECRETARY

S.No. 211229



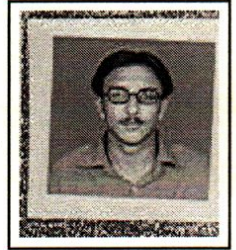
Punjab Board of Technical Education Lahore

First Annual Examination, 2010

Certified that MUHAMMAD NADEEM ANWAR
 son/daughter of MUHAMMAD ANWAR
 Registration No 107-1197-08403 of the
GOVERNMENT COLLEGE OF COMMERCE, VEHARI

has satisfactorily completed the TWO YEAR Programme of Instructions in
DIPLOMA IN COMMERCE

and has passed the Examination By Parts securing 628 marks
 out of 1200 and has been placed in "C" Grade



In recognition thereof this

Diploma in Commerce

is awarded at Lahore on the December 28, 2010



Secretary

Serial No: 086612

Registration No: 2010-GI-272

Roll No: 7385

BAHAUDDIN ZAKARIYA UNIVERSITY MULTAN-PAKISTAN



SESSION 2012

THIS IS TO CERTIFY THAT

MUHAMMAD NADEEM ANWAR

Son of

MUHAMMAD ANWAR

of GOVERNMENT COLLEGE VEHARI (LATE COLLEGE STUDENT)

has passed the Supplementary ~~Annual~~ Examination of the academic session held in Oct -Nov ,2012 securing 429 /800 marks and has been placed in SECOND Division.

Having fulfilled the requirements he has been admitted to the degree of

BACHELOR OF ARTS

in this University.

The examination was taken by parts


Controller of Examinations


Chancellor

Multan,

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Government College University

Faisalabad, Pakistan



*On the recommendations of the Faculty,
by virtue of the authority vested in it,
the University confers upon*

**Muhammad Nadeem Anwar
Son/Daughter of
Muhammad Anwar**

the degree of
**Master of Arts
Physical Education
2015**

with all the rights, honours and privileges pertaining thereof,

He/She was placed in First Division and obtained 627/1000 marks



Controller of Examinations

Vice Chancellor

Chancellor

Serial # **062507**

Date **February 9, 2016**

2013-GCUF-32779
Reg. #

Under Section 23-Pakistan Citizenship Rules

No. 1619-11/VR

APPENDIX-XIV

Dated: 8-3-2011

FORM 'P-1'

The Pakistan Citizenship Act, 1951 (II OF 1951)

and the rules made there under or (vide rule 23)

CERTIFICATE OF DOMICILE

Whereas MUHAMMAD NADEEM ANWAR S/O MUHAMMAD ANWAR

has applied for the grant of a certificate of domicile under the Pakistan Citizenship Act, 1951 (II of 1951), alleging with respect to himself / herself the particulars set out below and has satisfied the undersigned that the conditions laid down in Section 17 of the said Act for the grant of a Certificate of Domicile are fulfilled in the said

MUHAMMAD NADEEM ANWAR case.

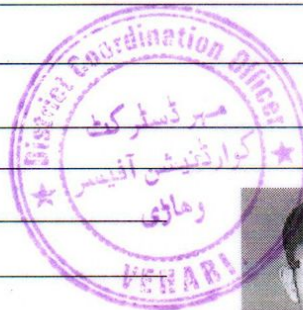
NOW, Therefore, in pursuance of the powers conferred by the said Act and the rules made there under, the undersigned thereby grants to the said MUHAMMAD NADEEM ANWAR this Certificate of Domicile.

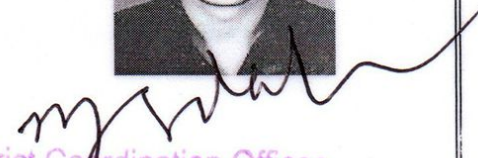
In Witness whereof, I have hereto subscribed my name this day of 8-3-2011


For District Coordination Officer
for District Coordination Officer,
Vehari

FULL PARTICULARS RELATING TO THE APPLICANT

Full Name MUHAMMAD NADEEM ANWAR
S/O MUHAMMAD ANWAR
Address in Pakistan DANEWAL TOW, HOUSE NO. 70 O-BLOCK, VEHARI
Place of Domicile VEHARI
(Domicile) Tehsil Vehari District Vehari Prov/Admn: PUNJAB
Date of Arrival in Place of Domicile SINCE BIRTH
Married/Single/Widow/Widower Single
Name of Wife or Husband N/A
Name of Children and their Ages N/A
Trade or Occupation STUDENT
Mark of Identification NIL




For District Coordination Officer,
Vehari



OPF BOYS COLLEGE ISLAMABAD

No. OPF/BC/Admn-1/SCT
09th April, 2025

EXPERIENCE CERTIFICATE

This is to certify that Mr. Muhammad Nadeem Anwar (Emp # 46260) holding CNIC # 36603-3525511-3 is working as Physical Training Instructor (P.T.I) at OPF Boys College, H-8/4, Islamabad, a project of Overseas Pakistanis Foundation. He has been working in this college since 20-09-2021.

