

IQRA NAZAR

Health Psychologist



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Rawalpindi, Pakistan

RESEARCH PUBLICATIONS

1. Aftab, M., Kamran, F., Alkhesnam, A., Rafique, R., & Nazar, I. (2023). Parent Child Relationships, Screen Time and Psychological Well-being in Adolescents. Journal of Research in Psychology, 1(1): 1-13.
2. Gillani, M., Kamran, F., Asad, M., Rafique, R., Alkhesnam, A., & Nazar, I. (2023). Perceived Stigmatization, Infertility related Stress and Quality of Life of Women with Infertility. Acta Scientific Neurology, 6(8): 5-12.
3. Nazar, I., & Kamran, F. (2023). Perceived Quality of Life in Individuals with Vitiligo. Acta Scientific Neurology, 6(4), 90-95.
4. Nazar, I., & Kamran, F. (2022). Sociodemographic and Clinical Factors of Perceived Quality of Life in Individuals with Vitiligo. Journal of Behavioral Science, 32(1), 310-327.
5. Nazar, I., Kamran, F., & Masood, A. (2021). Psychosocial Predictors of Perceived Quality of Life in patients with Vitiligo. Pakistan Journal of Psychological Research, 36(1), 19-36.

SKILLS

Counseling & Therapeutic Interventions
Article Writing & Case Reports
Data Analysis Using SPSS & AMOS
MS Word
MS Power Point

EXPERIENCE

Lecturer (2022-2023)

Department of Psychology, Lahore Leads University, Lahore

Visiting Lecturer & Thesis Supervisor (2019-2023)

Institute of Applied Psychology, University of the Punjab, Lahore

Placement Co-supervisor (2019-2021) Provide Counseling

Training to MS Health trainees at Institute of Applied Psychology, University of the Punjab, Lahore.

EDUCATION

University of the Punjab

Currently doing Ph.D. in Applied Psychology
2020 to Date

University of the Punjab

MS Health Psychology
2017-2019

University of the Punjab

MSC Applied Psychology (Clinical Psychology as Area of Specialization)
2015-2017

University of the Punjab

Bachelors in Arts (B.A)
2013-2015

BISE Lahore

Intermediate(F.A)
2011-2013

BISE Lahore

Matriculation
2009-2011