

IQRA KARIM

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Rawalpindi, Pakistan.

PROFESSIONAL SUMMARY

As a clinical psychologist, I am a dedicated mental health professional with expertise in diagnosing and treating a wide range of psychological disorders and emotional issues. With a strong background in evidence-based therapies and interventions, I am committed to helping individuals improve their mental well being and cope effectively with life's challenges. My experience includes working in diverse settings such as hospitals, mental health clinics, and private practice, where I have demonstrated a compassionate and client-centered approach to therapy. I am skilled in conducting comprehensive psychological assessments, developing treatment plans, and providing therapeutic interventions tailored to meet the unique needs of each client. I am passionate about promoting psychological wellness and empowering individuals to lead fulfilling and meaningful lives.

EDUCATION

- **Masters of Science in Clinical Psychology** (In Process)
Shifa International University
- **Bachelors of Science in Applied Psychology** 2019-2023
Riphah International University

LANGUAGES

- English
- Urdu

- Turkish

WORK EXPERIENCE

- **Teaching Experience**
Omega Academy
Grade 9,10,11 and 12.
- **Worked as a Volunteer** Oct 2019 Read Foundation
Strengthening Humanity for Change
- **Attended Workshops on Bipolar Disorder** Nov 2019 Solution
focused Therapy and Psychological First Aid
- **Worked at Humanity First** Mar 2021 Thalassemia Free
Pakistan

INTERNSHIPS

- **6 weeks Internship** Feb 2022
Maryam Memorial Hospital Pvt Ltd.
- **4 weeks Observership** Mar 2022
Armed Forces Institute of Mental Health Rawalpindi.
- **Clinical Experience**
 - Conducted psychological assessments and interventions under supervision.
 - Developed expertise in working with complex patients.
 - Demonstrated strong work ethic, punctuality and interpersonal skills.
- **Key Achievements**
 - Successfully completed clinical placement with positive evaluations and feedback.

- Developed expertise in psychological assessments and interventions.
- Demonstrated ability to work effectively with complex and challenging patients.

SKILLS

- Therapist
- Lecturer
- Team leader
- Creativity
- Communication
- Teamwork
- Research
- Councillor