



ABOUT ME

I am passionate about helping individuals improve their mental health and well-being. I have experience working with diverse populations, including children, adolescents, adults, and older adults, and I am committed to providing evidence-based treatments that are tailored to each individual's unique needs. I am skilled in conducting psychological assessments, developing treatment plans, and providing individual and group therapy. I am also dedicated to ongoing professional development and staying up-to-date with the latest research and best practices in the field of psychology. In my work, I strive to create a safe and supportive environment where clients feel comfortable exploring their thoughts, feelings, and behaviors, and working towards their goals.

AIMAN AHMAD

CLINICAL PSYCHOLOGIST

EXPERIENCE

2024-ONGOING	VISITING LECTURER RAWALPINDI LAW COLLEGE OF COMMERCE AND SCIENCE
2024-ONGOING	VISITING LECTURER UNIVERSITY OF RAWALPINDI, RAWALPINDI
2022-ONGOING	CLINICAL PSYCHOLOGIST MUSCLE ACADEMY PAKISTAN, RAWALPINDI
2023-ONGOING	VISITING LECTURER ROOTS IVY COLLEGE, RAWALPINDI
2023-ONGOING	VISITING LECTURER FOUNDATION UNIVERSITY, RAWALPINDI.
2022-2023	CLINICAL PSYCHOLOGIST THE NEW LIFE REHAB AND PSYCHIATRIC CENTRE, ISLAMABAD
2021-2022	CLINICAL PSYCHOLOGIST SHIFA INTERNATIONAL HOSPITAL, ISLAMABAD.
2019-2020	CLINICAL PSYCHOLOGIST ARMED FORCES INSTITUTE OF REHABILITATION MEDICINE, RAWALPINDI.
2019-2019	CLINICAL PSYCHOLOGIST HELPING HANDS. RAWALPINDI.
2018-2019	CLINICAL PSYCHOLOGIST FAUJI FOUNDATION HOSPITAL, RAWALPINDI
2016-2016	CLINICAL PSYCHOLOGIST NATIONAL INSTITUTE OF REHABILITATION MEDICINE, ISLAMABAD

LECTURING EXPERTISE

- Design, prepare and develop courses, modules and teaching materials.
- Develop and implement new methods of teaching to reflect changes in research.
- Assess students' coursework.

PSYCHOLOGICAL EXPERTISE

- Group therapy sessions with drug addicts and psychiatric patients.
- Psychological assessment and diagnosing of admitted clients.
- Family therapy of concerned admitted clients. Treatment planning of drug rehab clients.
- One-on-one sessions with the admitted clients Sessions of OPD clients.
- Client dealing with neurological disorders.
- Cognitive and Functional enhancement of children with psychological disorders.
- Independently examined clients using psychological assessments.
- Basic therapy and counseling sessions observed under senior psychologists.

CONTACT



+92-300-5111610



aiman.ahmad9393@gmail.com



Street 2, Sector A, Bahria Town Phase 8, Rawalpindi.

EDUCATION

2020-2022 **MS CLINICAL PSYCHOLOGY**
SHIFA TAMEER-E-MILLAT UNIVERSITY

2015-2019 **BS PSYCHOLOGY**
FOUNDATION UNIVERSITY, RAWALPINDI

SKILLS

Social Media Marketing



Resilience



Leadership Skills



Interpersonal and communication skills



Microsoft Office



LANGUAGE



URDU



ENGLISH

ACHIEVEMENTS

- ISSA Certified Fitness Coach
- Member of International Society Of Substance Use Professionals.
- Awarded merit certificate in Bachelors of Science.
- Workshop on mental health Day-Young people and mental health in a changing world.
- 1st International conference on Emerging trends in Psychology, Foundation University, Rawalpindi