

BUSHRA TALIB

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SUMMARY

A licensed psychologist with 2 years of experience in counseling, organizational psychology, and employee well-being. Possesses a strong understanding of human behavior, conflict resolution, and mental health initiatives in the workplace. Now seeking to transition into Human Resources to leverage psychological expertise in employee relations, recruitment, and organizational development to foster a productive and healthy work environment.

WORK EXPERIENCE

Right Immigration & Consultants <i>Human Resources Specialist</i>	March 2022 - Aug 2024
Armed Forces Institute of Mental Health <i>Internee as Clinical Psychologist</i>	March 2024 - Jun 2024
Armed Forces Institute of Cardiology <i>Internee as Cardiac Clinical Psychologist</i>	Sep 2023 - Jan 2024

EDUCATION

Bachelors in Applied Psychology <i>Riphah International University</i>	2019 - 2023
FSc-Pre Medical <i>Punjab College of Commerce</i>	2016 - 2018
Matric (Biology) <i>Army Public School & College</i>	2016

KEY SKILLS

- MS Office
- Psychometric Testing Tools
- Organizational Psychology
- Performance Management
- Employee Wellbeing and Mental Health Support
- Conflict Resolution