He showcased remarkable responsibility and dedication in all his duties. He was always prepared and managed his responsibilities with utmost professionalism.

As a Principal, I highly recommend him for any position that seeks to benefit from his extensive knowledge, skills, and expertise

Overseas Pakistanis Foundation


Dr. Javed Iqbal
Principal (AC)



BAHRIA COLLEGE LAHORE

Naval Complex Walton

Askari V, Gulberg-III, Lahore.

Tel: 042 - 66960431, 66960435

E-mail: bahriacollegelhr@yahoo.com

bahriacollegelhr@hotmail.com

<http://www.bahriacollegelhr.webs.com>

To Whom It May Concern

It is to certify that Mr. Muhammad Nadeem Anwar has worked at this institution as a Physical Training Instructor since 13th August 2018 to 14th November 2019. During this period, he was quite hard working, punctual, forthcoming to accept responsibility, motivated and co-operative.

I wish he success in the future endeavours.

Date: 14 November, 2019



Cdr Hasib Tahir TI (M)

Principal

Bahria College Lahore



Dr.A.Q.KHAN COLLEGE

of Science & Technology

TO WHOM IT MAY CONCERN

It is certified that **Mr. Muhammad Nadeem Anwar** S/O **Muhammad Anwar** has been working here in **Dr.A.Q.KHAN COLLEGE of Science & Technology** under the capacity of **Director Physical Education** from January 16, 2017 to July 31, 2018.

During his stay with us he has shown superb performance in training the students and put his maximum efforts for student's better understanding. He had depicted excellent Training efforts for student's better understanding. He had depicted excellent Training skills and contributed always in the uplift of the system.

We wish his success in all walks of life ever.

Principal 

Brig. (retd) Ghulam Rasool

ASKARI EDUCATION COLLEGE BUREWALA



عسکر ایجوکیشن کالج بوری والا

Ph: 067-3771656, Cell: 0300-6996491

Ref. No. 135-VR-16

Date 08-12-16

Experience Certificate

It is certify that Mr. Muhammad Nadeem Anwar S/O Muhammad Anwar has served in the capacity of Lecturer in Physical Education Department, from 05 Jan, 2015 to 08 Dec, 2016

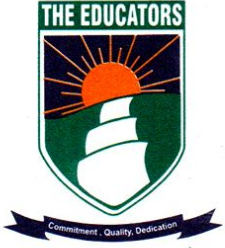
The individual completed all the assigned tasks given to him. He accepts the work with cheer and produce positive results.

He is energetic and expert in his profession, during his service tenure he have done excellent job for this unit and performed his duties with fully devotions. He is very dedicated, trust worthy and hones.

The under signed is fully satisfied with his professional skill and found him intelligent and very hard working. To the best of my knowledge and belief, he bears a good moral character.

Principal

Principal A. *Shauqat*
Askari College of Education
and Commerce Burewala



THE EDUCATORS

A Project of the Beaconhouse School System

To Whom It May Concern

It is certified that *Mr. Muhammad Nadeem Anwar S/O Muhammad Anwar* has been working here in **THE EDUCATORS- Ghazali Campus Vehari** under the capacity of *Physical Trainer* for Secondary Classes from June 04, 2014 to March 2, 2016.

During his stay with us he has shown superb performance in training the students and put his maximum efforts for student's better understanding. He had depicted excellent Training skills and contributed always in the uplift of the system.

We wish his success in all walks of life ever.


Engr. Muhammad Amir
Principal

Dated: 02-03-2016.

THE EDUCATORS-Ghazali Campus Vehari



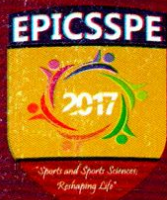
Punjab Youth Sports Festival 2013,14

Experience Certificate

It is certify that Mr. Muhammad Nadeem Anwar has efficiently performed his duty of field coach, Team coach and official in Punjab Youth Sports Festival 2013,14 held at different venues of Vehari , Multan , Lahore from 12-12-2013 to 10-03-2014 . We wish him all success in his future.

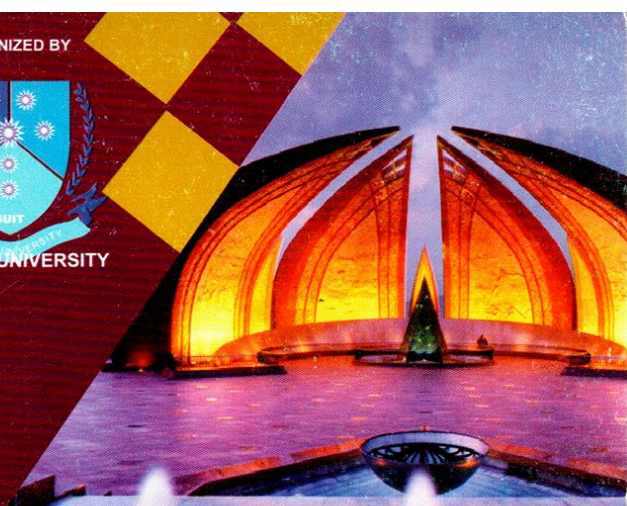
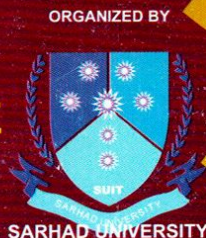
Distt. Sports Organizer
Youth Sports Festival
Director Sports
G.C.C Vehari

Principal
G.C.C Vehari.



**1ST EURO-PAK
INTERNATIONAL CONFERENCE
ON SPORTS SCIENCES
& PHYSICAL EDUCATION**
Sports & Sports Science; Reshaping Life

OCTOBER 06-08, 2017 (ISLAMABAD, PAKISTAN)



PARTNER ORGANIZATIONS



UNIVERSITY OF THE PUNJAB



AWKU, MARDAN



HEC, ISLAMABAD

Certificate of Participation

This is to certify that

Muhammad Nadeem Anwar

has participated and contributed towards the successful
organization of 1st Euro-Pak Conference, 2017

Organized by

Sarhad University, Peshawar

in collaboration with

University of the Punjab, Lahore

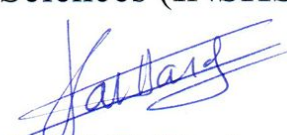
Abdul Wali Khan University, Mardan

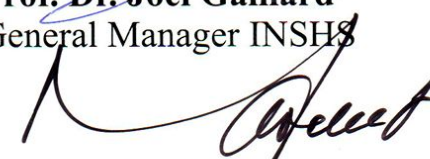
Higher Education Commission, Islamabad

International Network on Sports and Health Sciences (INSHS)


Prof. Dr. Anita Hokelmann
Foreign Consultant, SUIT


Prof. Dr. Salim-ur-Rehman
Conference President


Prof. Dr. Joel Gaillard
General Manager INSHS


Prof. Dr. A. Waheed Mughal
Conference Secretary

CERTIFICATE OF TRAINING

This is to certify that Mr./Ms. M. Nabeem Anwar has attended a one day training workshop on **FIRST AID** by **LIFE FIRST** (Safety for Life) conducted at **Bahria College Lahore** on 27th of March, 2019 under the sponsorship of **Helping Resource Foundation, A welfare project by Korai Medical, Lahore.**


Dr. Sohail Mukhtar Ahmad
Managing Director
Ahmad Medix Pvt. Ltd.


Mr. Murtaza Ali Khan
CEO
Helping Resource Foundation



اقوام متحدہ ادارہ اطفال

سند شرکت
تصدیق کی جاتی ہے کہ



پاکستان بوائے اسکاؤٹس ایسوسی ایشن

Muhammad Nadeem Anwar.

S / o Muhammad Anwar.

نے پاکستان بوائے اسکاؤٹ ایسوسی ایشن اور یونیسف کا کورس
”دستوں کے دوران دیکھ بھال میں اسکاؤٹ کا کردار“
کامیابی سے مکمل کیا۔

A. H. Khan

سینئر ایچ۔ اے۔ ای موڈ
ریفرنس ٹیسٹو ”یونیسف پاکستان“

تاریخ اجراء 2005-2 006



S. A. Jilani
سید پرویز علی شاہ جیلانی
چیف کمشنر، پاکستان بوائے اسکاؤٹ



BAHRIA COLLEGE LAHORE

Session 20 18 - 20 19

Sr. No. _____

CERTIFICATE OF APPRECIATION

Awarded to: Ms. Nadem Anwar
for

Event: Annual Prize Distribution Ceremony

Date: 13th April, 2019

Principal Faris Khan

INTER SCHOOL SPORTS COMPETITION



Chief Minister's Cup-2005

Certificate

Awarded to Mr/Miss

Muhammad Nadeem Anwar Govt. Anwar

School

Govt Model Alibh School VEHARI

Game

HOCKEY

Position

III (3rd)

Sohail Anwar Chaudhry

Sohail Anwar Chaudhry
D.S. (Sports)/Organizing Secretary



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

TECHNICAL EDUCATION AND VOCATIONAL TRAINING AUTHORITY

GOVT. OF THE PUNJAB LAHORE

5th Inter Zonal TEVTA Sports

Session 2008-09

Certificate of Honour

Name: Muhammad Nadeem Anwar

Institution: G.C.C. Vehari.

Game/Event: Hockey

Place: Winner

Organizing Secretary

Chairman Sports Committee

**BOARD OF INTERMEDIATE & SECONDARY EDUCATION,
MULTAN.**



Nº 000455

Schools Sports Tournament Committee
Inter-District Schools Sports Tournament
SESSION 2004-05

Certificate of Honour

This is to Certify that

Mr. محمد ندیم انور S/o محمد انور

of گورنمنٹ مائڈل ہائی سکول وہاڑی

Class دہم Roll No 18

Date of Birth 04/4/91 Regd. No.

was a member of ہاکی Team.

which won the Championship.

In Inter-District ہاکی Tournament.


SECRETARY

Schools Sports Tournament Committee


PRESIDENT

Schools Sports Tournament Committee

BOARD OF INTERMEDIATE & SECONDARY EDUCATION,
MULTAN

123



Schools Sports Tournament Committee

Inter-District Schools Sports Tournament

SESSION 2005-06

Certificate of Honour

This is to Certify that

Mr. Muhammad Nadeem Anwar S/o Muhammad Anwar
of Govt Model High School, Vehari .
Class 10th Roll No. 13 Date of Birth 4-4-91
was a member of Hockey Team

Which secured the Runner's up position.

In Inter-District Hockey Tournament.


SECRETARY

Schools Sports Tournament Committee


PRESIDENT

Schools Sports Tournament Committee

GOVERNMENT COLLEGE VEHARI



CERTIFICATE OF HONOUR

Session 2011-2012

MUHAMMAD NADEEM ANWAR S/O MUHAMMAD ANWAR

Awarded to Mr

Roll No 272 Class B.A R.No.272

Institution Govt.College Vehari.

Event Hockey

Position First.

Incharge

Secretary

Principal

Sr. No. _____

TECHNICAL EDUCATION AND VOCATIONAL TRAINING AUTHORITY

GOVT. OF THE PUNJAB

TEVTA ZONAL SPORTS TOURNAMENT
Inter Distt. Polytechnic/ Commerce/ Vocational Institutions

South Zone



Session 2008

Certificate Of Honour

Name : _____ Nadeem Anwar S/O Muhammad Anwar

Institute : _____ GCC Vehari

Game / Event : _____ Hockey

Place : _____ Winner


(Asst: **MANAGER SPORTS**)
Organizing Secretary


(**ZONAL MANAGER SOUTH TEVTA MULTAN**)
Chairman Venue Committee



PUNJAB DA
PASSION
**PUNJAB Sports
Festival 2012**



Certificate of Participation

District Level

Name NADEEM ANWAR

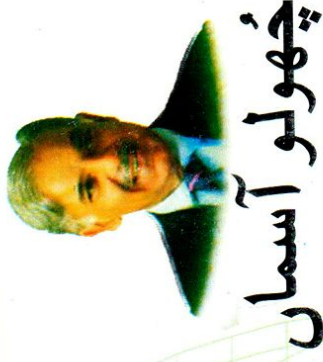
Father's Name M. ANWAR.

Category A+

Tehsil VEHARI.

Game/Event Hockey.


(Muhammad Shehbaz Sharif)
Chief Minister Punjab



CERTIFICATE OF MERIT

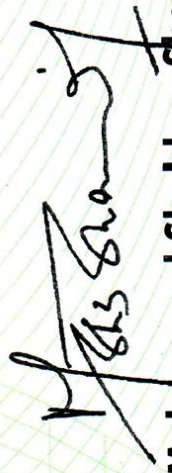
Division Level

Name M. Nadeem Father's Name M. Anwar

Category A+ Division Multan

Game / Event Hockey Position 2nd




(Muhammad Shehbaz Sharif)
Chief Minister Punjab

DISTRICT HIGH SCHOOLS TOURNAMENTS

TEHSIL VEHARI
SESSION 2004

CERTIFICATE OF MERIT

Awarded to Muhammad Nadeem 8%0, Muhammad Anwar,
of Govt. High / Higher Secondary School Govt. Model H/SS Vehari.
for being First in Hockey.
in the zone (A, Vehari.)

Muhammad Iqbal
Muhammad Iqbal

SECRETARY
Tehsil High & Higher Secondary Schools
Tournament Committee VEHARI

Dilber Hussain Awan
Dilber Hussain Awan

PRESIDENT
Tehsil High & Higher Secondary Schools
Tournament Committee VEHARI

BUILD THE
FUTURE
OF YOUR
DREAMS



**Punjab
YOUTH
FESTIVAL 2012**

WITH THE SPIRIT OF A LION HEART
DARE TO ACHIEVE YOUR DESIRED DESTINATION

چھو لو آسمان



CERTIFICATE OF PARTICIPATION

TEHSIL LEVEL VEHARI

Name NADEEM ANWAR Father's Name M - ANWAR
Category A+ Division Multan
Game/Event Hockey Position 2nd.




(Muhammad Shehbaz Sharif)
Chief Minister Punjab

S. NO: 526

RECD. NO. RAEDC=10/9-E

Regional Agricultural Economic Development Centre (RAEDC)

Govt. Of The Punjab, Agriculture Department

Vehari

Session 2010

THIS IS TO CERTIFY THAT MR. / MIS MUHAMMAD NADEEM ANWAR

SON OF / DAUGHTER OF MUHAMMAD ANWAR

HAS SUCCESSFULLY COMPLETED A TRAINING PROGRAMME ON

Certificate in Information Technology (C.I.T)

HELD AT RAEDC, VEHARI FROM 17th May, 2010 TO 08th August, 2010

THE PROGRAMME COVERED 1- Computer Fundamentals 2- Computer Architecture 3- Perrepheral Devices

4- Operating System (Windows XP) 5- Installation & maintenance of OS & Software 6- In-Page

7- Office Management Package (MS. Word, MS. Excel, MS. PowerPoint) 8- User of Internet & search engine

COURSE COORDINATOR

CHIEF COORDINATOR

Date 26-08-2010





PAKISTAN
GOVERNMENT OF PAKISTAN
ISLAMIC REPUBLIC OF PAKISTAN

National Identity Card



Name
Muhammad Nadeem Anwar

محمد ندیم انور



Father Name
Muhammad Anwar

محمد انور



Gender: **M** Country of Stay: **Pakistan**

Identity Number: **36603-3525511-3** Date of Birth: **04.04.1991**

Date of Issue: **06.10.2021** Date of Expiry: **06.10.2031**

54421

Signature

Holder's Signature

36603-3525511-3 موجودہ پتہ: دانیوال ٹاؤن، مکان نمبر 70، بلاک او، وہاڑی



مستقل پتہ: دانیوال ٹاؤن، مکان نمبر 70، بلاک او، وہاڑی



104021657764

Signature of Registrar General of Pakistan
Registrar General of Pakistan

گمشدہ کارڈ ملنے پر قریبی لیٹر بکس میں ڈال دیں



PASSPORT

Type	Country Code
P	PAK
Surname	
ANWAR	

Passport Number
KS1825112

PAKISTANI

04 APR 1991

M
VEHARI, PAK

ANWAR, MUHAMMAD

Date of Issue

09 JUL 2024

08 JUL 2029

Issuing Authority

PANJAIN

Trekking Number

14361442463 M23335555

ANNOTATIONS

Religion
ISLAM

Previous Passport
KS1825111

HOLDER'S SIGNATURE OR THUMB IMPRESSION

حامل ہذا کا دستخط یا نشان انگوٹھا

NOT VALID WITHOUT SIGNATURE OR THUMB IMPRESSION

یہ پاسپورٹ بغیر دستخط یا نشان انگوٹھانا قابل استعمال ہے۔

MOOSE 3.5.5.5

یہ پاسپورٹ سوائے اسرائیل کے دنیا کے تمام ممالک کے لئے کارآمد ہے۔
THIS PASSPORT IS VALID FOR ALL COUNTRIES OF
THE WORLD EXCEPT ISRAEL.

THIS PASSPORT IS VALID FOR ALL COUNTRIES OF
THE WORLD EXCEPT ISRAEL.

M2335555

2

